



"Tis the Season to Be Merry" and to our delight this December is set to look and feel much different than the last 2 years in our Centre. All our "elves" having been busy planning for the upcoming events which you can view on our activity calendar within this newsletter. We work hard to plan things in advance but as you know events can change as opportunities present themselves so watch the notice boards on the main floor next to the elevators for updates, additions, or any changes that may occur.

I think many of us would agree these are both good and hard times.

With the pinch of inflation, the raising rate of illness, and other things happening around us, most beyond our control, it can feel more like a stranglehold at times. For far too many, whether citizen, visitor, or staff in our community, the holiday season can become overwhelming. Together as a community, we can make a powerful difference in a person's life particularly within our Centre. Through thoughtful intention with empathy and compassion we can embrace people where they are in their lives and ensure they feel seen, heard, and included.

I hope that this is a gift we will all give and receive during this holiday season in the gracious spirit of Christmas.

I know firsthand that feeling overwhelmed has a way of hiding in plain sight. A good intention draws power from kindness, positive energy, and thoughtful action. This focus channeled at the right moment can generate a pivotal change in someone's day to produce a favorable outcome for both the giver and a receiver.

While each one of us joins in the festivities of the month ahead I encourage everyone to take a minute to look around themselves- is there a person sitting alone or someone you may not have seen before? If so, I encourage you to introduce yourself or extend an invitation to sit beside you. You may never know the exact difference you have made in that individual's day, but you can know the gift extended will be warmly felt and remembered after the holiday season has passed.

As an organization we do have other resources available to help our citizens experiencing challenges in other areas. If you require assistance, please do not hesitate to call the main office and inquire.

Together, we can be that difference.

On behalf of all the Staff at the Centre I wish you all a Merry Christmas!

Warmly,

Wanda

IMPORTANT NOTICES



MAIN OFFICE

CLOSED

Monday, December 26, 2022 – Boxing Day

CLOSED

Monday, January 2, 2023 – in lieu of New Year's Day (Jan 1)

Security Staff are on duty to assist with EMERGENCIES. **Contact Security @ 780-452-4444**



GENERATOR TESTING

Wednesday, December 7th starting at 2:00pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.



RECYCLING BINS

Please be reminded that recycling bins around the Centre are for PAPER and BEVERAGE CANS/BOTTLES only. For the safety of staff and residents, please DO NOT put garbage or other cans/containers in these receptacles.



COLD WEATHER

A friendly reminder not to leave windows or patio doors open during winter weather and cold temperatures. Pipes are prone to freezing and bursting in these conditions, which may cause flooding in suites and other areas. You will be responsible for the cost of repairs, cleaning, and damages if flooding occurs. Please call the Main Office @ 780-452-4444 and request a Work Order if you feel your suite thermostat is not adjusting properly to keep the suite temperature comfortable for you.



STRICT NO LIFTING POLICY

St. Andrew's Centre is an independent living facility. This policy is intended to protect the resident from further possible injury, and to protect staff from possible injury, and from potential liability for injury to the resident. In the case that a resident has fallen in their suite or anywhere in the Centre, staff may NOT help a resident to get up, but 9-1-1 will be called. It is important for residents to receive immediate and proper care from medically trained professionals in any type of medical situation.

IF YOU ARE EVER IN NEED OF MEDICAL ASSISTANCE OF ANY KIND → CALL 9-1-1 ←

RESIDENT FORUM

A Resident Forum will be scheduled early in January. Details will be announced.

This is a time for residents to hear updates on Centre actions, future planning as well as any special Centre announcements.

PLEASE NOTE * Saturday, December 10th**

Due to the Resident & Family Christmas Dinner Event there will be limited access to the Atrium, Auditorium, Sunroom, TV room and Garden Café.

If you plan to pick up dinner at the Café that day, you must do so before 3:30pm.
Orders for delivery must be placed before 3:00pm and will be delivered earlier than usual.

AMENITIES



FARMERS' MARKET

When: Bi-Weekly on Thursdays
Time: 9:30 am – 1:30 pm
Where: ATRIUM

Dec 8th & 22nd

Community Cupboard

Donations of food and household staples, and monetary contributions are always appreciated to keep the cupboard stocked. Please DO NOT give EXPIRED food products. As always, if you have any need, please do not hesitate to ask one of the Main Office staff. We are pleased to help.

