

St. Andrew's Centre

December 2020

From the Office of the Chief Operating Officer

Season Blessings!

December is a wonderful time of the year in our Centre. The ambiance our community radiates is one of joy and celebration. My favorite part of the day is arriving to work and stopping a moment to enjoy the serenity of our beautiful environment. Marcy and her crew have worked hard these last few weeks to decorate our Centre in addition to their regular duties. I encourage everyone who lives, works, and visits our Centre to express gratitude for all their efforts. If you have not yet had the opportunity to meet Susan, a new addition to the gardening team, please introduce yourself the next time she is at the Centre.

Normally we have many events in December to help celebrate the Christmas season. We are all aware that this is not possible this year given the current state of transmission of the COVID virus in the Edmonton Zone. While this is very disappointing to us all nothing can take precedence over protecting each other- residents, staff, and visitors. We have had to rethink the way we do many things at the Centre, become adaptable all while assessing the level of risk each event poses to the community. This causes us all to live with daily uncertainty and can bring feelings of anxiety, fear, and frustration to many. I encourage everyone to practice compassion in their thoughts and actions when addressing challenging situations.

We have seen a dramatic and devastating effect on our most vulnerable populations in congregate living facilities and the number of outbreaks is alarming. As a Centre we remain mindful of the potential negative impact that this pandemic can have on mental health however feel the need to put additional immediate measures in place to keep everyone healthy and safe. Effective December 1st, 2020, St. Andrews Centre is eliminating the "outdoor visiting" room. We will no longer accept bookings in the Father Irwin Room for social visits during the coming weeks. We will re-evaluate this decision in a few weeks' time as we watch the number of COVID cases and transmission causes being reported in our area. We are making decisions based on the information and evidence available to us and adapting as necessary to maintain a safe environment for all who live, work, and visit our Centre while following Provincial restrictions in relation to social gathering.

All requested meetings or enquiries with Management or Administration staff will be held via the telephone by appointment only except in extenuating circumstances. I kindly ask residents to call in workorders to eliminate unnecessary foot traffic in the main office. Staff have also eliminated or reduced exposure to the departments that they do not work in, to lessen episodes of direct contact in the event of a community transmission situation.

I ask that all residents consider continuously wearing masks when in common areas of Centre. This is a simple and effective way that we can support and protect each other in our

community. Please note that a mask must be worn appropriately to be fully efficient as a protection measure.

New Alberta government guidelines were announced on November 24th, 2020. These guidelines include “no indoor social gatherings in any setting” so we will be prudently **canceling our scheduled St. Andrews Day free pancake breakfast** to avoid a large gathering of people in our Atrium during the breakfast hour. This restriction also indicates that indoor close contacts must be limited to people in the same household. I ask all residents who may be leaving the facility to visit loved ones in their homes to remember that this is a provincial restriction that applies to all of us.

Due to the high risk of community transmission any resident who leaves the facility for the purpose of visiting in someone’s home will be subject to 14 days of isolation upon return for the duration of this provincial restriction. Indoor close contacts are described by the government as people living in the same household. People who live alone can have 2 of the same non- household contacts for visiting purposes and the Centre views this as your designated visitors. I kindly ask residents to refrain from visiting in each other’s suites for the duration of the provincial restrictions as an added safety precaution.

I ask that all residents refrain from going out into the community if it is not a critical need issue, this does not include daily walks around the area for health and wellness reasons.

I realize that these measures may not be welcomed by our community. It has been a long tedious 10 months for us all. The staff have worked tirelessly to keep our risk of infection low in our facility, but we cannot fight this battle alone nor have the staff at increased exposure to risk.

Many staff members have altered their personal lives dramatically in full servitude to our internal population to help preserve the wellness of our Centre. I am forever grateful for these amazing individuals as we could not have won the fight for so long without each and every one of them and their efforts.

Thank you for your continued shared commitment to assist us in keeping our Centre safe.

I wish you all A Merry Christmas and Joyous New Year.

Wanda



Office Closures through Christmas and New Year's Day

Our main office will be closed at noon on Christmas Eve and for Christmas Day, as well as the 28th of December 2020. We will also be closed on January 1st, 2021. As always, security will be on site and available 24/7. Should you require assistance during these times please contact security directly.

Tis the Season!

