

St. Andrew's Centre

June 2020

From the Office of the Chief Operating Officer

Spring has sprung!!! It is a welcome sight to see many of our residents getting out for walks, gardening, and enjoying outdoor visits with loved ones. I encourage everyone to take pleasure in the use of the courtyards while respecting the guidelines and mandates of St. Andrews Centre, Public Health, and the Chief Medical Officer of Alberta. Joe and Keith from maintenance have worked hard to restore the benches in the courtyards for the sitting pleasure of our residents and I am grateful for their efforts.

June is normally a busy fun filled time at St. Andrews Centre. This year we are challenged with what is happening throughout the entire world in relation to the COVID 19 pandemic. Please know that we are all working hard to make special events meaningful within all mandates related to congregate living.

We have canceled our Annual General Meeting for residents with Archbishop Richard Smith, the Board of Directors and the Centre Management that was to occur on June 23rd, 2020. This is an event that many residents look forward to attending as the Centre reviews accomplishments from the previous year and goals of the New Year. As a Centre we will be communicating information from all operational departments and the Board in relation to the AGM in our July newsletter.

Seniors week begins on June 1st to the 7th. Although we cannot plan any mass gatherings we can acknowledge and celebrate our residents in many different ways. Anticipate surprises and plan to participate in the events (at your leisure) listed in the newsletter. Although not our ideal celebration conditions we will make the week as joyful as possible for all who reside in our community. On Monday June 1st we will kick off Seniors Week with our annual free pancake breakfast served from 9am- 10:30am in the Garden Café. There will be a special musical presentation from David celebrating seniors and I encourage all to watch from their suite windows, alcoves or from the main floor in the atrium on Thursday June 4th at 10:30 am. I want to extend a special thank you to David for all his performances during these last few months, he has brought much joy and life back to the community by sharing his special talent.

Chef Lonnie is busy planning a special BBQ dinner for Father's Day as with Mother's Day and Easter dinner the structure of take-out dining will be available. We encourage you to visit with loved ones on this special day under the mandates of outdoor visiting guidelines. At time of writing this address visiting at your loved ones at their homes is still not permitted for any resident of St. Andrews Centre.

Thank you for your continued patience and support. We are working to restore some "normalcy" to our community regarding services, including attending Mass at the Parish and recreation events. I ask that when guidelines are in place for use of/visits to these amenities that all residents remain respectful and cooperative of the procedures put in place to protect the entire facility.

Wishing all the Gentlemen of St. Andrews Centre a blessed month!!

Warm Regards, Wanda

Note from the Board of Directors

Dear residents of St. Andrew's Centre

I bring you warm greetings from your board of directors.

I regret that because of the Covid 19 Pandemic, it will not be possible to have our annual June meeting in the auditorium. This is an event we always look forward to and we are saddened that it cannot happen this year.

We understand the hardships and sacrifices placed on each of you because of the restrictions that must be imposed.

We thank you for your diligence in taking care of each other and keeping St. Andrew's Centre a safe place to live. As the sign on the main door says: "We Got This"

Best wishes sent to you during this time celebrating Seniors Week.

Bless you all, and we will meet and greet again.

Don Delaney - Chairperson, St. Andrews Housing LTD.

Update on St. Andrew's Parish

Residents will be permitted to attend Mass once again at St. Andrews Parish when services resume. There will be guidelines set out from the Archdiocese that must be followed in partnership with the Alberta Health Ministry and Public Health. For St. Andrew's resident's general awareness please note that only 50 people will be allowed in the Parish at one time during Mass services, including the Priest, volunteers and ushers conducting the Mass. All residents should wear a mask (**a mask is required if you wish to receive Holy Communion**) and seating is marked in the Church to maintain physical distancing. For all other guidelines or when the mass will resume, please inquire at the Parish's office at 780-451-6601.

Masks

Masks are available for purchase at the main office for \$2.00 each. If you are unsure of how to properly wear a mask, any of our staff will be happy to teach you. Masks are disposable but may be reused if not soiled or torn.

Effective Immediately~ Public Health Notice

As directed through AHS and for the safety of our population, residents physically leaving the facility will be screened upon returning. Please use the front entry screening station when departing for essential and medical services.

Thank you for your cooperation and understanding.

***Please do not allow anyone access to the building from the West Entrance door.**

Update from our Gardener

Thank you everyone for your patience and understanding as we set up for another year of garden boxes. We have had a record number of residents sign up and have “sold out” of spaces for this season. Our thanks again to Apache Seeds for their generous donation of seeds. The tomatoes Marcy grew this year are amazing!