Special Touch Hair Salon

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, foot, and beauty needs. **To book an appointment, call 780- 452-1105**, and let our staff make your day a little more beautiful. **Open Tuesday through Friday.**



~ How old you are is your business... How young you look is ours!!! ~



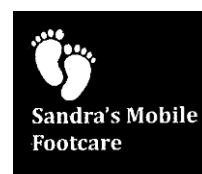
December is upon us and let's see if the weather can stay mild straight through to January. 😊
It is so nice to get out and enjoy some fresh air with the warmer temperatures. At *CareRx* we hope you have a wonderful holiday season and are able to enjoy some time with your family, friends and loved ones.

Please take note the phone number for the Tuck Shoppe is Audrey's work Cell # 780-217-6940.

You can reach her Monday - Friday 8:30-4:00pm. *The Tuck Shoppe* will be closed for Monday Dec 26th and Monday Jan 2nd. Please stay healthy and safe and stop by the Tuck Shoppe over the holidays to say 'Hi'.
Happy Holidays!

Sole Mates Footcare Ltd.

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.
For more information or to book an appointment
contact her directly @ 587-926-0422, or e-mail sandradickerson82@gmail.com.



CENTRE EVENTS & ACTIVIES



CHRISTMAS ART & CRAFT RESIDENT VENDOR SALE

In the ATRIUM

Thursday Dec 1st 10:30 am – 4:30 pm
Friday Dec 2nd 10:30 am – 3:30 pm

One stop Christmas shopping by our resident vendors. Purchase your gifts here at this 2-day event.

Browsing through a variety of hand-crafted merchandise plus convenience makes this sale something to look forward to.

Fit Fridays When: Fridays, December 2nd and 16th Time: 1:00-1:30 pm Where: Auditorium

Gentle exercise for all abilities plus general discussions around increasing bone mass, posture, and balance.

Whatever your ability today, you can improve. Everyone welcome!

Newsletter Reading When: Thursday, December 1st and Tuesday, January 3rd

Time: 11:30 AM – 12:00 PM Where: Pink Room (TV room)

For anyone that can no longer see the pages of a book or are tired of reading alone, the newsletter will be read out loud each month. Come join as there will be questions and discussion about events, activities, and more. A time to come together and hear what is happening in your community each month.

Tell your friends and neighbors.

Off to the Races Horse Races When: Tuesday, December 6th and December 27th

Time: 2:15 PM start time Where: Games Room

Pony Up. Come have fun cheering your horse, albeit plastic, on.

The horses race on a felt track setup on tables. Come watch, cheer, or bring quarters to play.

ACTIVITIES

CARPET BOWLING

When: Wednesdays @ 9:45am Where: Auditorium

Sense of humour needed and no other skills.



FRIDAY MOVIE NIGHTS

TV Room @ 7pm
Check notice board for weekly title.

WALKING GROUP

When: Tuesdays and Fridays @ 10:00 am
Where: Meet in the Atrium for a 20-30 minute **INDOOR** or **OUTDOOR** walk, and then coffee-time at the *Garden Café*.
Short distance, or long – you pick. All levels of walkers are welcome.



HAPPY HOOKERS CLUB

When: Tuesdays @ 1:00 pm
Where: North Atrium, near the Koi Pond



Toques made are donated to the Boyle Street Community Services Centre!

\$3.00 BINGO

When: Saturdays @ 6:00 pm
Where: Games Room



CREATED BY VECTORPORTAL.COM

WHIST

When: Wednesdays @ 6:00 pm

Where: Games Room

BRIDGE

When: Thursdays @ 6:00 pm

Where: Games Room

CANASTA

When: Tues, Fri, Sun @ 5:30 pm

Where: Games Room

CARD BINGO

When: Monday/Wednesday/Friday @ 2:00pm
Where: Games Room

SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm
Where: Games Room

CRIBBAGE

When: Mon @ 6:30 pm & Tues @ 6:00 pm
Where: Games Room

RESIDENTS' ASSOCIATION (R.A.)

- Entertainment Evening with Raffle Draw - **Tuesday, December 6th**
- New Years' Eve Party – **Saturday, December 31st, 7pm – 9pm**

RESIDENT COMMUNITY COMMITTEE (R.C.C.)

