



St. Andrew's Centre

From the Office of the Chief Operating Officer

Thank you to everyone who has taken the time to submit their responses in our annual Resident survey. Your response is important to us to improve processes, policies, and service to our tenants. All feedback provides valuable insights on what St. Andrew's Centre is doing well and where we can improve. We will issue the results of our survey on our website and in print form for all to view at their leisure in the next few weeks. If you have indicated the desire for a follow up call and provided a contact number, we will reach out to you after the survey closes on Monday February 28, 2022.

March is a busy month at the Centre! As we near the fiscal end of our budget year we will continue and complete many projects that have been delayed due to Covid restrictions, supply issues, and service challenges. We apologize in advance to our residents as there may be some temporary noise and access challenges to different areas in our facility. We will do our best to provide advance notification of disruptions via posters in the elevators and on bulletin boards, as well as signs in the areas which will be affected. We do hope to refurbish the laundry room and main office with new paint and flooring this month which will cause a closure of the laundry area for a few days and limited access to the main office.

We are dedicated to keeping everyone safe while balancing the emergence from a pandemic to an endemic. This is not an easy task as we consider the varying viewpoints and/or direction from our internal and external stakeholders. The commitment of our organization is to provide safe, ethical, and competent decision making while adhering to the orders of the Chief Medical Officer of Health. Since we are a congregate living site mandates that are lifted for the public as indicated by the Province on March 1, 2022 and moving forward, may not be applied to our way of life under the supportive living accommodations.

St. Andrew's is dedicated to offering quality recreation programming that is focused on multiple wellness dimensions to ensure person-centered recreational fulfillment. In the coming weeks we will trial new programming opportunities, and our dedicated Resident Association Executive Members and Volunteers will begin their scheduled events again. When determining to attend social events or recreation programming everyone will have to evaluate their own risk tolerance level to make an informed choice. We appreciate the uniqueness of our staff and volunteers whose primary focus is on positively enhancing seniors' quality of life.

Looking ahead to the start of Spring on March 20, 2022, I am very optimistic. I know that St. Andrew's Centre will continue to bloom and grow (much like the leaves and flowers outside) fulfilling our Mission, Vision and Values to the residents we serve with positive influence in everything we endeavor to do.

As we welcome the start of Lent on Wednesday, March 2, 2022 I wish everyone the chance to reconnect with themselves, their faith/beliefs, and to those who are dearest to them.

To those in our population who observe the celebration of St. Patrick's Day, I wish you a joyous day full of love and laughter.

All the Best,

Wanda

Chief Operating Officer

IMPORTANT NOTICES



MAIN OFFICE HOURS

Monday – Friday **8:00 am – 4:00pm**

When the Main Office is closed, Security Staff are on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444



GENERATOR TESTING

Monday, March 7th starting at 2:00pm

Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.



LAUNDRY MACHINE SERVICING

The LAUNDRY ROOM will be closed on Tuesday, March 8th from 10:00am to 1:30pm, for scheduled professional appliance vent cleaning. Please ensure that all your laundry items are removed from the machines before 10:00am. Thank you for your cooperation.



RENOVATIONS

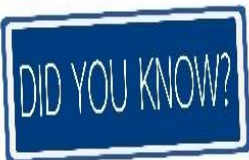
Please be aware that access to the **Laundry Room, Main Office and Games Room** may be disrupted as we complete some renovations in March. We will give as much advance notice as possible for these limitations. Thank you for your cooperation.

Hallway renovations including flooring, wall painting and door painting will also be continuing into March. Advanced notice will be given to affected residents of each floor and corridor being worked on. Thank you for your cooperation.



ACCOUNT CHANGES

If you have changes such as: Parking Rental; Storage Rental; Meal Plans; or changes to banking information for Pre-Authorized Payments, you must inform the Main Office **before the 20th of the month** to ensure that updates can be made effective for the beginning of the next month.



St. Andrew's Centre has a WEBSITE as well as *Facebook, YouTube and Instagram* pages.

Residents, Family and Friends can visit the website @ www.standrewscentre.com

Our newsletters are also available online!

Anyone can subscribe to receive monthly newsletters automatically by email @ www.standrewscentre.com/monthlynewsletters

This is a great way for your loved ones to stay informed as well.

CURRENT CONDITIONS

COVID-19 PANDEMIC
Congregate Living Centers

St. Andrew's Centre continues to operate in accordance with health measures prescribed by the Chief Medical Officer of Health (CMOH), for Alberta.

★ Please note that the March 1st lifting of indoor masking requirements for the public **DOES NOT APPLY TO OUR CENTRE.** All visitors, staff, service workers, etc. will still be required to wear a medical mask provided to them at our Health Assessment Desk.

RESIDENT POLICIES

- ✓ **If you are feeling unwell, please STAY IN YOUR SUITE and telephone the Main Office @ 780-452-4444 so that we may provide you with the necessary information and instructions to ensure our community stays as safe as possible.**
- ✓ **Please be reminded that you must stay in your suite until all symptoms are resolved.** The Garden Café can arrange meal deliveries, if needed. The Hospitality Department can assist with garbage disposal, if needed. Additionally, residents must wear a mask continuously outside of their personal suites for a period of 5 days following their isolation period.
- ✓ **Residents who are absent for more than 24 hours,** regardless of their immunization status, are required to actively screen daily for symptoms of COVID-19 and wear a surgical/procedure mask when outside of their room, except when eating or drinking, **for 14 days post-return.** Resident screening checklists and appropriate masks are available from the Main Office and the health assessment desk in our front lobby.

RESIDENTS are encouraged to wear masks in the common areas of the Centre and continue good hand hygiene.

VISITOR POLICIES

- ✓ ALL visitors to the Centre must enter the building through the Main Door to be screened at the Health Assessment Desk (Front Lobby) and to sign in.
- ✓ ALL visiting persons must wear a surgical/procedure mask while in our facility, even in RESIDENT SUITES, unless a resident has communication challenges where a mask would inhibit interacting. In which case, the resident and visiting persons should maintain a distance of two (2) meters from each other.
- ✓ Anyone who is a close contact of someone who has tested positive for COVID, will **not be allowed entry into our facility** (within 14 days of last exposure) regardless of vaccination status. This is a directive that was made by the CMOH in mid-December.

★ **Guests of residents are now permitted to visit and eat in The Garden Café and common areas of the Center without providing proof of vaccination.** Staff will no longer be scanning "QR" codes.

However, we will remain closed to the public at this time for general meal service (parishioners, etc.).

CENTRE EVENTS

RESIDENT FORUM

When: WEDNESDAY, MARCH 23, 2022
Where: AUDITORIUM
Time: 1:00 pm

Attention!
NEW DATE

A time for residents to hear updates on Centre actions, future planning as well as any special Centre announcements.
Please feel free to bring any questions you may have to this meeting.

RESIDENT COMMUNITY COMMITTEE (RCC)

The *Resident Community Committee* meeting minutes for Wednesday, February 16, 2022 are included in this publication. The next meeting is scheduled for: **Wednesday, March 16, 2022 @ 1:30pm** in the Reception Room (Fr. Irwin).

RESIDENTS' ASSOCIATION

We are pleased to announce that **effective March 1st**, the *St. Andrew's Centre Residents' Association* will be able to hold their regularly planned events and gatherings as scheduled on their Calendar of Events (see easel mid-atrium near mailboxes).

Please also look for detailed information about ongoing activities on notice boards and in the "Activities" section of the St. Andrew's Centre Newsletter. All residents are welcome to participate.

WIDYNOWSKI'S SAUSAGE

Widynowski's Sausage House will be providing their delicious sausage again to anyone interested.

Next Delivery Date --- Monday, March 7th

➡ Pure Ham Sausage \$8.00 per ring ← ➡ Regular Garlic Sausage \$6.00 per ring ←

Please call **Maya @ 780-477-9523** to pre-order.

She will collect the money in advance and deliver the sausage to you Monday morning of delivery.

FARMER'S MARKET

When: Bi-Weekly on Thursdays ➡ **March 3rd, 17th, 31st**
Time: **9:30 am – 1:30 pm**
Where: **ATRIUM**



The Farmer's Market will continue to visit the Centre on a bi-weekly basis, every second Thursday. We are pleased to welcome them back with **extended hours**. Please note they will be setting up in the Atrium now.

AMENITIES

Guest Suite Rentals

Our guest suites are open for booking by loved ones of residents.

Please contact the Hospitality Department @ 587-525-8714 for availability, pricing and bookings.

Community Cupboard

Thank You to all who have donated to our *Community Cupboard*, by way of giving food and household staples, or monetary gifts to help us purchase necessary items for those in need within the St. Andrew's Centre community. Please be reminded that we **cannot accept expired food items** for health and safety reasons.

Our Main Office staff are always pleased to assist you retrieving items from the cupboard, if you have any need, with compassion and discretion. We are here to help.

Centre Library

We are continuing the suspension of accepting donated books for the library until further notice. Books left without permission will be returned to the owner.



Sole Mates Footcare Ltd.

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre. For more information or to book an appointment, contact her directly @ 587-926-0422, or e-mail sandradickerson82@gmail.com.


Special Touch Hair Salon

~ How old you are is your business... How young you look is ours!!! ~

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, foot, and beauty needs. **To book an appointment, call 780- 452-1105**, and let our staff make your day a little more beautiful.

Dr. Harkirat Sidhu

Dr. Sidhu is on-site for resident appointments in the Centre on **Monday** and **Wednesday** evenings, starting at 5:00pm. Pre-booking is required by marking your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.



CareRx Tuck Shoppe

PHARMACY CLOSED
until further notice

CALL 780-444-3257
to re-order medications

~Sorry for the Inconvenience~



Income Tax Service

The free income tax clinic will not return to the Centre this year due to COVID. However, income tax preparation and filing services are available to residents, their families and Centre staff for a fee of \$50 from Joanne David BA, CFP, FCSI.

Please contact Joanne directly by telephone @ 780-718-7117 or email info@JoanneDavid.com. Appointments can be held in the Reception Room (Fr. Irwin). Find more detailed information on notice board posters around the Centre.

ACTIVITIES



CARPET BOWLING

When: Wednesdays 10 am (please arrive by 9:45 am for equipment set up)
Where: Auditorium
No experience needed, only a sense of humour.

MOVIE NIGHTS

When: Fridays @ 7:00 pm
Where: TV Room



Check notice board for film titles.

WALKING GROUP

When: Tuesdays and Fridays @ 10:00 am
Where: Meet in the Atrium for a 20-30 minute indoor walk, then coffee at the *Garden Café*
Everyone is welcome to join. It does not matter how slow or fast you are.

SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm
Where: Games Room

CRIBBAGE

When: Mon @ 6:30 pm & Tues @ 6:00 pm
Where: Games Room



\$3.00 BINGO

When:
Where:

March 5, 12, 19 & 26
Saturdays @ 6:00 pm
Games Room

WHIST

When: Wednesdays @ 6:00 pm

Where: Games Room

BRIDGE

When: Thursdays @ 6:00 pm

Where: Games Room

CANASTA

When: Tuesdays @ 5:30 pm

Where: Games Room



CARD BINGO

When: Monday/Wednesday/Friday @ 2:00pm
Where: Games Room

CREATED BY VECTORPORTAL.COM



HAPPY HOOKERS CLUB

When: Tuesdays @ 1:00 pm
Where: North Atrium, near the Koi Pond

Many toques created and donated.

Everyone is welcome. No experience is needed.

*Gratefully accepting donations of yarn.
All kinds will be very much appreciated.
Please connect with Gail R.*

There is a variety of board games in the games room for resident use.
You can find them in the unlocked cupboards under the counter.
Bring your friends and see which games you can challenge each other with!

ACTIVITIES

Ideas about events, activities and other days/times are always welcome.
Contact Susan at 587-525-8713 or susan@stAndrew'scentre.com

NOTICES for Activities/Events that you see listed here, will now be posted in one location.
Watch for updates and more details on the white board in the Atrium between the piano and the west elevators.

MINDFUL MONDAYS

When: March 14th and March 28th Time: 1:00 pm – 2:00 pm
Where: Pink Room (TV Room)

Every second week come watch either a webinar, podcast or video followed by a group discussion. From serious to lighthearted topics. Enjoy sharing what is on your mind or be an active listener.