Please join us in our annual door decorating contest! Get creative, think outside the box and have fun. Our judges will walk around the building to look at the doors on the 18th and winners will be contacted after the final tallies are in. Good luck! Winners will join Chef Lonnie, Wanda and staff for a special physically distanced “black tie” supper when restrictions allow.

Christmas Sweater Contest

Get creative this holiday season!! Show us your “ugly, funny, iconic and wow worthy” Christmas sweaters. You can make your own or show us what you have already! We will capture photos of our residents who choose to enter the contest. Winning selections will be made on December 10th, 2020 at 1pm in the Atrium. We will have fun prizes, and we can all use a little Christmas laughter this season!

Great Christmas Pickle Hunt

Within the next 10 days please watch bulletin boards, the easel in the north atrium and the elevators for a notice that will advertise the activity above. This event is being organized by a few Christmas elves/residents. See Gloria or Anne if you require further details on this event. **PRIZES WILL BE GIVEN!**

Recycling Concerns

We have continued to experience fines for incorrect items placed in the green recycle bin which has resulted in a costly expense to the Centre. The outdoor green collection bin has been locked by our service provider to reduce incorrect items from being discarded in this bin. **Only paper products and broken-down boxes can be disposed of in this bin, through the delivery slot.** Thank you for your cooperation in this matter. Should we continue to experience problems with this bin the recycle program will be discontinued and the green bin removed indefinitely.

Unfortunately, you must discard your cans, bottles, etc. into the regular garbage.

Reminder from the Finance Office

Using your DEBIT CARD or a CREDIT CARD is the preferred method when paying your invoices. Handling cash & cheques poses a risk of covid-19 transmission for the staff and residents. The main office would also like to limit going to the bank.

Designated Emergency Parking

A reminder to all residents and visitors, there is NO PARKING in the emergency vehicle parking area in the front of our building. Please be mindful of the handicap parking spaces provided.

Indoor Designated Visitors

As you are aware the rise in COVID 19 case numbers in the Edmonton Zone has become quite disturbing. Many residents have expressed their concerns in the escalation of risk to our internal population. As a facility we actively review our safe visiting policy to ensure that we are meeting the guidelines of the CMOH and the risk of our community. Given the increased risk of COVID 19 entering our site we have been instructed by the CMOH to review our safe visiting policy and ensure that we enforce the following measure:

- ONLY designated visitors will be allowed access within the site to visit residents. **We have granted lenient access in circumstances such as furniture delivery, etc. these past few weeks however we can no longer support this and ask for your cooperation in postponing all non-urgent matters.**

This restriction will not apply to healthcare professionals supporting a resident's wellness with bringing in aide equipment, delivering medications, etc.

Please be reminded of the following guidelines for all designated/support persons:

- Visitors must be 18 years of age or older.
- Complete health screening (including a temperature check).
- Wear a mask continuously.
- Sanitize their hands upon entry and exit.
- Visitors must only visit with the resident they are supporting and go directly to the resident's suite. Should you wish to order a meal from the Café we encourage this to be done by telephone and delivery service only at 587-525-8718.
- Designated Visitors **cannot spend the night** in residents' suites unless they have received the consent of management for extenuating circumstances.
- Designated visitors **must not enter through the Side West Parking Lot Entrance**. This is a pickup/drop off zone for residents only. Any resident returning from an outing via this entrance must immediately proceed to the health assessment desk to complete their health screening check upon their return.
- Designated visitors are not interchangeable to allow visitors into the Centre and a resident's suite for casual visits. Designated visitors are individuals who offer a resident consistent support in the areas of activities of daily, finance, etc.

Designated visitors are asked to review their own need to be physically present to support a loved one to reduce the amount of times they enter our facility and to be accountable of the potential risk they bring entering our community.

IPAD for Resident Use

The Town of Morinville graciously donated an iPad for use by our residents. We are still in the process of setting it up, but it will be available for residents to use for tech connections via zoom chats with their family and friends. Please see the main office to book your slot for use of this equipment after December 3rd. Assistance for use can be provided if required.

Resident Health Screening

We continue to follow the direction of AHS, for the safety of our population, that residents physically leaving the facility for outings, appointments, errands must be screened upon returning. Please proceed to the main lobby screening station upon returning from all outings.

Residents should be limiting outings to essential services only (ex: medical appointments, groceries, etc.)

As indicated on the front page in Wanda's greetings any resident who leaves the facility for indoor social gatherings will be subject to 14 days of isolation upon their return to the Centre.