- ❖ Minutes from the November *Resident Community Committee* meeting are included with this publication.
- ❖ The next meeting is scheduled for: **Wednesday, December 21 @ 1:30pm** in the **Reception Room** (Fr. Irwin).
- ❖ The Centre has a bulletin board in the atrium next to the piano for RCC information and notices



SUSAN'S NEWS

Contact Susan at 587-525-8713 or susan@standrewscentre.com

Happy Holidays everyone!

Atrium

Plants in the south atrium are adjusting to last month's aeration and addition of amended soil. There is now more variety amongst the topicals, and some areas are a work in progress.

An adopt-a-plant project will be started in December as some plants require extra care over long weekends and holidays. Thank you, Linda, for this idea.

A reminder that some plants require a 'drying out' in between watering. This is different than a plant drooping or in need of care. Overwatering can lead to root rot that might not be noticed for months. Monitoring the plants and pests is done constantly to keep a healthy environment.

Koi Pond

Thanks to the advice and assistance from Aquarium Illusions, the koi pond is being worked on to balance the water levels plus clean up the algae. To not shock the fish, this process takes time.

As a note, to keep the koi fish healthy, hands and items are not to be put in the water.

Other

Reading of the monthly newsletters will start this month. These 'out loud' readings will be a way to inform those with vision challenges as well as bring about conversation on things in the newsletter.

The first one is Thursday December 1st at 11:30 AM. See the Centre Activities page.

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS:	Monday – Friday	8:00 am – 4:30 pm (except holidays)
	Saturday	9:00 am – 3:00 pm

Please call the main office @ 780-452-4444 to request Work Orders for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident.

You will be advised if fees are applicable to your request before the work order is dispatched to staff.

Please keep your window and patio doors closed during very cold times, to prevent baseboard heating pipes from freezing and bursting and possibly flooding your suite, neighbouring suites, and surrounding areas.

SUITE THERMOSTATS

Residents may want to turn up the heat in their suites in the colder weather.

If you are comfortable with changing the temperature setting on your thermostat yourself, please go ahead and increase it. If you would prefer to have a Maintenance staff member perform this task, please call the Main Office to request a (no charge) work order. This also applies in any case where you feel your suite heating is not working properly.



GARDEN CAFÉ

The *Garden Café* Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip.

To order dinner for delivery, please call the Café directly @ 587-525-8718 before 4:00pm.

The Fall & Winter 4-week rotating Menu is in effect. Menu copies are available at the Café and online.

PLEASE NOTE

Dinner service hours will be from 4:00 – 6:00 pm
on Christmas Day (Dec 25th) and New Year's Day (Jan 1st)

The *Garden Café* accepts payment by Cash, Debit Card, Punch Card, St. Andrew's Swipe Card or Gift Cards.

FINANCE DEPARTMENT

DEBIT CARD SECURITY



Debit cards are accepted for purchases at the Garden Café, and at the Main Office for account payments and purchases of laundry coins, gift cards, and meal or coffee punch cards.

For your security, when using your debit card please avoid asking the Centre staff, or others, to enter your PIN (Personal Identification Number) on your behalf.

PINs are designed to be CONFIDENTIAL and only known by the cardholder.

If your PIN is revealed and your card is later stolen, the likelihood of fraudulent transactions being processed on your account could be significant and difficult to prove.

If entering your PIN is difficult for any reason, we encourage using the "Tap" feature on your debit card instead of inserting your card. Our terminals are designed to accept both methods.

According to numerous experts – “Contactless cards are among the safest forms of payment. Tap-and-go is equally as secure as inserting a chip card and entering a PIN because both payment methods send a unique one-time code to the terminal to protect a customer's personal information.”

If you don't have the “Tap” feature on your debit card, you can add it by contacting your bank directly. Normally they allow you to choose a dollar-value limit for “Tap” transactions that suits your comfort level and spending habits.

