



May 2022

From the Office of the Chief Operating Officer

I recognize that over the last few months, perhaps better said...years, we had much on our collective plates. The pace and direction of many people's lives have changed without warning causing disruption, refocus and redirection in their journeys. As one navigates through these personal events, I am grateful for the love and support of our facility and those who reside within. Our united community continues to rise and face challenges, support each other with love, hope, and understanding, as we demonstrate continuous resiliency in the face of transformation which honors our Centre and our mission, vision and values.

I want to encourage all residents to take part in our free mental health workshop presented by Momentum Counselling on Tuesday, May 3, 2022, from 1- 4pm in our auditorium. This workshop is designed to help one explore the impact of stress, grief and loss while offering coping strategies to better understand and endure. I truly believe that this workshop will offer another means to assist our residents under the guidance of our organizational mission to ensure access to services that enhance and maintain a person's highest level of wellness. As a staff group, we will attend our own similar session to encourage self-restoration, strengthen/grow as a team and encourage a love of lifelong learning.

In the face of ongoing challenge and change we see opportunity for new foundations. We have the opportunity to plan and developed areas of our facility to enhance our Centre environmentally, physically, and socially. I continue to be appreciative of the ideas brought forth by residents, loved ones, and staff to enrich our Centre in all ways. Collaboration will be the key to our success bringing years of enjoyment to all who work and reside in our home. Our approach continues to celebrate the unique personality and lifestyles with a level of support residents desire that values and respects one's individuality, dignity, and independence.

May is a time for honoring the beautiful woman residing and working here at St. Andrew's Centre. On Sunday May 8, 2022, Mother's Day brings the occasion to express love, gratitude, and respect for Mothers and for those who happily embraced not being a mom in the traditional sense but are still maternal in their depth and caring for those around them. Women with or without children are a blessing as mentors, role models, confidantes, neighbors, and friends continuously making a positive difference in our lives. I am deeply appreciative of the diversity of motherhood and honor all woman who have contributed to building positive relationships.

So, to all the mothers, sisters, best friends, old friends, godmothers, relatives, teachers, caregivers...I could go on and on...I say "THANK YOU". I believe it takes a village to support, care and empower the people in our lives so on Mother's Day I celebrate all of you and those who are no longer with us.

HAPPY MOTHER'S DAY

Warm Regards,

Wanda

IMPORTANT NOTICES



MAIN OFFICE

CLOSED Monday, May 23rd (Victoria Day Holiday)

Security Staff are on duty to assist with EMERGENCIES. **Contact Security @ 780-452-4444**



GENERATOR TESTING

Monday, May 9th starting at 2:00pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.



WEST PARKADE ACCESS

The City of Edmonton is continuing the reconstruction of the roadway adjacent to our west parkade ramp (traffic circle). The workers will block access to only one side of the ramp one-at-a-time, ensuring residents can get in and out of the underground parkade using the other side of the ramp. If preferred, residents may park outdoors in the west parking lot, near the cell tower. They approximate to be finished by the second week of May.



COMPUTERS IN TV ROOM

Please be aware that the computers in the TV room are accessible to all residents for intermittent use. We recommend that you do not input any personal or confidential information which may be left open or available for others to view, during or after using the computers. Security of your private data cannot be guaranteed.



CENTRE NOTICES

Please do not deface or remove paper notices and/or posters from around the Centre. Staff will post and return to remove them as needed. It is particularly important that signs, such as "Out of Service" remain in place, particularly on laundry machines and other equipment. Thank you for your cooperation.



DOOR DECORATIONS

Residents are welcome to decorate their suite doors so long as it does not damage the door. It is also important that the suite number is NOT covered or hidden, as this is crucial in case of an emergency.

ANNOUNCEMENTS

Please welcome the newest addition to our team! **Jocelyn** has been hired as a temporary Human Resources Co-Op Student from NorQuest College. She will be with us from May 2 – to July 29, 2022.

Our part-time dishwasher & kitchen helper, **Tobi**, has resigned to pursue a new career path.

We have enjoyed having him in our Garden Café kitchen and we wish him the best of luck in all his future endeavors!