Due to the increase of outbreaks in acute care hospitals any resident admitted to hospital will require 14 days of isolation upon their return. Emergency room visits may require an isolation period as well- please contact the main office upon your return.

Thank you for your cooperation and understanding.

Canada Post Mail -Unwanted Flyers

If you would no longer like the flyers delivered by Canada Post, please see the main office for a sticker requesting no unaddressed mail be left in your mailbox.

Christmas Eve Vigil

In the best interest of helping to keep our community protected Father Andrew is providing a St. Andrews Centre Resident Only Christmas Eve Mass. **December 24th, 2020 at 4:00pm.**

Father kindly asks that residents wishing to attend service on Christmas Eve to please plan to attend at 4:00pm **ONLY and leave the 7:00 and 9:00pm services for the public** given the current restrictions on attendance limits. Please contact Rosemarie at 780-488-2120 to ensure your name is added to the attendance list for this special service as space is limited to 100 residents.

Christmas Day Mass times should be left open to the public as well so that all parishioners of St. Andrews can attend mass during this special time.

We thank you in advance for your cooperation on this matter.

Garden Café Price Increases- Effective December 1st, 2020

With the ongoing increase in food costs Chef Lonnie has made the difficult decision to raise the prices on items in the Garden Café. As an organization we make every attempt to keep all items as affordable as we can. We love the fact so many of our residents visit the Café and enjoy the fresh quality meals/items that the kitchen staff prepare every day.

<u>Coffee</u>	<u>\$ 1.50</u>
<u>Tea</u>	<u>\$ 1.50</u>
<u>Hot Chocolate</u>	<u>\$ 1.50</u>
<u>Breakfast #1</u>	<u>\$ 8.50</u>
<u>Breakfast #2</u>	<u>\$ 8.00</u>
<u>Lunch #1</u>	<u>\$ 9.00</u>
<u>Lunch #2</u>	<u>\$ 8.50</u>
<u>Sandwich & Soup</u>	<u>\$ 7.50</u>
<u>Half Sandwich & Soup</u>	<u>\$ 5.25</u>
<u>Frozen Entrees</u>	<u>\$ 8.00</u>
<u>Mini Pies</u>	<u>\$ 3.50</u>
<u>Slice Baked Cake/Cinnamon</u>	<u>\$ 2.50</u>
<u>Cookies & Dessert</u>	<u>\$ 2.00</u>
<u>Muffin</u>	<u>\$ 2.25</u>
<u>Cold Sandwich</u>	<u>\$ 4.00</u>
<u>Fruit Plate/Cold Plate</u>	<u>\$ 7.00</u>
<u>Dinner #1</u>	<u>\$12.50</u>
<u>Dinner #2</u>	<u>\$11.00</u>
<u>Large Soup</u>	<u>\$ 4.25</u>
<u>Small Soup</u>	<u>\$ 3.75</u>
<u>Large Chowder</u>	<u>\$ 5.00</u>
<u>Small Chowder</u>	<u>\$ 4.25</u>
<u>Garden Salad</u>	<u>\$ 3.75</u>
<u>Chef's Salad</u>	<u>\$ 5.00</u>

Meal Cards

<u>Breakfast/Lunch Card</u>	<u>\$ 85.00</u>	<u>With hot beverage</u>
<u>Dinner Card</u>	<u>\$ 110.00</u>	<u>With hot beverage</u>

The Garden Café will have takeaway **Christmas Dinner** available on the 25th of December. Please see the café for more details.

211 Seniors Information Line

There are many organizations in Edmonton that serve seniors. You can now call one number to be connected to programs, services, and resources in the community. Next time you have a question about resources and supports for seniors, call the Seniors Information Phone Line (211).

The 211 Information and Referral Specialist will direct callers to appropriate programs and services in the community.

If the caller requires additional support, the call will be transferred over to an outreach worker at one of several senior service agencies in Edmonton.

However, if you see someone in distress (mental health, shelter, and intoxication) call 2-1-1 and press 3 for 24/7 Crisis Division.

Information on the Monthly Testing of Generator System

As a part of our monthly building maintenance program we test the generator system to ensure it will perform as designed in the event of an emergency.

We have a regular scheduled date for the generator to be tested on the 7th of each month between 2pm-3pm.