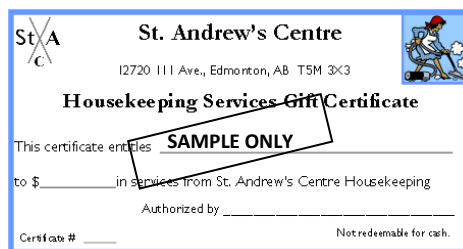
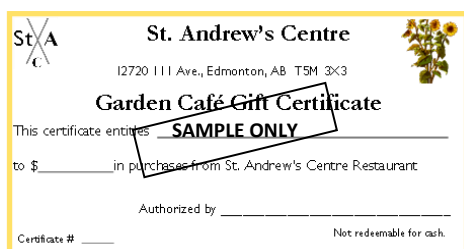
If you are concerned about potential fraudulent use of your debit card with the tap feature if you were to lose it, be assured that in general banks have comprehensive policies and necessary expertise to handle lost or stolen debit cards. They will help to block access to your account, cancel unauthorized transactions and re-issue a new card as soon as you report any issues to them. Please enquire with your own bank about their specific policies and protections.

St. Andrew's GIFT CERTIFICATES MAKE GREAT CHRISTMAS GIFTS!!

Purchase them in any denomination at the Main Office.

Garden Café Gift Certificates can be used for Food Services, Meals, or Groceries.

Hospitality Gift Certificates are for Housekeeping, Laundry, or Special Cleaning services.



NOTE: Gift Cards are not redeemable for cash and cannot be replaced if lost.

TO REDEEM A GIFT CERTIFICATE:

- ✓ Present Garden Café Gift Certificates to the Café Cashier before ordering.
- ✓ A “Meal Sheet” will be created to track the purchase(s) made, and the unused balance (if any) until the full amount is used up.

--- OR ---

- ✓ Present Hospitality Services Gift Certificates to the Hospitality Attendant at the time service is provided.
- ✓ The amount of the Gift Certificate will be applied to the invoice for services rendered.
- ✓ If the entire Gift Certificate balance is not used, a credit on account will be held by the Finance Office for future services.

HOSPITALITY DEPARTMENT



HOSPITALITY DEPARTMENT

GIFT CERTIFICATES ARE NOW AVAILABLE IN THE MAIN OFFICE. CELEBRATE THIS HOLIDAY SEASON WITH YOUR LOVED ONES.
FOR DETAILS PLEASE CALL (587)525-8714

Our Hospitality Department also offers a variety of services, by appointment, including:

Hourly Housekeeping

Laundry

Garbage Disposal

Window Washing

Carpet Cleaning

Kitchen Appliance Cleaning

**For the convenience of our Residents' families and loved ones,
St. Andrew's Centre is pleased to provide Guest Accommodations.**

There are 5 fully-furnished suites, each with all necessary items for a comfortable and convenient stay. 1

Our well-appointed Guest Suites each include; linens, dishes, pots, pans and small appliances.

Due to the busy holiday season, in December all Guest Suite bookings are Non-Refundable.

For full details and booking of all services, please call **587-525-8714**.

Resident Community Committee

Agenda– November 16th, 2022- 1:30pm

Chair: Gerry C Co- Chair: Wanda

1. Call the meeting to order: 1:32 pm

2. Welcome and introductions.

The committee did a roundtable introduction to welcome new attendee, Ginger S.

3. Attendance: Wanda (COO), Patricia (ADMIN- minute taker), Doreen B., Joan B., Gerry C., Lauri G., Linda H., Sharon L., Patrick M., Ellie M., Gail R., Ginger S., and Karin V.,

Absent: Sr. Anne, Helen D., Louise F., Dolores H., Patti P., Dolores S. and Dora V.

4. Reading/Acceptance of minutes from last meeting

1st Linda H.

2nd Karin V.

****Please note that meeting minutes are issued in the monthly newsletter****

Changes to minutes: there were no changes made to the minutes.

5. Additions to the Agenda to add under new business, accept Agenda

1st Doreen B.

2nd Joan B.

6. Business arising from the last meeting/old business:

Locked Pink Room stairwell door – since all residents have access to this entryway via their perimeter key, the stairwell door in the back of the Pink Room will remain locked.

7. Standing Agenda Items:

7.1- Food Service:

- The Surf & Turf dinner will be rescheduled at an undetermined date. Please return your tickets to the Main Office for a refund.
- There is a current lettuce shortage resulting in high prices. You can expect lettuce alternatives in the Garden Café menu as the situation continues.
- A question was asked regarding large parties attending dinner at the Café. Please inform the Food Service staff in advance if you are expecting a larger party of 6 people or more.
- A suggestion was made to avoid having Sunday Brunches on the same day as turkey supper as both meals are quite large. This suggestion will be passed on to Lonnie.