Details for specific dates get posted on the new notice board.

FIT FRIDAYS

When: March 4th and March 18th Time: 1:00 pm – 1:30 pm
Where: Auditorium

Join Susan every second week for fun and fitness. Stretching and gentle exercise is for everyone! Flexibility and ability are a work in progress. We only improve, in anything, when we make the effort.

TOPIC TUESDAYS

When: Every Tuesday in March Time: 2:30 pm
Where: Pink Room (TV Room)

March is for Mystery Solving. Short 5-minute mysteries of murder and mayhem to solve. Each story will be read out loud followed by a question by the author. *Who did...? What did...? It seems like the thief made a mistake, How could...?* This is a chance to put on your thinking cap and do some problem solving in a group.

CNIB PRESENTATION (Canadian National Institute of the Blind)

When: March 7th Time: 2:30 pm
Where: Auditorium

Trouble with your vision? Is reading a challenge? Want to preserve your sight?
Learn more about vision loss, services available, and specialty products designed for individuals with low vision.
Whether you are member or not, come learn more and find out what is new. Be informed; Be proactive.

CRAFT- CREATE A COASTER

When: Thursday March 10th Time: 1:00 pm - 2:30 pm
Where: Games Room

Join Deanne and Geralyn who will guide you in creating your own coaster to keep or gift. Paint designs on wood that will be sealed to protect the project. You will be able to look at examples and no experience is necessary.
Supplies provided to do 1 coaster. **Note:** Space limited. Register at main office.



SUSAN'S NEWS

We welcome Spring on March 20th and change the time forward March 12th. Many of us are looking forward to the nicer and brighter days to come. In April there will be a call out for volunteers to assist with outside watering, weeding and more.

Koi Pond:

The Koi fish seem happy and healthy. They share the pond with 3 black spotted Plecostomus and 1 silver Siamese Algae Eater. These little fish eat the algae on rocks and sides of the pond. These 'housekeepers' of the pond hide well but occasionally you will see them on the blue tile or big rocks.

Atrium:

The arborist (specialist on trees and shrubs) has been here to start the process of pruning the larger trees. As he gives trees 'haircuts' he also checks the support wires and makes changes as necessary. Emi ensures the trees are healthy and looks out for everyone's safety in the atrium.

'Project Poinsettia' is something we will try this year. For anyone wanting to help with this we will work on keeping some of the plants going all year as they are shrubs in warmer climates. Volunteers are required to help prune and care for them. Let me know if this is of interest to you.

Tower Gardens:

The tower gardens are up and running with new greenery. There is lettuce, kale and basil growing. When the produce is ready to harvest, our volunteer put the harvested greens in the Pink Room fridge. Notices will be posted.

Gardening Corner:

The Gardeners notice board is outside the laundry room facing the puzzle table. Check this regularly for gardening details, seed give away, planting days, and information sessions. Donations for gardening, or anything, can be made at the office to purchase seeds and other items. If you wish to donate something specific, please talk to me as there is a list we can work from.

Current gardeners will keep their same garden box, in the west courtyard, as last year. For anyone wanting to garden, if you have not talked to me yet, please add your name to the wait list at the front office. There are no guarantees that space will become available, but we will do our best.

Gardening here is free to residents and it is done on your own accord. We work on being able to provide the seeds for your gardens and ensure the necessary tools are available. The garden boxes are each person's responsibility. Everyone needs to ensure the weeds are pulled, watering is maintained and if you are away, make sure someone will look after it for you. For anyone wanting to plant tomatoes, you will be provided the pots, soil, and seeds. Watch for notices on dates/times.

To Save:

- Eggshells in an open container to add to your soil. They are full of calcium and help combat tomato rot. When the shells are dry you can crush them to add more to the container.
- Coffee grounds for your plants and garden.
- Bananas that go mushy. Freeze them if you are not going to bake and we can make fertilizer by blending them with eggshells.
- Egg cartons if you want to start seeds indoors before May long weekend.
- Save yogurt lids for painting/crafts and germinating seeds.

Short sessions will be held for the above ideas starting the end of March. There will also be one on making your own bug spray for outdoor and indoor plants with red onion, garlic, and cayenne pepper. This might also help keep those darn cats out of the gardens. Double win!



GARDEN CAFÉ

The *Garden Café* Restaurant is open EVERY DAY all year-round serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip.

To order dinner for delivery, please call the Café directly @ 587-525-8718 before 4:00pm.

PANCAKE BREAKFAST

SHROVE TUESDAY – MARCH 1st

\$5.00 9:00 am – 1:30 pm



SUNDAY BRUNCH

MARCH 13th 9:00 am – 1:30 pm

\$12.50 per person (pay at Café cash register)

For Residents and Families ONLY



FINANCE DEPARTMENT

...to all our residents, and their families, who routinely ensure their monthly invoices are paid upon receipt!

We endeavor to produce and distribute billings in a timely manner for monthly Garden Café charges, Hospitality Department charges and incidental fees. We always appreciate your prompt payments.

MARCH 31st is the FISCAL YEAR END for accounting purposes at St. Andrew's Centre.

It is especially important and beneficial to have all outstanding account balances cleared as soon possible after this date, so that our Financial Statements reflect the most current information.

**Please expect to see the March invoice in your mailbox early in April
and plan to REMIT payment as quickly as possible once received.**

Your cooperation is greatly appreciated.

DEBIT CARD or CREDIT CARD are the preferred methods of payment.

HOSPITALITY DEPARTMENT

Please help keep our community clean by removing snow or debris from footwear, walkers and carts on the floor mats as you enter the building. Thank You.

Common Areas – For immediate assistance please call the Main Office @ (780)452-4444 if you spill something on the floor or have other concerns about the cleanliness of our building and for everyone’s safety.

For all services, please contact **Tess @ 587-525-8714** for full details, scheduling, charges and payment options.

Housekeeping – Hourly housekeeping services are available by appointment. Fees based on time.

Laundry – Hourly laundry services are available by appointment. Fees based on time taken, and number of loads.

*Maximum of 3 loads per service. (Coins for machines @ \$4/load, detergent @ \$2/load and softener @\$1/load are extra if not provided by resident)

Household Garbage Disposal – Available by request. Fee to be determined per request.

Window Washing – Available by request. Fee depends on suite style.

Carpet Cleaning – Available by request. Fee to be determined per request.



MAINTENANCE DEPARTMENT

Please call the main office @ 780-452-4444 to request **Work Orders** for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident.

You will be advised if fees are applicable to your request before the work order is dispatched to staff.

Common Chargeable Items/Requests:

- Lightbulbs are \$4.00 each, if supplied by the Centre (no charge if you have your own)
- Batteries are \$2.00 each, if supplied by the Centre (no charge if you have your own)
- Furniture Assembly – Labour is charged @ \$30.00 per hour (in partial increments if applicable)
- Picture Hanging – Labour is charged @ \$30.00 per hour (in partial increments if applicable)
- Furniture Removal (for disposal) – Labour Fee is \$30 per hour, **PLUS the per-item disposal fee** as shown below*

DISPOSAL FEES: (payable in advance at Main Office)

The following charges apply to each item discarded by residents in the outside dumpster in the west parking lot.

*If removal is performed by Maintenance staff, these fees will be added to the work order with the labour charges and billed to the resident. Payment is due immediately.



Mattress	\$55
Box Spring	\$25
Furniture & Appliances	up to \$50 (individually assessed)

Resident Community Committee Agenda– February 16, 2022- 1:30 pm

Chair: Louise F.
Co- Chair: Wanda

1. Call the meeting to order: 1:30pm
2. Welcome and introductions.
3. Attendance: Wanda (COO), Patricia (ADMIN- minute taker), Joan B., Gerry C., Louise F. Dolores H., and Lee K.

Absent: Sharon L., Karin V., Gail R., Helen D., Pat S., Dolores S., Sr. Collins., Linda B., Linda H., and Marie M.

4. Reading/Acceptance of minutes from last meeting

1st Joan B.

2nd Gerry C.

****Please note that meeting minutes are issued in the monthly newsletter****

Changes to minutes: there were no changes made to the minutes.

5. Additions to the Agenda to add under new business, accept Agenda

1st Dolores H.

2nd Joan B.

6. Business arising from the last meeting/old business:

6.1 – Push buttons for entrance into the bathrooms in the lobby: deferred until further discussions between the Parish and Wanda as they determine the ownership of the space and cost sharing.

7. Standing Agenda Items:

7.1 – Food Service: A concern was brought up from the community regarding the portion sizes of the meals at the Garden Café. Residents have noticed that the portions of the side dishes are smaller. Wanda will bring this concern to Lonnie and will have him address the situation in the newsletter. As always, please bring these concerns to management in a timely manner so it may be addressed promptly.

7.2 – Maintenance/Housekeeping: No concerns noted.

7.3 – Social/Leisure Activities:

- A committee member expressed their appreciation to the Residents' Association for paying for half of the expenses of the Valentine's Day Sundae Monday. The committee also wanted to note the Residents' Association's new mandate surrounding association board members winning a prize. When a member who sits on the board of the Residents' Association wins a prize (i.e. 50/50 raffle), that member must split their winnings with four other residents.
- The Centre is currently trialing new programs such as coffee painting, soapstone carving, etc. Susan has been actively searching for webinars, programs, and activities. If you have any ideas or suggestions, please get in touch with Susan or bring them to the main office.
- Current COVID-19 restrictions: Restrictions will be lifted in phase 3 as per the Chief Medical Officer of Health. On March 1st, **masking will still be required for visitors and staff**. The REP (Restriction Exemption Program) has been discontinued by the Government of Alberta. This means that the vaccination QR codes will no longer be checked for visitors using the Garden Café or common areas. Please note that the general public is still restricted from entering the facility. Visitors of residents are the only ones permitted at this time.

7.4 – Security: No concerns noted.

8. New Business (suggestion box/Committee concerns/emails):

Suggestion Box:

8.1 – Resident bulletin board: A written concern regarding the resident bulletin board was submitted. It was noted that the board is sometimes obstructed by the housekeeping carts and should be replaced with the larger whiteboard that is currently in the hallway adjacent to the resident corkboard or add bulletin boards to every floor. The housekeeping department has been instructed to refrain from leaving their carts in this area as to not block access to the board. The whiteboard in the hallway will be used by Susan to post information on the programs and activities that she will be offering. We will not be adding boards to each floor as there will be no way to monitor these bulletins. To optimize the space on the resident posting board, if you are posting something in this space, please take down the posting when it is no longer relevant.

Please note that the boards beside the elevators are for information from the Main Office as well as information mandated by legislation.

8.2 – Resident personal hygiene: A written complaint was submitted in the suggestion box reporting poor personal hygiene of a resident. Complaints of this nature will be addressed if it is a recurring concern. Please bring these concerns to management in a timely manner so it may be investigated appropriately.

8.3 – Suite Safety: A note was left in the suggestion box regarding an item missing from a resident's suite. We are unable to address/resolve this concern if these types of complaints are made anonymously. Please bring all concerns of this nature to the main office as soon as possible so security camera footage can be reviewed.

8.4 – Income Tax Clinic: The free tax clinic that was here in the past will not be coming into the facility due to COVID-19. However, there is an individual who is willing to provide income tax filing services for a fee of \$40 - \$50. Information will be posted on the bulletin boards when it becomes available. Appointments will be held in the Reception (Fr. Irwin) Room. This individual has been vetted and verified by Wanda.

9. Administration Sharing:

9.1- Resident Surveys: All residents received a copy of the annual resident survey in their mailbox. The surveys are due by Monday, February 28th. We are required by accommodation standards to provide residents with a survey, at minimum, once a year.

9.2- Annex Renovations: Expected to be completed mid-March. The new vinyl plank flooring will match the floor that is in the Pink Room.

There are still 103 suites remaining in the Centre that need to be renovated. Internal move requests from residents who are currently in unrenovated suites will be prioritized.


9.3- REP program: As previously mentioned, the Restricted Exemption Program (REP) has been discontinued as the app being used to verify the QR codes will be phased out by the Government of Alberta.