If the 7th falls on a Friday, we defer the test to the following Monday in the event we notice problems and need to contact the appropriate technicians to fix the issue. The load tests are 60 minutes in length as directed by the Canadian Standards Association.

During this load test, one elevator will run per side on each tower. When we go from city power to generator power, the software in the elevators will take 30-45 seconds to read what is happening, this will engage the elevators to run on emergency power.

This will create an expected delay and therefore if you are in the elevator please do not panic, you are not trapped, and the elevators will proceed to the main floor when the generator resumes operations. To avoid experiencing this situation we ask that you kindly avoid using the elevator on those dates and times if possible.

Update from Hospitality

Our housekeeping services (laundry and suite cleaning) are available in house and can be booked for a single visit, scheduled cleaning, or on-going service. We realize some residents have outside supports normally coming into the Centre. We are not permitting any non-essential supports into the building, until further notice. Hospitality has current availability and are happy to discuss your needs. Should you need some supports from our hospitality department, please contact Tess at 587-525-8714.

Golden Exercise – for Men and Women

Capacity is limited to 15 but you can usually find an empty chair. Newcomers will not find it demanding as the program has been designed for seniors and most of the exercises can be done sitting or standing

Where? Auditorium

When? Tuesdays at 10 am & Fridays at 2 pm.

Starting in January 2021 Tuesday and Friday sessions will take place starting at 10 am.

Parcels/Package Deliveries/Medication Delivery

All deliveries must be received at the front screening station in the main lobby. The building is not open to the public. As we have limited staff coverage on the weekends, please schedule your deliveries from Monday to Friday from 8:00 to 4:00 p.m. You can collect said deliveries at the Main Office or at the front screening station during business hours.

Maintenance Work Orders

To reduce the volume of foot traffic in the atrium and office, we would ask that you call in your work orders 587-525-8707 and speak directly to our Main Office staff, Monday through Friday. On the weekends, please call 780-452-4444 and speak with security personnel.

Wellness Cupboard and Grocery Needs

We continue to offer this resident support to those who need it. If you have an unmet need, please let us know.

Tenant Insurance Policy Updates

We would like to thank the residents who have submitted a copy of their Tenant Insurance Policy to the office. For those who have yet to submit a copy of their insurance, please remember to do so as soon as possible. Please note, residents with Tenant Insurance policies expiring this month, please submit a copy of the renewed policy.

Absence from the Centre

A reminder to please notify the main office if you will be going away on vacation or leaving the Centre overnight and when you return. We keep our away list updated in case a Centre wide emergency should arise. In the event you are taken to hospital, we ask that you or a family member/friend notify the office ASAP. Please inform the office when you are back from the hospital.

If you are going to be away 3 weeks or longer, please come to the office to sign a consent for maintenance/office staff to gain access to your suite to monitor for water leaks, backflows and to flush toilets and run taps while you are away.

Special Touch Hair Salon

Hair salon services are available. All appointments must be booked by calling 780-452-1105. For the health and safety of our residents. You are required to do the following:
Bring and wear a mask for your appointment
Sanitize your hands prior to going to the salon and immediately following your service
Please arrive ONLY 5 minutes prior to your appointment to ensure proper social distancing

Pharmacare / Tuck Shoppe/ Care RX- Special Message

Hello everyone! As most of you know, I have been working away in the Tuck Shoppe trying to get things ready to re-open the store. For those of you who are not aware, Pharmacare is now CareRx. Signs are changing but our service remains the same.

We will have a reduced schedule at the onset as we keep a focused eye on the current health situation and your safety. When we do open, we will have certain protocols in place and kindly ask for your patience and understanding during this time.

We are going to be clearing out some in-stock grocery items to make room for new stock. Take advantage while you can, quantities are limited. Christmas is right around the corner! I will make every attempt to bring in boxed chocolates, cards, and other items for the season.

Hope to see you soon! Rian

Library News

The library will be closed from Dec.23, 2020 until Jan.6, 2021 for the Christmas Holidays. Starting Jan.9, 2021 the library will be open Saturday evenings from 5:30pm- 7pm in addition to its regular schedule.

CO-OP Taxi

For residents of St. Andrew's Centre, a 10% discount on Coop Taxi coupons. The number to call is 780.425-0954 (Beatrix) and it can be purchased by credit card, cheque, or cash. Co-op will deliver the coupons to our building.