7.2- Maintenance/Housekeeping: Tess is away until mid- December please leave a message for appointment bookings/changes, etc. and Tracey will return your call.

- Due to the busy holiday season, all guest suites booked in December are non-refundable.

7.3- Social/Leisure Activities: Annual Friends and Family Christmas Buffet. Ticket sales are over 2/3's sold out.

- 410 out of 500 tickets to the Christmas Buffet have been sold. Please reserve your seats at the Main Office. We will be providing tablecloths on all tables. Residents may decorate their tables however they want. Please wait until the set-up has been completed at 4pm on Friday, December 9th.
- Westglen School Visit – we are in regular contact with Westglen School. We will not allow any students to attend who are showing symptoms of illness. We will be providing masks and recommending that they be worn.

7.4- Security: Welcome back Ben who will be assisting us to cover security shifts when necessary.

- A recent situation occurred involving two men going door-to-door selling window washing services. A reminder that there is a no solicitation rule at the Centre. Please phone security or the Main Office immediately if you encounter solicitors in the community.

8. New Business (suggestion box/Committee concerns):

Suggestion Box:

8.1- Entering/Exiting out of parkades – a complaint was made about vehicles exiting the East Parkade who move to the righthand lane to turn onto 111 Avenue. It is their opinion that these vehicles should remain in the lefthand lane to coincide with the entrance/exit of the East Parkade. The Centre's parkades do not follow the standard rules of the road (i.e. driving on the right side). We cannot ask drivers to go against the rules of the road. Please be cautious when entering and exiting the parkade.

8.2- Lights on East parkade ramp – an electrician has completed an assessment. We are now waiting for a quote.

8.3- Use of birthday candles/sparklers in tower alcoves – if you are using candles, please use with caution. There is nothing in the lease that restricts the use of candles.

8.4- Motorized scooter parking – specific complaints in regards to parking scooters in the hallways have been handled individually. We are currently working on installing outlets in the basement for scooter parking rentals.

8.5- Citizen main floor patios: These areas are not shoveled in the winter. This is a tenant responsibility.

8.6- Exterior Christmas Lights – a request was made to have Christmas lights installed for the exterior of the building. We will look into the possibility of this request.

9. Administration Sharing:

9.1- Christmas Buffet tickets/tables- there are about only 80 tickets left to the buffet dinner, if you have bought tickets, please ensure to book your table or seat.

9.2- Christmas Events throughout December- there will be events throughout December (ugly sweater day, door decorating, etc).

Meeting Adjourned at 2:14 pm. **Next meeting Wednesday, December 21, 2022 at 1:30pm in the FR Irwin Room.**



Christmas Events

**MONDAY NOVEMBER 28 (7:30PM)
PIPES & DRUMS OF THE EDMONTON POLICE**

**WEDNESDAY NOVEMBER 30
FEAST DAY OF ST. ANDREW'S
FREE PANCAKE BREAKFAST (9AM - 10:30AM)
(CASH DONATIONS ACCEPTED FOR A LOCAL CHARITY)**