9.4- Centre Programming: The Chief Medical Officer of Health does not recommend large gatherings at this time. We will watch the community for signs of illness, etc. and then a meeting with the Residents' Association will be scheduled to discuss the return of activities.

9.5- Community Council Member List: A list of the regular Resident Community Council (RCC) members will be created at the next meeting for residents at the Centre to be aware of participants.

Meeting Adjourned at 2:28pm. **Next meeting Wednesday, March 16, 2022 at 1:30pm in the Fr. Irwin Room.**

Game Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 27	28	March 1	2	3	4	5
<p>Keep Fit 10-11am Auditorium</p> <p>Mindful Monday 1-2pm Pink Room (TV Room)</p> <p>QUARTERLY BIRTHDAY PARTY Auditorium 2-4pm</p> <p>Shuffleboard 2pm</p> <p>Card Bingo 2pm</p> <p>Cribbage 6:30pm</p>	<p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>PANCAKE BREAKFAST Garden Café 9am – 1:30pm</p> <p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>Carpet Bowling 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>Farmer's Market 10am - 12 noon ATRIUM</p> <p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>Walking Group 10am Atrium</p> <p>Fit Fridays 1-2pm Auditorium</p> <p>Card Bingo 2pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>Bingo 6pm</p>
6	7	8	9	10	11	12
<p>Keep Fit 10-11am Auditorium</p> <p>GENERATOR TESTING starting @ 2pm</p> <p>Shuffleboard 2pm</p> <p>Card Bingo 2pm</p> <p>Cribbage 6:30pm</p>	<p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>Carpet Bowling 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>Walking Group 10am Atrium</p> <p>Card Bingo 2pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>Bingo 6pm</p>
13	14	15	16	17	18	19
<p></p> <p>Sunday Brunch 9:00am - 1:30pm Garden Café</p> <p>Residents & Family Only</p> <p>Keep Fit 10-11am Auditorium</p> <p>Mindful Monday 1-2pm Pink Room (TV Room)</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>Walking Group 10am Atrium</p> <p>Happy Hookers Club 1pm Koi Pond</p> <p>Topic Tuesday 2:30pm Pink Room (TV Room)</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>Carpet Bowling 10am Auditorium</p> <p>RCC Meeting 1:30pm @ Fr. Irwin Room</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>Farmer's Market 10am - 12 noon ATRIUM</p> <p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>Walking Group 10am Atrium</p> <p>Fit Fridays 1-1:30pm Auditorium</p> <p>Card Bingo 2pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>Bingo 6pm</p>

**St. Patrick's Day
Celebration** 

Game Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 20	21	22	23	24	25	26
	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Carpet Bowling 10am Auditorium	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Bingo 6pm
	Card Bingo 2pm	Happy Hookers Club 1pm Koi Pond	RESIDENT FORUM 1:00pm Auditorium	Shuffleboard 2pm	Card Bingo 2pm	
	Shuffleboard 2pm	Topic Tuesday 2:30pm Pink Room (TV Room)	Card Bingo 2pm	Bridge 6pm	MOVIE NIGHT 7pm TV Room	
	Cribbage 6:30pm	Canasta 5:30pm	Whist 6pm			
		Cribbage 6pm				
27	28	29	30	31	April 1	2
	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	Shop Easy Fashions 9:30am Games Room	Farmer's Market 10am - 12 noon ATRIUM		Bingo 6pm
	Mindful Monday 1-2pm Pink Room (TV Room)	Happy Hookers Club 1pm Koi Pond	Carpet Bowling 10am Auditorium	Keep Fit 10-11am Auditorium	Walking Group 10am Atrium	
	Card Bingo 2pm	Topic Tuesday 2:30pm Pink Room (TV Room)	Card Bingo 2pm	Shuffleboard 2pm	Fit Fridays 1-1:30pm Auditorium	
	Shuffleboard 2pm	Canasta 5:30pm	Whist 6pm	Bridge 6pm	Card Bingo 2pm	
	Cribbage 6:30pm	Cribbage 6pm			MOVIE NIGHT 7pm TV Room	

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.