4th COVID VACCINATION CLINIC

Friday, May 20th

9:00 am – 4:00 pm

IN THE AUDITORIUM

by PRE-BOOKED APPOINTMENT ONLY

Appointment Bookings

Thursday, May 5th 9:00 am – 11:00 am

IN THE ATRIUM

BRING YOUR ALBERTA HEALTH CARE CARD to SIGN UP

ELIGIBILITY:

- Must be a current resident of St. Andrew's Centre.
- Must be at least 5 months since your most recent COVID vaccination (for reference: since Dec 20, 2021).
- May receive the vaccination regardless of the number of COVID vaccinations received previously.
- Only those with legal guardians must have a completed consent form. This is not required for those who are their own decision makers.

For your vaccination appointment:

- **Arrive only DURING your appointment time period.**
- **Bring your Alberta Health Care Card.**
- **Bring a list of your medications.**
- **Wear comfortable clothing with short sleeves.**

- Will receive an after-care information sheet from the AHS staff to take home.

For those who have TESTED POSITIVE for COVID-19:

- **Current recommendation by AHS is to wait 3 months before receiving a COVID vaccination.**
- If a legal guardian consents to the vaccine being administered earlier than 3 months from testing positive, they need to add an additional note on the consent form stating, "aware of the 3-month recommendation and to proceed with early immunization". Or, "aware of the 3-month recommendation and to delay until 90 days after date of disease" if they prefer to delay.

CURRENT CONDITIONS

COVID-19 PANDEMIC
Congregate Living Centers

St. Andrew's Centre continues to operate in accordance with health measures prescribed by the Chief Medical Officer of Health (CMOH), for Alberta.

★ Please note that the March 1st lifting of indoor masking requirements for the public **DOES NOT APPLY TO OUR CENTRE.** All visitors, staff, service workers, etc. will still be required to wear a medical mask provided to them at our Health Assessment Desk.

RESIDENT POLICIES

- ✓ **If you are feeling unwell, please STAY IN YOUR SUITE and telephone the Main Office @ 780-452-4444 so that we may provide you with the necessary information and instructions to ensure our community stays as safe as possible.**
- ✓ **Please be reminded that you must stay in your suite until all symptoms are resolved.** The Garden Café can arrange meal deliveries, if needed. The Hospitality Department can assist with garbage disposal, if needed. Additionally, residents must wear a mask continuously outside of their personal suites for a period of 5 days following their isolation period.
- ✓ **Residents who are absent for more than 24 hours,** regardless of their immunization status, are required to actively screen daily for symptoms of COVID-19 and wear a surgical/procedure mask when outside of their room, except when eating or drinking, **for 14 days post-return.** Resident screening checklists and appropriate masks are available from the Main Office and the health assessment desk in our front lobby.

RESIDENTS are encouraged to wear masks in the common areas of the Centre and continue good hand hygiene.

VISITOR POLICIES

- ✓ ALL visitors to the Centre must enter the building through the Main Door to be screened at the Health Assessment Desk (Front Lobby) and to sign in.
- ✓ ALL visiting persons must wear a surgical/procedure mask while in our facility, even in RESIDENT SUITES, unless a resident has communication challenges where a mask would inhibit interacting. In which case, the resident and visiting persons should maintain a distance of two (2) meters from each other.
- ✓ Anyone who is a close contact of someone who has tested positive for COVID, will **not be allowed entry into our facility** (within 14 days of last exposure) regardless of vaccination status. This is a directive that was made by the CMOH in mid-December.
- ✓ Guests of residents are now permitted to visit and eat in The Garden Café and common areas of the Center without providing proof of vaccination. Staff will no longer be scanning "QR" codes.

★ We are **OPEN to the public at this time (following the above protocol)** for general meal service at the Garden Café (parishioners, etc.) and for booked funeral receptions, etc. (for residents/families).

CENTRE EVENTS



FARMER'S MARKET

When: Bi-Weekly on Thursdays **May 12th & 26th**
Time: 9:30 am – 1:30 pm
Where: ATRIUM

EDMONTON POLICE SERVICE PRESENTATION

When: Tuesday, May 10th **Time:** 2:00pm **Where:** Auditorium **"Fraud Prevention & Scams"**

Everyone is welcome to join Constable Amanda Trenchard and the Edmonton Police Service Community Engagement Team for an informative presentation on Fraud Prevention & Scams.

RESIDENTS' ASSOCIATION

Find the Residents' Association Annual Calendar of Events on the easel mid-atrium near the mailboxes, and Activities list near parcel locker across from the mailboxes.

- **Residents' Association General Meeting is scheduled for Tuesday, May 17th, in the Auditorium.**
- **Strawberry Tea & Bake Sale will be on Saturday, May 14th from 11am to 4pm, in the Auditorium.**
- **Quarterly Birthday Celebration will be on Tuesday, May 31st @ 2:00pm, in the Auditorium. Residents with birthdays in March, April and May please add your names to the birthday list. There is a prize draw for each month.**
- **An evening of entertainment is planned for Tuesday, June 7th in the Auditorium. **Details to follows.****
- **Residents' Association ANNUAL General Meeting is scheduled for Tuesday, June 21st, in the Auditorium.**

RESIDENT COMMUNITY COMMITTEE (RCC)

The *Resident Community Committee* meeting minutes for Wednesday, April 13th are included in this publication. The next meeting is scheduled for: **Wednesday, May 18th @ 1:30pm** in the Reception Room (Fr. Irwin).

The Centre has created a bulletin board for RCC information and notices. You will find it in the atrium next to the piano.

WIDYNOWSKI'S SAUSAGE

Maya regrets she is no longer able to take orders and deliver the sausage. We thank her kindly for her efforts.

AMENITIES

Special Touch Hair Salon

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, foot, and beauty needs. **To book an appointment, call 780- 452-1105**, and let our staff make your day a little more beautiful.



~ How old you are is your business... How young you look is ours!!! ~

CareRx Tuck Shoppe



Happy Mother's Day and Happy Springtime!

Stop by the and say 'hello' and check out our new items which include: Coffee, Tea and Tuna.

We are open Mondays & Fridays 8:30am - 4:00pm. *Hope to see you soon!*

Sole Mates Footcare Ltd.

Sandra Dickerson operates a Mobile Foot Care Service for residents of the Centre.

For more information or to book an appointment, contact her directly @ 587-926-0422,

or e-mail sandradickerson82@gmail.com.



Dr. Harkirat Sidhu

Dr. Sidhu is on-site for resident appointments in the Centre **two evenings each week**, starting at 5:00pm.

Pre-booking is required. Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Community Cupboard

Donations of food and household staples, and monetary contributions are always appreciated to keep the cupboard stocked. As always, if you have any need, please do not hesitate to ask one of the Main Office staff. We are here to help.

Centre Library

We are continuing the suspension of accepting donated books for the library until further notice. Books left without permission will be returned to the owner.

Fitness Room

The new Fitness Room is now operational and has had some more brand new equipment added! Find it in the Northwest corner of the Atrium. Please be courteous and clean equipment after each use.

Residents can join Susan for Fitness Room Information Sessions for instruction on equipment use and other exercises. Dates and times can be found in the "Activities" section, and on the May calendar.

Please remember that the fitness room is for residents, staff and guest suite renters only. **All use is at your own risk.**

ACTIVITIES



CARPET BOWLING

When: Wednesdays 10 am (please arrive by 9:45 am for equipment set up)
Where: Auditorium
No experience needed, only a sense of humour.

MOVIE NIGHTS

When: Fridays @ 7:00 pm
Where: TV Room



Check notice board for film titles.

WALKING GROUP

When: Tuesdays and Thursdays @ 10:00 am
Where: Meet in the Atrium for a 20-30 minute OUTDOOR walk, then coffee at the *Garden Café*.
All levels of walkers are welcome.



SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm
Where: Games Room

CRIBBAGE

When: Mon @ 6:30 pm & Tues @ 6:00 pm
Where: Games Room



\$3.00 BINGO

When:
Where:

May 7, 14, 21 & 28
Saturdays @ 6:00 pm
Games Room

WHIST

When: Wednesdays @ 6:00 pm

Where: Games Room

BRIDGE

When: Thursdays @ 6:00 pm

Where: Games Room

CANASTA

When: Tuesdays @ 5:30 pm
Sundays @ 5:30 pm

Where: Games Room
Where: Games Room



CREATED BY VECTORPORTAL.COM

CARD BINGO

When: Monday/Wednesday/Friday @ 2:00pm
Where: Games Room

There is a variety of board games in the games room for resident use.
You can find them in the unlocked cupboards under the counter.
Bring your friends and see which games you can challenge each other with!



HAPPY HOOKERS CLUB

Thank you very much for all your work!
See you again in the Fall!

ACTIVITIES & MORE

Ideas about events, activities and other days/times are always welcome.

Contact Susan at 587-525-8713 or susan@standrewscentre.com

NOTICES for Activities are now be posted on the white board in the Atrium between the piano and the west elevators.

WELLNESS WORKSHOP by Momentum Counselling

FREE to all RESIDENTS

REGISTER AT MAIN OFFICE

When: Tuesday, May 3rd **Time:** 1:00 pm – 4:00 pm **Where:** Auditorium

Individuals who attend this workshop will explore various sources of stress and the impact of various emotional, physical cognitive, and social stressors can have on our overall well-being. Dealing with grief and loss is a significant stressor that can contribute to overall fatigue. During this workshop, individuals will explore the impact of stress and grief and loss through psychoeducation, a guided activity and group discussions. Everyone is welcome to this free mental wellness workshop.

FITNESS ROOM INFORMATION

Where: Fitness Room (Northwest Atrium)

When: Thursday, May 5 th	Time: 2:30pm – 3:30pm
Monday, May 9 th	1:00pm – 2:00pm
Thursday, May 12 th	11:00am – 12:00pm

Information sessions on using free weights, workout bench, cardio equipment, posture while exercising/walking, balancing out muscle groups, sitting vs standing, not using equipment for a workout, various health issues and approval by family doctors, and any other question or concern you have. You will also discover what the numbers on the wall by the bench are for.

There are now lighter free weights in the cupboard and the TV works so you can watch your favorite show or listen to music.

GARDENERS – SEED GIVEAWAY

This seed giveaway is now possible due to a generous donation.

When: Wednesday, May 4 th	Time: 11:00am-12:00pm
Friday, May 6 th	12:30pm-1:30pm
Where: Planting Room (between Games Room & Pink Room)	

GARDENERS – WORKSHOPS

We will go through how to make natural fertilizers and bug sprays.

When: Monday, May 16 th	Time: 1:00pm-2:00pm
Tuesday, May 17 th	10:00am-11:00am
Where: Planting Room (between Games Room & Pink Room)	

Copies of the recipes will be provided at the workshops and will be available on the gardening board in the new planting room.

TOPIC TUESDAYS

When: Tuesdays May 17th, 24th & 31st **Time:** 2:30 pm **Where:** Pink Room (TV Room)

As we move towards summer, we will keep these days lighthearted. Humor, sharing stories, trivia, and crosswords. **Everyone welcome!**

FIT FRIDAYS

When: Fridays May 13th & 27th **Time:** 1:00 pm – 1:30 pm **Where:** Auditorium

Join Susan for gentle exercise and stretching. Stand taller; be stronger. YES! You can correct posture at any age. We only improve, in anything, when we make the effort. Everyone Welcome!

WATERCOLOUR SESSION (No Experience Necessary)

Space is Limited

REGISTER AT MAIN OFFICE

When: Wednesday, May 11th **Time:** 1:00 pm – 2:30 pm **Where:** Games Room

Guided watercolor painting on small prints that can be used as cards or framed. The focus will be on trees, but you can let your creative side shine.

SUSAN'S NEWS



Contact Susan anytime @ 587-525-8713 or susan@standrewscentre.com

Koi Pond: Things are going swimmingly with the Koi fish. Soon the new floating trays will be added for more vegetation and shade.

Atrium: Thank you to everyone who donated items that we now see throughout the atrium. The hummingbirds, sunflowers, and other decorations brighten up the greenery.