**THURSDAY - FRIDAY DECEMBER 1-2
RESIDENTS' ART & CRAFT SALE**

**MONDAY DECEMBER 5
DIY CHRISTMAS ORNAMENT CRAFTING**

**TUESDAY DECEMBER 6
RESIDENTS' ASSOCIATION ENTERTAINMENT**

**SATURDAY DECEMBER 10 (4PM - 6PM)
FRIENDS & FAMILY CHRISTMAS BUFFET**

**50 / 50
DRAW**

**TUESDAY DECEMBER 13
CHRISTMAS BAKE OFF**


**WEDNESDAY DECEMBER 14 (2PM)
CENTRAL LIONS SINGERS**




**FRIDAY DECEMBER 16
RESIDENTS' ASSOCIATION CITY LIGHTS BUS TOUR**

**MONDAY DECEMBER 19
CHRISTMAS PUDDING MONDAY
(INSTEAD OF SUNDAE MONDAY)**

**WEDNESDAY DECEMBER 21
DOOR DECORATING CONTEST JUDGING**

**THURSDAY DECEMBER 22
CHRISTMAS SWEATER DAY**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 27 Canasta 5:30pm Music Hour 7pm TV Room	28 Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm <div>EPS PIPES and DRUMS 7:30pm Auditorium</div>	29 Walking Group 10am Atrium Happy Hookers 1pm Koi Pond Canasta 5:30pm Cribbage 6pm	30 <div>PANCAKE BREAKFAST 9 – 10:30am Garden Café</div> Shop Easy Fashions 9:30am – 3:30pm Games Room Carpet Bowling 9:45am *TV/PINK ROOM* Card Bingo 2pm Whist 6pm	December 1 <div>CHRISTMAS SALE Arts & Crafts 10:30am – 4:30pm</div> Keep Fit 10-11am <div>Oral Reading of Newsletter Pink/TV Room 11:30am – 12noon</div> Auditorium Shuffleboard 2pm Bridge 6pm	2 <div>CHRISTMAS SALE Arts & Crafts 10:30am – 3:30pm</div> Walking Group 10am Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	3 Bingo 6pm
4 Canasta 5:30pm Music Hour 7pm TV Room	5 Keep Fit 10-11am Auditorium <div>DIY ORNAMENT CRAFTING 1pm Koi Pond</div> Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	6 Walking Group 10am Atrium Happy Hookers 1pm Koi Pond <div>"HORSE RACING" 2:15pm Start</div> Canasta 5:30pm Cribbage 6pm <div>R.A. ENTERTAINMENT & RAFFLE DRAW</div>	7 Carpet Bowling 9:45am Auditorium <div>GENERATOR TESTING starting @ 2pm</div> Card Bingo 2pm Whist 6pm	8 <div>Farmers' Market 9:30am – 1:30pm ATRIUM</div> Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	9 CHRISTMAS BANQUET EVENT SET-UP All Resident Activities are CANCELLED! <div>Thank You!</div>	10  Resident & Family Christmas Buffet Dinner 4 – 6 pm
11 Canasta 5:30pm Music Hour 7pm TV Room	12 Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	13 Walking Group 10am Atrium <div>CHRISTMAS BAKE-OFF GARDEN CAFÉ</div> Happy Hookers 1pm Koi Pond Canasta 5:30pm Cribbage 6pm	14 Carpet Bowling 9:45am Auditorium Card Bingo 2pm Whist 6pm	15 Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	16 Walking Group 10am Atrium Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room **Residents' Association** CITY LIGHTS BUS TOUR	17 Bingo 6pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
Canasta 5:30pm Music Hour 7pm TV Room	Keep Fit 10-11am Auditorium Central Lions Singers 2pm Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Atrium Happy Hookers 1pm Koi Pond Canasta 5:30pm Cribbage 6pm	Carpet Bowling 9:45am Auditorium Door Decorating Contest Judging RCC Meeting 1:30pm Reception Room Card Bingo 2pm Whist 6pm	Farmers' Market 9:30am – 1:30pm ATRIUM Keep Fit 10-11am Christmas Sweater Day Auditorium Shuffleboard 2pm Bridge 6pm	Walking Group 10am Atrium Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm
25	26	27	28	29	30	31
 Canasta 5:30pm Music Hour 7pm TV Room	OFFICE CLOSED Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Atrium Happy Hookers 1pm Koi Pond "HORSE RACING" 2:15pm Start Canasta 5:30pm Cribbage 6pm	Carpet Bowling 9:45am Auditorium Card Bingo 2pm Whist 6pm	Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	Walking Group 10am Atrium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm  New Year's Eve Party 7- 9 pm Auditorium
January 1	2	3	4	5	6	7
 Canasta 5:30pm Music Hour 7pm TV Room	OFFICE CLOSED Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Atrium Oral Reading of Newsletter Pink/TV Room 11:30am – 12noon Happy Hookers 1pm Koi Pond "HORSE RACING" 2:15pm Start Canasta 5:30pm Cribbage 6pm	Carpet Bowling 9:45am Auditorium Card Bingo 2pm Whist 6pm	Farmers' Market 9:30am – 1:30pm ATRIUM Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	Walking Group 10am Atrium Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm