



# St. Andrew's Centre

## NEWSLETTER

February 2022

### **From the Office of the Chief Operating Officer**

There is something about the first few months of the new year that stirs optimism -- even if the state of the world around us doesn't always support it. In January our organization pledged to embrace the best vision of what lies ahead of us, choosing positivity over unease as we walk together and tackle any challenges (and we have already seen many) presented to us. I trust that there is nothing we can't accomplish when we are aligned in a shared belief or passion as a community. Personally, I hope that when the groundhog emerges from the burrow on February 2<sup>nd</sup> the indication tells us that winter will soon end and there will be brighter days ahead.

The Omicron variant continues to cause concern in our region and at the time of writing our newsletter multiple congregate living facilities remain on outbreak status. Our response is ongoing and is informed both by the direction of Alberta Health/Alberta Health Services, and we often must make policy adjustments with limited notice. As an organization we do our best to evaluate quality of life for our community while completing the necessary risk assessments for our residents, staff, visitors, and facility.

We have been receiving a lot of phone calls, emails and letters expressing the desire and/or opinions on firmer measures, etc. regarding the pandemic and we understand your concerns.

Our priority is always protecting the health and wellness of our community to the best of our ability, and we are committed to transparency with our internal and external stakeholders while maintaining an individual's right to privacy.

Our community, although healthy within, has not been untouched by this new variant. We are fortunate that the swift and diligent actions of impacted individuals to recognized, report and isolate themselves or those stricken around them, have assisted us to remain protected.

We continue to tap into different networks, connections, community associations and partnerships to provide new programming, recreational opportunities, and restorations for our Centre. We remain mindful that this comes with limitations on group size restrictions and procedural policies, response times for service calls from outside agencies and situational happenings within our Centre. We appreciate everyone's patience as we navigate these thresholds which may cause delays, frustration, and disappointment, not always within our control.

I kindly ask that we all remain conscious of how we can be a part of the solution to the ongoing conditions we are all facing within our health zone. We continue to advocate for continuous and appropriate mask wearing within the Centre when residents are not in their personal suites and/or eating and drinking in the Café and Atrium, as well as the practice of good hand hygiene.

As a gentle reminder all guests must wear surgical masks continuously while visiting the facility, including in residents' personal suites. Any visitors feeling unwell should not be coming into the Centre for any reason.

I hope that February brings everyone opportunities to share the gift of time and love with the individuals you hold dearest. Happy Valentine's and Family Day to all!

*Wanda*

## IMPORTANT NOTICES

★ **MAIN OFFICE** – CLOSED on Monday, February 21<sup>st</sup> for the *Family Day* holiday.

Security Staff will be on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444

★ **GENERATOR TESTING** – Monday, February 10<sup>th</sup> starting at 2:00pm

Maintenance Department will be performing routine testing of the building's emergency generators.

★ **FIRE ALARM TESTING** – Tuesday, February 22<sup>nd</sup> starting at approximately 8:00am

AMPTEC Fire & Security will be performing annual testing of the building's fire & emergency alarms.

★ **BATTERY DISPOSAL** – Per current Federal and Provincial guidelines, ordinary batteries are not considered hazardous waste and can be disposed of with regular household trash. Accordingly, and in consideration of COVID best practices, St. Andrew's Centre has now discontinued collecting used batteries from residents.

★ **SHOWER CURTAIN RODS** – Maintenance staff have been receiving frequent requests to re-install shower curtain rods recently. Please be aware that these rods are designed to support shower curtains only.

If you hang wet clothes (from hand-washing) on the shower curtain rod, the weight may cause the rod to dislodge or fall – and water may drip onto the floor creating another safety hazard and/or damages.

Please consider using a clothes-drying rack instead. Choose a style or model that will fit inside your shower or tub to safely drip-dry hand-washed items.

★ **PARKING** – Please remember to instruct your guests to use the outdoor parking lot on the WEST side of the building when visiting. Underground parkade spaces are strictly reserved for paid rental subscribers.

★ **HALLWAY RENOVATIONS**

Hallway renovations including flooring, wall painting and door painting will recommence sometime in February. Advanced notice will be given to affected residents of each floor and corridor being worked on.

Thank you for your cooperation.

★ **DONATIONS TO THE CENTRE**

We sincerely thank all residents and visitors who make cash donations to the Centre. Through the generosity of our Donors we are able to bring joy, warmth, comfort and wellness to those who reside at St. Andrews Centre.

Donations to our organization allow us to enhance the programs, services and the environment we offer to our residents. All donations are eligible for a tax receipt. Please contact the Main Office at 780-452-4444 for more information.

# IMPORTANT NOTICES

(Continued)



## SUITE MAINTANCE COSTS

The Centre has experienced a large volume of calls and expense in the last few months related to plugged toilets and sinks that have required a great deal of maintenance staff time to repair or the use of an outside agency. Please note that the following measure will be applied effective immediately as per tenant's lease agreement.

- 10.1.** The Tenant will be responsible for keeping the Premises and appliances clean and in good condition, and for the cost of clearing plugged toilets, sinks and drains if an inappropriate item such as incontinence products, hygiene products, excessive paper towel or other are found. The Tenant will also be responsible for supplying all the light bulbs and tubes in the Premises and can request a work order with the maintenance department for the light to be changed.

Tenants who experience clogged drains due to food, hair, etc. and/or plugged toilets due to inappropriate items flushed or large amounts of toilet paper usage will be charge a service fee from maintenance for the labor related to the repair. If an outside agency is used and it is deemed a problem incurred from the resident, the resident will be invoiced for the service call.



## RENTAL INCREASE

As a part of our organizational policy it is the obligation of the Board of Directors to review facility operating costs, current comparable market value of rents, consumer price index indicators, etc. during the November board meeting to evaluate and decide on a potential rental increase for our facility. As such, keeping in mind the challenges of the current world state due to the pandemic, the Board has voted unanimously in favor of a rental increase of **2%**.

As per the landlord and tenant act, with month-to-month tenancy leases, residents must receive three (3) months written notice of the rental increase that states the date of the increase.

Each resident will receive a letter with indications of **amount and date effective specific to them 3 months prior to the increase**. Notices will be hand-delivered to residents mailboxes starting on February 1, 2022. If you do not receive a letter in your mailbox on February 1<sup>st</sup>, you have not resided at the Center for a period of 365 days at that time. Letters will be continuously delivered to applicable tenants on or before the 1<sup>st</sup> of each month when the rental increase can be legally applied throughout the year.

If you have any questions, please do not hesitate to contact the Administration office.

# CURRENT CONDITIONS

COVID-19 PANDEMIC  
Congregate Living Centers

St. Andrew's Centre continues to operate in accordance with health measures prescribed by the Chief Medical Officer of Health (CMOH), for Alberta.

Our sincere appreciation goes out to all of our residents, staff, vendors, suppliers and visitors who are consistently doing their very best to help to keep our community safe!

## RESIDENT POLICIES

- ✓ **If you are feeling unwell, please STAY IN YOUR SUITE and telephone the Main Office @ 780-452-4444 so that we may provide you with the necessary information and instructions to ensure our community stays as safe as possible.**

**Please be reminded that you must stay in your suite until all symptoms are resolved.** The Garden Café can arrange meal deliveries, if needed. The Hospitality Department can assist with garbage disposal, if needed. Additionally, residents must wear a mask continuously outside of their personal suites for a period of 5 days following their isolation period.

- ✓ **Residents who are absent for more than 24 hours**, regardless of their immunization status, are required to actively screen daily for symptoms of COVID-19 and wear a surgical/procedure mask when outside of their room, except when eating or drinking, **for 14 days post-return**. Resident screening checklists and appropriate masks are available from the Main Office and the health assessment desk in our front lobby.

RESIDENTS are encouraged to wear masks in the common areas of the Centre and continue good hand hygiene.