Farmers Market as an Essential Service- Held in Auditorium

This is seen as an essential food only service to our residents.

The farmers market last 2 visits of the year will be on Dec.10th and 17th both Thursdays from 10am-12pm. After these dates, '23 the Market will not return until late February of 2021 to give the vendors a well-deserved re00 st.

We continue to limit the number of 6 residents allowed into the market at one time to maintain physical distancing. Residents must wear a mask and complete hand hygiene, plus health screening.

This is a service intended for residents and staff of St. Andrew's Centre only. Absolutely no visitors will be permitted into the market.

The Vendors of the market thank St. Andrews residents for their continued support!

Special Deliveries

With the Christmas season upon us different agencies reach out to the Centre to see how they can support our internal community. Please be aware that if you receive items such as a Christmas card under your suite door this item has been thoughtfully provided by an organization or School in the community. Please note that any items provided to us will be delivered to the suites by **STAFF ONLY** after sitting for an appropriate quarantine period as a safety precaution.

A Blessing for Aging~ shared by Sister Elizabeth

May the light of your soul brighten you, may all of your worry and anxiousness about becoming old be transfigured, may you be given a wisdom with the eye of your soul, to see his beautiful time of harvesting. May you have the commitment to harvest your life, to heal what has hurt you, to allow it to come closer to you and become one with you. Many you have great dignity, may you have a sense of how free you are, and above all may you be given the wonderful gift of meeting the eternal light and beauty that is within you. May you be blessed, and may you find a wonderful love in yourself for yourself. *John O'Donohue*

Have something to share?

Please submit any content for the newsletter, including tidbits and stories to rebecca@standrewscentre.com. All submissions must be received by December 17th, 2020 for our January newsletter. We reserve the right to edit all submissions.

Resident Community Committee Meeting Minutes

Minutes – November 18, 2020- 1:30pm

Chair: Ellen B

Co- Chair: Wanda

1. Call the meeting to order: 1:28 pm
2. Welcome and introductions.
3. Attendance: Wanda (COO), Patricia (ADMIN- minute taker), Joan B., Linda B., Ellen B., Louise F., Rita K., Dolores P., Pat S., Dolores S., Dora V., and Lorraine W.

Absent: Annette Marie W. and Sr. Anne C.

4. Reading/Acceptance of minutes from last meeting

1st Louise F.

2nd Pat S.

****Please note that meeting minutes are issued in the monthly newsletter****

5. Additions to the Agenda to add under new business, accept Agenda

1st Joan B.

2nd Linda B.

6. Business arising from the last meeting/old business:

There was no outstanding business from the last meeting.

7. Standing Agenda Items:

7.1. Food Service: Lonnie reviewed the complaint of a food service worker speaking too quickly with the individual in question

- Wanda and Lonnie reviewed the previous menus for the abundance of pork items but could not see a trend regarding the nature of the complaint.
- Food prices will be increasing in the Garden Café effective December. 1st, 2020. The item increases will range from approximately \$0.25 - \$0.50 per item. The price of meal cards will also be increasing to \$85.00 for the breakfast or lunch cards and \$110.00 for the dinner cards. Both cards will include hot beverages with every meal.
- Meal plans will also be increasing in price as well. Residents who are currently signed up for these plans will receive 3 months' notice prior to this increase.
- Kudos to the food services staff for their exceptional work especially with their carry out service.

7.2. Maintenance/Housekeeping

- The committee expressed their gratitude for maintenance and their hard work. The residents were grateful to have their suite door locks greased for ease of use. Maintenance will make a practice of lubricating every suite's door lock twice a year.
- Appreciative of the housekeeping staff for setting up residents' activities.

7.3. Social/Leisure Activities

There are no updates on social/leisure activities at this time.

7.4. Security

- A suggestion was made to have security remind residents and their visitors to wear their masks while visiting. Wanda will leave a message with security regarding this concern.

8. New Business (suggestion box/committee concerns):

8.1. Hairdresser

- The onsite hairdresser, Special Touch Hairstylists, is open for scheduled appointments. Please phone Sue at 780-452-1105 for any inquiries. They are located on the main floor in the Garden Café.

8.2. Visitor Risk Assessment

- A survey will be created to ask how visitors and residents feel regarding the level of risk surrounding outdoor visits that have been moved into the Reception Room (Fr. Irwin Room). The survey will ask if these visits should be canceled as the number of COVID-19 cases rise in our community. The survey will be available in the newsletter, Facebook, and the St. Andrew's Centre website.