Tower Gardens: Harvesting has been underway for a few weeks now. Bring a bowl with you Tuesdays from 10:00 – 10:30 while a volunteer is harvesting. Like always there will be a transition period where there will be less available but keep checking.

Gardening Corner: Due to a generous donation, seeds are available for gardeners. Thank you so much.

Seed give-away dates: Wednesday May 4th 11:00–12:00 PM and Friday May 6th 12:30–1:30 PM.

There are a few tomato plants started, as well as seeds available, for those that missed the opportunity to plant their own. If you are wanting a garden box, please reach out to me. No guarantees but we will see what can be done.

Thank you to all that attended the gardening meeting. A few things to note from the meeting:

- The soil will be amended but residents are encouraged to add nutrients to their own garden beds such as crushed eggshells, coffee grounds, and other organic mixtures to add to your soil.
- New gardeners will be shown where their garden boxes are located.
- Location of water barrels and using smaller, lighter, watering cans.
- Safety. Not having objects that can blow around or small pots around your garden.
- If away, ensure someone is looking after your garden. Pulling weeds and watering.
- Watch for notices on how to make natural fertilizers and bug sprays from banana peels, orange peels, etc. Gardening board is in the new planting room between the games room and tv room.

Outdoor courtyard: This area is for your enjoyment and will soon be decorated with flowers. Once the furniture is in place, if there is a time when the cushions are not out, look for them in the storage units. One by the couch and the other against the south wall.

Volunteers: Thank you to all the volunteers who assist with so many areas of St. Andrew's Centre. It creates a sense of community, is beyond helpful, and you are valued tremendously. The following are some of the job's volunteers help with: harvesting the produce and cleaning the tower gardens weekly, various projects (transplanting, new planting and more) to ensure the health of the amazing plants throughout the atrium, feeding koi fish daily and weekly maintenance of the pond, watering the indoor spring flowers and cleaning up on weekends, starting seedlings, planting flowers, watering and weeding outdoor flowers and perennial beds, setting up and taking down decorations, ensuring water barrels are filled for gardeners, sweeping outdoor common area, sharing of knowledge and experience.



GARDEN CAFÉ

The *Garden Café* Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip.

To order dinner for delivery, please call the Café directly @ 587-525-8718 **before** 4:00pm.

The 4-week rotating Summer Menu is in effect now through to October. Copies are available at the Café and online.

MOTHER’S DAY BRUNCH

MAY 8th 9:00 am – 1:30 pm

**\$15 Resident
\$18 Guest**

Children \$1.00 per year up to 10 years of age

**Advanced Tickets Available at the Café
Pay at Cash Register**

No Punch Cards Allowed

If your group for the Easter Brunch is 5 or more persons, please notify Food Services Staff as soon as possible.

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS: **Monday – Friday** **8:00 am – 4:30 pm** (except holidays)
 Saturday **9:00 am – 3:00 pm**

Please **call the main office @ 780-452-4444 to request Work Orders** for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident.

You will be advised if fees are applicable to your request before the work order is dispatched to staff.

AIR CONDITIONERS

With warmer weather on its way, residents may be planning on having **window air conditioners** installed.

Please be aware of the following:

- St. Andrew’s Centre does not provide air conditioners.
- Units can have a MAXIMUM output of 8,000 B.T.U.
- MAXIMUM DIMENSIONS are Height of 15 inches and Width of 20 inches
- Must be installed by Centre Maintenance staff (submit work order, no charge)
- Must be removed in the Fall by Centre Maintenance staff (submit work order, no charge)

HOSPITALITY DEPARTMENT

GUEST SUITE RENTALS

Our guest suites are open for booking by loved ones of residents.
Contact the Hospitality Department @ 587-525-8714 for availability, pricing and bookings.

Spring Cleaning Special



\$150

- ❖ **One Hour of Housekeeping**
 - ❖ **Fridge Cleaning**
 - ❖ **Stove Cleaning**
 - ❖ **Window Cleaning**
 - ❖ **Vacuumping of Fridge Coils**
- All services must be completed on the same day.
 - No substitutions of services allowed.
 - Must be booked within 60 days of purchase.

For all services, please contact **Tess @ 587-525-8714** for full details, fees and scheduling.

For immediate assistance please call the Main Office @ (780)452-4444 if you spill something on the floor in a common area, or have other concerns about the cleanliness of our building, and for everyone's safety.

FINANCE DEPARTMENT



- You can purchase **GIFT CERTIFICATES** at the Main Office for Housekeeping/Laundry Services or Meals at the *Garden Café*, in any amount desired. They are great for gift giving!
- You can subscribe to **MEAL PLANS** (2 or 3 meals per day + snacks) by pre-paying monthly.
- You can purchase **PUNCH CARDS** for use at the *Garden Café*, and enjoy savings on pricing.
 - Breakfast/Lunch (10 for \$85.00)
 - Dinner (10 for \$110.00)
 - Coffee (20 for \$25.00)
- You can request a **St. Andrew's Swipe Card** at the main office for use at the *Garden Café*, to conveniently charge your purchases and pay the monthly total on invoicing.

Monthly Invoices for Hospitality Service and/or Garden Café purchases are **due upon receipt**.

- **ACCOUNT CHANGES**, such as: parking rental; storage rental; meal packages; or changes to banking information for Pre-Authorized Payments, please inform the main office **before the 20th of the month**. This is important to ensure charges for the following month are stopped if you are cancelling a service, and to ensure all future payment amounts are correct.



Resident Community Committee

Minutes – April 20, 2022 - 1:30pm

Chair: Gail R. -- Co- Chair: Melodie

1. Call the meeting to order: 1:30 pm
2. Welcome and introductions: Everyone knows each other.
3. Attendance: Melodie (ADMIN), Susan (ADMIN- minute taker), Gail R, Dolores H, Karin V, Sharon L, Doreen B, Dolores S, Marion Y. Absent: Louise F, Dora V, Joan B, Sr. Anne C, Linda H, Helen D, Patti P, Geraldine C
4. Reading/Acceptance of minutes from last meeting- 1st Gail R, 2nd Dolores H
****Please note that meeting minutes are issued in the monthly newsletter****
Changes to minutes: None
5. Additions to the Agenda to add under new business, accept Agenda- 1st Sharon L., 2nd Karin V
Added point 8.2
6. Business arising from the last meeting/old business: None noted
7. Standing Agenda Items:
 - 7.1- Food Service: Brunch was great. However, having to pay instead of purchasing tickets in advance created a back log at the counter. Long line up to pay and no one in food lineup. Several families commented on the hold up. Look at this for next time as having both prepaid tickets and the ability to pay that day would increase efficiency. It has been a while since brunches were open to families. Was there enough help as it seemed newer staff serving were not as sure of things. It seemed like there was also issues with the payment equipment as Lonnie had to come to the counter multiple times. Was not sure if this was due to technology or human error. Melodie will bring these concerns to Lonnie to consider for future brunches/buffets.
 - 7.2- Maintenance/Housekeeping: None noted.
 - 7.3- Social/Leisure Activities:
Mental Health workshop for Residents is free for all to attend. May 3 from 1pm-4pm in the auditorium. Snacks and beverages will be provided. Please register in the main office.
Susan further explained the workshop and that supplies were needed for the activity which was why people were asked to preregister
 - 7.4- Security: None noted.
8. New Business (suggestion box/Committee concerns/emails):
Suggestion Box:
 - 8.1- Circulation of updated committee members list for review and approval. Melodie explained this was being posted so that if other residents had concerns, questions or comments and could not make it to a meeting they could talk to someone on the list. Residents can ask a person on this list to present on their behalf at the meeting.
 - 8.2- Help with online grocery orders. It was suggested that they could seek assistance from Dina at the front lobby desk and take their iPad to her.
 - 8.3- Any plans on giving residents and staff the 4th vaccine. No word yet from AHS. Notices will be posted once we receive the information.
9. Administration Sharing:
 - 9.1- Welcome Heather to the Main Office- Marilou's last day April 22, 2022
 - 9.2- HR student for the summer- Starting May 2, 2022- Jocelyn
 - 9.3- Greeters from prior to Covid are being contacted to see if they would like to do this again on weekends to help security. Security will continue to be onsite. Anyone interested in volunteering for a one-hour window can talk to the main office. There is no planned start date yet. Members in attendance were agreeable that this is a good idea.