## VISITOR POLICIES

- ✓ ALL visitors to the Centre must enter the building through the Main Door to be screened at the Health Assessment Desk (Front Lobby) and to sign in.
- ✓ ALL visiting persons must wear a surgical/procedure mask while in our facility, even in RESIDENT SUITES, unless a resident has communication challenges where a mask would inhibit interacting. In which case, the resident and visiting persons should maintain a distance of two (2) meters from each other.
- ✓ Anyone who is a close contact of someone who has tested positive for COVID, will **not be allowed entry into our facility** (within 14 days of last exposure) regardless of vaccination status. This is a directive that was made by the CMOH in mid-December.
- ✓ Visitors of residents are permitted to visit and eat in The Garden Café and common areas of the Center if verifiable proof of vaccination is provided (not required for children under 12 years of age). To facilitate this, staff now have "QR" code scanners at the Health Assessment Desk (Front Lobby) and at the cash register in the Garden Café.

# CENTRE EVENTS

## RESIDENT FORUM

When:  
Where:  
Time:

Postponed from January 27<sup>th</sup>  
in the Interest of Community Safety  
New Date – To Be Determined

A time for residents to hear updates on Centre actions, future planning as well as any special Centre announcements.

## RESIDENT COMMUNITY COMMITTEE (RCC)


The *Resident Community Committee* meeting that was scheduled for Wednesday, January 19, 2022 was CANCELLED as a precaution due to recent COVID conditions. Accordingly, there are no meeting minutes to be published in this edition of the newsletter. The next meeting is **TENTATIVELY** scheduled for: **Wednesday, February 16, 2022 @ 1:30pm** in the Reception Room (Fr. Irwin).

## RESIDENT'S ASSOCIATION

Due to current COVID conditions, the *St. Andrew's Centre Resident's Association* has put a hold on larger gatherings scheduled on their Calendar of Events. There are board games (such as *Scrabble*, etc.) in the Games Room for anyone who wishes to play during the day or evening, and many puzzles available in the laundry room 'lounge' area.

Please look for information about ongoing activities posted on the Resident Association easel (north atrium near mailboxes), the whiteboard (near the indoor red postal mailbox), and in the "Activities" section of the *St. Andrew's Centre Newsletter*. All residents are welcome to participate.

## FARMER'S MARKET

When: Bi-Weekly on Thursdays  Expected to return on February 17<sup>th</sup>  
Time: 10:00 am – 12:00 noon  
Where: ATRIUM

The Farmer's Market is expected to return to the Centre after their winter break. As an important partner to our community, we look forward to welcoming them back!

## WIDYNOWSKI'S SAUSAGE

*Widynowski's Sausage House* will be providing their delicious sausage to anyone interested. Delivery will be on Monday, February 7<sup>th</sup>. *Pure Ham Sausage* → \$8.00 per ring. *Regular Garlic Sausage* → \$6.00 per ring. Please call Maya @ 780-477-9523 to pre-order. She will collect the money in advance and deliver the sausage to you Monday morning of delivery.

## AMENITIES

### **Guest Suite Rentals**

Our guest suites are open for booking by loved ones of residents, with verified vaccination status. Please contact the Hospitality Department @ 587-525-8714 for availability, pricing and bookings.

### **Community Cupboard**

Thank You to all who have donated to our *Community Cupboard*, by way of giving food and household staples, or monetary gifts to help us purchase necessary items for those in need within the St. Andrew's Centre community. Please be reminded that we **cannot accept expired food items** for health and safety reasons.

Our Main Office staff are always pleased to assist you retrieving items from the cupboard, if you have any need, with compassion and discretion. We are here to help.

### **Centre Library**

We are continuing the suspension of accepting donated books for the library until further notice.

### **Special Touch Hair Salon** ~ How old you are is your business... How young you look is ours!!! ~

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, foot, and beauty needs. **To book an appointment, call 780- 452-1105**, and let our staff make your day a little more beautiful.

### **CareRx Tuck Shoppe**

Open on Mondays and Fridays from 10:00 am – 4:00 pm for your pharmacy and related needs. Please call Rian @ 780-451-5471 for more information.

### **Dr. Harkirat Sidhu**

Dr. Sidhu is on-site for resident appointments in the Centre on **Monday** and **Wednesday** evenings, starting at 5:00pm. Pre-booking is required by marking your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

### **Sole Mates Footcare Ltd.**

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre. For more information or to book an appointment, contact her directly @ 587-926-0422, or email [Solematesfootcare@outlook.com](mailto:Solematesfootcare@outlook.com).

# ACTIVITIES



## WHIST

When: Wednesdays @ 6:00 pm      Where: Games Room

## BRIDGE

When: Thursdays @ 6:00 pm      Where: Games Room

## CANASTA

When: Sundays & Tues @ 5:30 pm      Where: Games Room

## CARD BINGO

When: Monday/Wednesday/Friday @ 2:00pm  
Where: Games Room

## CRIBBAGE

When: Mondays & Tuesdays @ 6:00 pm  
Where: Games Room



## SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm  
Where: Games Room

## \$3.00 BINGO

When: Saturdays @ 6:00 pm  
Where: Games Room



February 5, 12, 19 & 26

## WALKING GROUP10

When: Tuesdays and Fridays @ 10:00 am  
Where: Meet in the Atrium for a 20-30 minute indoor walk, then coffee at the *Garden Café*  
Everyone is welcome to join. It does not matter how slow or fast you are.



## MOVIE NIGHT

When: Fridays @ 7:00 pm  
Where: TV Room

Check notice board for film titles.

## HAPPY HOOKERS CLUB

When: Tuesdays @ 1:00 pm  
Where: North Atrium, near the Koi Pond

This group has created and donated many **toques** to *Boyle Street Community Services* and continue the generosity!  
Everyone is welcome to join. No experience is needed.

## CARPET BOWLING

When: Wednesdays 10 am (please arrive by 9:45 am for equipment set up)  
Where: Auditorium  
No experience needed, only a sense of humour



# ACTIVITIES

Ideas about events, activities and other days/times are always welcome.  
Contact Susan at 587-525-8713 or [susan@standrewscentre.com](mailto:susan@standrewscentre.com)

## **MINDFUL MONDAYS**

When: Every second Monday @ 1:00 pm – 2:00 pm (February 14 & 28)  
Where: Pink Room (TV Room)

Every second week come watch either a webinar, podcast or video followed by a group discussion. Sit in comfort to enjoy sharing what is on your mind or be an active listener. **Watch for notices on what is going to be showing and discussed.**

## **FIT FRIDAYS with SUSAN**

When: Every second Friday @ 1:00 pm – 1:30 pm (February 4 & February 18)  
Where: Auditorium

Join Susan every second week for fun and fitness. Some movement and laughs to make you smile. This is for everyone! Learn things like getting up from a fall, standing/sitting tall, what stretches help your back, what muscles help your balance, sciatica relief and more.

## **TOPIC TUESDAYS**

When: Every Tuesday in February @ 2:30 pm  
Where: Pink Room (TV Room)

**February is for reminiscing.** Get to know others by sharing stories about where you went to school, a favourite childhood memory, best job you had, the kindest person you met and more. Topics for reminiscing will change each week. Come share your memories and experiences in small groups. **March's topic will be Mystery Solving.**



## SUSAN'S NEWS

Thank you to everyone who helped take down Christmas decorations. There are a few things that we deliberately left out to keep the areas brighter.

As the days get longer many are starting to talk about their gardens and plans for this coming grow season. Current gardeners will keep the same garden box but if you no longer wish to garden, please let me know as soon possible. New gardeners wanting a space can talk to me anytime. Watch for more information in the March newsletter.

*Did You Know? If you have a latex allergy be careful around Poinsettias. This plant is related to the Brazilian rubber tree and contains a compound like that found in the rubber latex. When you break a branch or damage a leaf of the Poinsettia you will notice white droplets. This is the latex compound.*



# HOSPITALITY DEPARTMENT

**Housekeeping** – Hourly housekeeping services are available by appointment. Fees based on time.

**Laundry** – Hourly laundry services are available by appointment. Fees based on time taken, and number of loads.

\*Maximum of 3 loads per service. (Coins for machines @ \$4/load, detergent @ \$2/load and softener @\$1/load are extra if not provided by resident)

**Garbage Disposal** – Available by request. Fee to be determined per request.

**Window Washing** – Available by request. Fee depends on suite style.

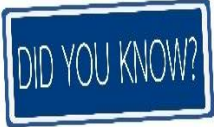
**Carpet Cleaning** – Available by request. Fee to be determined per request.

For all services, please contact **Tess @ 587-525-8714** for full details, scheduling, charges and payment options.

**Common Areas** – For immediate assistance please call the Main Office @ (780)452-4444 if you spill something on the floor or have other concerns about the cleanliness of our building and for everyone's safety.

*Please help keep our community clean by removing snow from footwear, walkers and carts on the floor mats as you enter the building. Thank You.*

# FINANCE DEPARTMENT



- You can purchase **GIFT CERTIFICATES** at the Main Office for Housekeeping/Laundry Services or Meals at the *Garden Café*, in any amount desired. They are great for gift giving!
  - You can subscribe to **MEAL PLANS** (2 or 3 meals per day + snacks) by pre-paying monthly.
  - You can purchase **PUNCH CARDS** for use at the *Garden Café*, and enjoy savings on pricing.
    - Breakfast/Lunch (10 for \$85.00)
    - Dinner (10 for \$110.00)
    - Coffee (20 for \$25.00)
  - You can request a **St. Andrew's Swipe Card** at the Main Office for use at the *Garden Café*, to conveniently charge your purchases and pay the monthly total on invoicing.
- Monthly Invoices for Hospitality Service and/or *Garden Café* purchases are **due upon receipt**. If your payment is not received by the **15<sup>th</sup> of the month**, we will contact you and your account may be suspended until full payment is made.
  - Invoices overdue by 30 days or more will have accounts and services suspended and residents will have to pay per purchase indefinitely. **\*\*PLEASE NOTE\*\* accounts exceeding \$500.00 may be flagged and called sooner than the 15<sup>th</sup> of the month.**
  - Using your DEBIT CARD or a CREDIT CARD is the preferred method when paying invoices.
  - **ACCOUNT CHANGES**, such as: parking rental; storage rental; meal packages; or changes to banking information for Pre-Authorized Payments, you must inform the Main Office **before the 20<sup>th</sup> of the month**.



## GARDEN CAFÉ

The *Garden Café* Restaurant is open EVERY DAY all year-round serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm



**DELIVERY IS AVAILABLE** for a \$2.50 charge per trip.

To order dinner for delivery, please call the Café directly @ 587-525-8718 before 4:00pm.

### PLEASE NOTE

*Due to supply shortages, we are unable to get certain items in at this time, so there may be changes to the menu from time to time, without prior notice.*

**The Garden Café is planning some major changes, in the near future, that Chef Lonnie is sure you will like!**

Chef Lonnie is open to different menu items, so if you have a favourite item that you enjoy, let him know and he will see if the Café can make it for you.

**Along with many everyday à-la-carte food and beverage choices, and grocery items:**

- ✓ We also offer loaves of **fresh homemade white bread** and **homemade molasses whole-wheat bread**.  
The *Café* accepts orders on Mondays and pickup is on Thursdays. **The cost per loaf is \$4.00.**

**And---**

- ✓ Check out our **Garden Café Frozen Entrées** priced @ only **\$8.00 each!**

- Beef Stir Fry with Rice • Butter Chicken with Rice • Chicken Alfredo with Rice • Chicken Fettuccine
- Chicken Pot Pie • Chili Con Carne • Chilean Ribs • Meat Lasagna • Seafood Newburg • Shepherd's Pie
- Spaghetti & Meatballs • Sweet & Sour Pork • Beef Barley Soup • Cream of Mushroom or Tomato Vegetable Soup

**Be sure to fully thaw them in your refrigerator and thoroughly reheat before serving.**

The *Garden Café* accepts payment by Cash, Debit Card, Punch Card or St. Andrew's Swipe Card only.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 30 Canasta 5:30pm Games Room	31 Keep Fit 10-11am Auditorium  Mindful Monday 1-2pm Pink Room (TV Room)  Shuffleboard 2pm Games Room  Card Bingo 2pm Games Room	February 1 Walking Group 10am Atrium  Happy Hookers Club 1pm Koi Pond  Topic Tuesday 2:30pm Pink Room (TV Room)  Canasta 5:30pm Games Room	2 Carpet Bowling 10am Auditorium  Card Bingo 2pm Games Room  Whist 6pm Games Room	3 Keep Fit 10-11am Auditorium  Shuffleboard 2pm Games Room  Bridge 6pm Games Room	4 Walking Group 10am Atrium  Fit Fridays 1-2pm Auditorium  Card Bingo 2pm Games Room  MOVIE NIGHT 7pm TV Room	5 Bingo 6pm Games Room
6 Canasta 5:30pm Games Room	7 Keep Fit 10-11am Auditorium  Shuffleboard 2pm Games Room  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>GENERATOR TESTING starting @ 2pm</b> </div> Card Bingo 2pm Games Room	8 Walking Group 10am Atrium  Happy Hookers Club 1pm Koi Pond  Topic Tuesday 2:30pm Pink Room (TV Room)  Canasta 5:30pm Games Room  Cribbage 6pm Games Room	9 Carpet Bowling 10am Auditorium  Card Bingo 2pm Games Room  Whist 6pm Games Room	10 Keep Fit 10-11am Auditorium  Shuffleboard 2pm Games Room  Bridge 6pm Games Room	11 Walking Group 10am Atrium  Card Bingo 2pm Games Room  MOVIE NIGHT 7pm TV Room	12 Bingo 6pm Games Room
February 13 Canasta 5:30pm Games Room	14 Keep Fit 10-11am Auditorium  Mindful Monday 1-2pm Pink Room (TV Room)  Card Bingo 2pm Games Room  Shuffleboard 2pm Games Room	15 Walking Group 10am Atrium  Topic Tuesday 2:30pm Pink Room (TV Room)  Happy Hookers Club 1pm Koi Pond  Cribbage 6pm Games Room  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>VALENTINE'S DANCE</b> </div>	16 Carpet Bowling 10am Auditorium  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>RCC Meeting 1:30pm @ Fr. Irwin Room</b> </div> Card Bingo 2pm Games Room  Whist 6pm Games Room	17 <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Farmer's Market 10am - 12 noon ATRIUM</b> </div> Keep Fit 10-11am Auditorium  Shuffleboard 2pm Games Room  Bridge 6pm Games Room	18 Walking Group 10am Atrium  Fit Fridays 1-2pm Auditorium  Card Bingo 2pm Games Room  MOVIE NIGHT 7pm TV Room	19 Bingo 6pm Games Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 20	21	22	23	24	25	26
Canasta 5:30pm Games Room	<b>MAIN OFFICE CLOSED</b> <b>(Family Day)</b>	<b>FIRE ALARM TESTING</b> <b>starting @ 8 am</b>	<b>Shop Easy Fashions</b> <b>9:30am</b> Games Room	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Bingo 6pm Games Room
	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Carpet Bowling 10am Auditorium	Shuffleboard 2pm Games Room	Card Bingo 2pm Games Room	
	Card Bingo 2pm Games Room	Happy Hookers Club 1pm Koi Pond	Card Bingo 2pm Games Room	Bridge 6pm Games Room	MOVIE NIGHT 7pm TV Room	
	Shuffleboard 2pm Games Room	<b>Quarterly Birthday</b> <b>Celebration 2pm</b>	Whist 6pm Games Room			
		Topic Tuesday 2:30pm Pink Room (TV Room)				
		Cribbage 6pm Games Room				
27	28	March 1	2	3	4	5
Canasta 5:30pm Games Room	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Carpet Bowling 10am Auditorium	<b>Farmer's Market</b> <b>10-12 noon</b> ATRIUM	Walking Group 10am Atrium	Bingo 6pm Games Room
	Mindful Monday 1-2pm Pink Room (TV Room)	Happy Hookers Club 1pm Koi Pond	Card Bingo 2pm Games Room	Keep Fit 10-11am Auditorium	Fit Fridays 1-2pm Auditorium	
	Card Bingo 2pm Games Room	Cribbage 6pm Games Room	Whist 6pm Games Room	Shuffleboard 2pm Games Room	Card Bingo 2pm Games Room	
	Shuffleboard 2pm Games Room			Bridge 6pm Games Room	MOVIE NIGHT 7pm TV Room	

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.