If you are going to be away or require some supports with your garden box, please give written notice to Marcy or Jo. A reminder, you will require your own watering can and tools. The rain barrels are available for all residents to utilize. Please use physical distancing while working in your garden area.

Happy Growing!

Update from Hospitality

Our housekeeping services (laundry, suite cleaning and spring cleaning) are available in house and can be booked for a single visit, scheduled cleaning or on-going service. We realize some residents have outside supports normally coming into the Centre. We are not permitting any non-essential supports into the building, until further notice. Should you need some supports from our hospitality department, please contact Tess at 587-525-8714.

Update from the Front Desk

Effective immediately, we will not be making photocopies or faxing any resident documents. Moving forward, we are limiting our in-face contact and would ask for your understanding.

Recycling

For the health and safety of our staff, recycling at the Centre will remain unavailable at this time. Please put your recycling items outside the Centre in the West Parking lot or you may include them in your regular household garbage.

Parcels/Package Deliveries/Medication Delivery

All deliveries must be received at the front screening station at our atrium sliding doors. The building is not open to the public. As we have limited staff coverage on the weekends, please schedule your deliveries from Monday to Friday from 8:00 to 4:00 p.m. You can collect said deliveries at the Main Office or at the front screening station during business hours.

West Parking Lot Update

For Residents parking at the West parking lot, please register your vehicle in the office. This will make it easier for the office to contact you in case of emergency and vandalism. A reminder to please refrain from parking in the round about area at the North side of the Centre. Thank you for your cooperation.

Maintenance Work Orders

To reduce the volume of foot traffic in the atrium and office, we would ask that you call in your work orders 587-525-8707 and speak directly to our Main Office staff, Monday through Friday. On the weekends, please call 780-452-4444 and speak with security personnel.

Wellness Cupboard and Grocery Needs

If you are finding yourself in need or require supports around obtaining some basic living needs, please connect with our office. The Wellness Cupboard is available for resident use and free of charge. If you have something you would like to share with the cupboard, we are also accepting food and household donations.

Garden Café is celebrating Dad! Menu for Father's Day Lunch~ June 21st

Deluxe Hamburger OR Loaded Hotdog served with pasta salad and coleslaw, baked beans, dessert, iced tea, coffee, or tea. **\$8.50 per resident** and meal cards are accepted!
Lunch starts at 11am

Special Touch Hair Salon

Hair salon services have resumed on May 28th, 2020. All appointments must be booked in advance by calling 780-452-1105.

For the health and safety of our residents. You are required to do the following:

- Bring and wear a mask for your appointment
- Sanitize your hands prior to going to the salon and immediately following your service
- Please arrive ONLY 5 minutes prior to your appointment to ensure proper social distancing

Pharmacare / Tuck Shoppe

At this time, we are unsure when the Tuck Shoppe store will open their doors. Please continue to drop off your prescriptions on their locked box outside their door. We will inform you when we receive more information. You may contact them at 780-444-3257.

Canada Post

Canada Post has resumed daily mail service including AD mail. If you do not want to receive any flyers, please place a note in your mailbox.

For the safety of our community, please do not leave your flyers anywhere in the common areas (e.g. tables in front of the elevators). Please dispose them directly in the garbage or in the paper bin in front of the elevators.

St. Andrew's Centre Programming

Effective June 1st, 2020 Update on Recreation Activities

St. Andrews will begin the reintroduction of recreational activities following the mandates from the Alberta Health Ministry and Public Health on June 1st, 2020. Please watch out for notices.

Recreational activities for non-isolated residents are permitted and encouraged while meeting these expectations:

- Both indoor and outdoor group sizes may be no more than fifteen (15) people, including residents, staff members (and any permitted others e.g., designated essential visitor), while ensuring the space can accommodate all physical distancing requirements.
- Meet all existing physical distancing requirements of 6ft distance at all times.
- Hand sanitizing must be completed prior to starting any activity and immediately following the activity by all participants.
- It is recommended that previously cancelled activities are reintroduced incrementally (based on needs of the residents and operator).
- Higher risk activities (such as group singing, preparing food, etc.) should be avoided.
- All resident group recreational/special events are to be cancelled/ postponed if a site is in a confirmed COVID-19 outbreak or if they cannot occur while meeting the above standards.
- Moveable recreational supplies (e.g. art supplies, pool cues, playing cards etc.) may be reintroduced as long as the equipment is cleaned and disinfected before and after each use.