Meeting Adjourned at 2:00 pm. **Next meeting Wednesday, May 18, 2022, at 1:30 pm in the FR Irwin Room.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May 1</p> <p>Canasta 5:30pm</p>	<p>2</p> <p>Shuffleboard 2pm</p> <p>Card Bingo 2pm</p> <p>Cribbage 6:30pm</p>	<p>3</p> <p>Walking Group 10am Atrium</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>4</p> <p>Carpet Bowling 10am Auditorium</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>RIVER CREE CASINO OUTING</p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>SEED GIVEAWAY 11:00 am – 12:00 pm</p> </div> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>5</p> <p>Walking Group 10am Atrium</p> <p>Shuffleboard 2pm</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FITNESS INFO SESSION 2:30 – 3:30 pm</p> </div> <p>Bridge 6pm</p>	<p>6</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>SEED GIVEAWAY 12:30 – 1:30 pm</p> </div> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>7</p> <p>Bingo 6pm</p>
<p>8</p> <div style="border: 1px solid black; padding: 10px; text-align: center;">  <p>Mother's Day Brunch 9:00am - 1:30pm Garden Café Residents \$15 Guests \$18 Pay at Cash Register No Punch Cards</p> </div> <p>Canasta 5:30pm</p>	<p>9</p> <p>Shuffleboard 2pm</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>GENERATOR TESTING starting @ 2pm</p> </div> <p>Card Bingo 2pm</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FITNESS INFO SESSION 1:00 - 2:00 pm</p> </div> <p>Cribbage 6:30pm</p>	<p>10</p> <p>Walking Group 10am Atrium</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FRAUD PREVENTION 2pm AUDITORIUM</p> </div> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>11</p> <p>Carpet Bowling 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>12</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Farmer's Market 9:30am – 1:30pm ATRIUM</p> </div> <p>Walking Group 10am Atrium</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>FITNESS INFO SESSION 11:00 am - 12:00 pm</p> </div> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>13</p> <p>Fit Fridays 1-2pm Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>14</p> <div style="border: 1px solid black; padding: 10px; text-align: center;">  <p>Strawberry Tea & Bake Sale 11 am – 4 pm Auditorium Resident Association</p> </div> <p>Bingo 6pm</p>
<p>15</p> <p>Canasta 5:30pm</p>	<p>16</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>GARDEN WORKSHOP 1:00 – 2:00 pm</p> </div> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>17</p> <p>Walking Group 10am</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>GARDEN WORKSHOP 10:00 am – 11:00 am</p> </div> <p>Topic Tuesday 2:30pm</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Residents' Assn. GENERAL MEETING Auditorium @ 7pm</p> </div>	<p>18</p> <p>Carpet Bowling 10am Auditorium</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>RCC Meeting 1:30pm @ Fr. Irwin Room</p> </div> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>19</p> <p>Walking Group 10am Atrium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>20</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>21</p> <p>Bingo 6pm</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 22 Canasta 5:30pm	23 <div style="border: 1px solid black; padding: 5px; text-align: center;"> MAIN OFFICE CLOSED Victoria Day </div> Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	24 Walking Group 10am Atrium Topic Tuesday 2:30pm Pink Room (TV Room) Canasta 5:30pm Cribbage 6pm	25 Carpet Bowling 10am Auditorium Card Bingo 2pm Whist 6pm	26 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Farmer's Market 9:30am – 1:30pm ATRIUM </div> Walking Group 10am Atrium Shuffleboard 2pm Bridge 6pm	27 Fit Fridays 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	28 Bingo 6pm
29 Canasta 5:30pm	30 Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	31 Walking Group 10am Atrium Topic Tuesday 2:30pm Pink Room (TV Room) Canasta 5:30pm Cribbage 6pm	June 1 Carpet Bowling 10am Auditorium Card Bingo 2pm Whist 6pm	2 Walking Group 10am Atrium Shuffleboard 2pm Bridge 6pm	3 Card Bingo 2pm MOVIE NIGHT 7pm TV Room	4 Bingo 6pm

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.