8.3. Newsletter Clarification

- A concern was brought up regarding medication delivery. CareRx is currently the only pharmacy that is permitted to enter our building to deliver medications directly to your suite. This is due to the large number of clients that they have in the Centre. If a resident does not answer the door for the CareRx delivery person, they will leave the medication at the assessment desk for staff to phone the resident for pickup. Please contact CareRx directly if there are any concerns with the delivery. All other pharmacies are not permitted to enter the building. Residents will be called to pick up these medications at the assessment desk if they are able to.

8.4. Christmas Dinner

- A suggestion was made to have Christmas dinner available on plates rather than takeout containers for residents who choose to eat their meals in the Café or atrium. Due to the uncertainty of the pandemic, a decision cannot be made at this time.

9. Administration Sharing

9.1- We will have a recognition of St. Andrew's Day on November 30th. We will have a free pancake breakfast to mark the occasion from 9am-10:30am. * CANCELLED

9.2- Resident Free BBQ on Nov.4, 2020 was a huge success and went smoothly. We thank everyone for their cooperation with physical distancing, masks wearing and takeout service. Over 225 people were served.

9.3- Atrium Roof Update- The roof repairs are complete, and everything looks positive. The company will come back next spring to follow up with how the repairs fared through the Winter.

9.4- Car Park Systems- Are replaced no new issues have come forward.

9.5- Door decorating contest will run from Dec.1- 18. Winners will be announced on Dec.18th, 2020.

9.6- Ugly Xmas sweater day to be announced. Prizes for the most “unique” sweaters. Date TBA.

9.6- Tuck Shoppe- The shop will re-open 2 days per week. We are waiting on final word of the exact date. There will be new guidelines to follow regarding maximum occupancy and handling of items for all customers to follow.

Meeting Adjourned at 2:30pm.

Next meeting: Wednesday, December 16th, 2020 at 1:30pm in the FR Irwin Room.

PHONE DIRECTORY FOR ST. ANDREW'S CENTRE

Please keep for future reference

Marilou 587 525 8707

Front Desk

For Work Orders

If you are going to be away from the Centre

Wanda 587 525 8708

Chief Operating Officer

Tess 587 525 8714

Hospitality Manager

To book Housekeeping/Laundry, Guest Suites

Meeting/Function Rooms

Garden Café 587 525 8718

To order food for delivery or inquiry about the Cafe

Melodie 587 525 8709

Finance Manager

Account Billing and Finance Questions

Patricia 587 525 8710

Accounts and Housing Administrator

Suite Questions, Internal Moves, Notice to Vacate

Move out check

Rebecca 587 525 8713

Community Development Specialist

Newsletters submissions, Questions about Centre

Programming

Security 780 452 4444

Monday to Friday 4:00pm – 8:00 am

Weekends & Statutory Holidays Available 24 hours per day

MEDICAL EMERGENCIES CALL 911

St. Andrew's Centre

*Please note these programs or activities may be cancelled without notice given the worldwide pandemic.

December

St. Andrew's Centre

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		1 Golden Fitness@10am	2 WHIST@6pm	3 Shuffleboard @2pm Bridge@ 6pm	4 Golden Fitness 2pm Movie night@7pm	5
6	7 Shuffleboard @2pm CRIB@630pm	8 Golden Fitness@10am	9 WHIST@6pm	10 Farmers Mrkt 10-12pm Ugly Sweater 1PM Shuffleboard @2pm Bridge@ 6pm	11 Golden Fitness 2pm Movie night@7pm	12
12	14 Shuffleboard @2pm CRIB@630pm	15 Golden Fitness@10am	16 RCC Meeting *must register 130pm WHIST@6pm	17 Shuffleboard @2pm Bridge@ 6pm Farmers Mrkt 10-12pm	18 Golden Fitness 2pm Movie night@7pm Door Decorating Contest Ends	19
20	21 Shuffleboard @2pm CRIB@630pm	22 Golden Fitness@10am	23 WHIST@6pm	24 Shuffleboard @2pm Bridge@ 6pm Christmas Eve Mass 4pm	25 Christmas Day Office Closed	26
27	28 Shuffleboard @2pm CRIB@630pm Office Closed	29	30	31 New Year's Eve	1 New Year's Day Office Closed	