The library will remain closed for now until proper cleaning protocols can be established.

Second St. Andrew's Centre Video coming soon!

Some residents have participated in creating a second St. Andrew's Centre video titled "What is your story?". Please watch for the video release in the next couple of weeks on our Facebook page for the video link and our website at www.standrewscentre.com . We will also play the video in our atrium once it is ready for viewing.

JOIN US for a physically distant Seniors Week ~ From June 1st ~7th we celebrate you!

We have a variety of new normal plans for Seniors Week. Although the world looks different right now, our celebration of your contributions and history have not diminished.

On **Monday, June 1st from 9-1030am**, we will kick off the festivities with our annual Free Resident Pancake Takeaway Breakfast! There will be limited seats available inside the Garden Café and the atrium.

Seniors Week Sing A Long

David has provided his set list for **Thursday, June 4th at 10:30 a.m.**, in Celebration of Seniors Week. Some surprises are instore that day! This is David's last performance of the season! Thank you, David for your great performances! We really appreciate them!

- The more we get together	- Ob-la-di-ob-la-da
- Come go with me to that land	- He's got the whole world in his hands
- On the wings of a dove	- Spanish eyes
- Camp town races	- Take me home country roads
- Everything is beautiful	- Do Lord
- King of the road	- Here I am Lord
- Kum Ba Yah	

Feeling lucky? Try your hand at our Seniors Week Search and Find!

To create a bit of excitement in the Centre, we hope you will join our Search and Find. **This event begins on June 1st and will wrap up at 12pm on June 5th.** The search is all on the main floor. You will have no door to go through, no chapel visits, no pink room stops, outdoor spaces, sunroom, or foyer. Please avoid searching in the Office, Garden Café, and laundry area.

Starting point: it will begin between the two white lamp posts. You will find clue card #1 and continue through to clue #24. The clue cards may be in different colors and camouflaged. We don't want to make it too easy! Please avoid touching the cards or moving them. It is advisable to follow the numbers in sequence. There are PRIZES to be won!

Please continue to adhere to physical distancing and health rules. Please wear your mask. You are welcome to make teams and get to know your neighbors. You will find the SEARCH and FIND form at the end of this newsletter. Write down the words/answer for each number clue and enter your completed form at the box near the office. GOOD Luck!

Have something to share?

Please submit any content for the newsletter, including tidbits and stories to rebecca@standrewscentre.com. All submissions must be received by June 24th, 2020 for our July newsletter. Please note, due to the large number of submissions and space limitations, not all submissions will be added to the newsletter. We reserve the right to edit all submissions.

PHONE DIRECTORY FOR ST. ANDREW'S CENTRE

Marilou 587 525 8707

Front Desk

For Work Orders

If you are going to be away from the Centre

Wanda 587 525 8708

Chief Operating Officer

Tess 587 525 8714

Hospitality Manager

To book Housekeeping/Laundry, Guest Suites

Meeting/Function Rooms

Garden Café 587 525 8718

To order food for delivery or inquiry about the Cafe

Melodie 587 525 8709

Finance Manager

Account Billing and Finance Questions

Patricia 587 525 8710

Accounts and Housing Administrator

Suite Questions, Internal Moves, Notice to Vacate

Move out check

Rebecca 587 525 8713

Community Development Specialist

Newsletters submissions, Questions about Centre

Programming

Security 780 452 4444

Monday to Friday 4:00pm – 8:00 am

Weekends & Statutory Holidays Available 24 hours per day

MEDICAL EMERGENCIES CALL 911

SENIORS WEEK SEARCH AND FIND!

JUNE 1ST – JUNE 5TH

Clue #1: No two are the same. Spiked armor's the game. Covered with bling. A Towering green thing. Answer: _____	Answer to Clue #13:
Answer to Clue #2:	Answer to Clue #14:
Answer to Clue #3:	Answer to Clue #15:
Answer to Clue #4:	Answer to Clue #16:
Answer to Clue #5:	Answer to Clue #17:
Answer to Clue #6:	Answer to Clue #18:
Answer to Clue #7:	Answer to Clue #19:
Answer to Clue #8:	Answer to Clue #20:
Answer to Clue #9:	Answer to Clue #21:
Answer to Clue #10:	Answer to Clue #22:
Answer to Clue #11:	Answer to Clue #23:
Answer to Clue #12:	Answer to Clue #24:

Name: _____ Suite: _____

Thank you to residents Gloria V and Karin V for organizing and composing the clues. We appreciate you!