



Have you ever wondered how many different generations are residing and working within our community? It is remarkable to learn that we have 6 different generations which span across the years of the Greatest Generation - born between 1901-1924 and Generation Z- born between 1995-2012. This is a large array of individuals from different life cycles coming together to form our unique Centre.

As with all generations there are several different trends, events, beliefs, upbringings, etc. that help to shape a person's lifestyle and it is striking how that highlights the uniqueness of our population. I believe that our community serves as a social safety net for many- filled with people who you encounter throughout the day, almost every day. We have the opportunity to care for each other, check in on how each other is doing, lean in and help each other through tough personal moments.

This care we offer to each other impacts our mental health and personal life in a positive way. It is always heartwarming to hear a citizen describe feeling supported, seen, heard, welcomed, and surrounded in acceptance by a community that takes them through times of transition, mourning, healing, recuperation, and other life events.

With 6 generations grouped together and widely different approaches to the many aspects of life, it is inevitably that conflict will also arise. Poorly managed conflict can negatively impact organizational and community commitment and engagement. Mitigating and managing conflict is not about changing immediate circumstances, rather is about challenging ourselves to shift perspective so that you and others can manage a problem or concern in a productive way.

I am extremely proud of all who attended our recent Citizen Forum. Sensitive topics brought forth were discussed in a respectful and dignified manner and all opinions, thoughts and suggestions heard. This information will greatly assist our organization to make well informed decisions on these matters reflective of the express wishes of our Citizens. If you were unable to attend the forum please be aware that the minutes are included in this month's newsletter.

February is the month we issue our annual Citizen feedback survey. We welcome all input from our citizens, their loved ones and guests as well as visitors to our Centre. As an organization we take all feedback seriously to improve our services, processes, and products. This is a good venue to have one's voice heard whether anonymously or by signing your name- the choice is yours.

Lastly on behalf of all the staff at the Centre I wish to invite all our citizens to a free "Sweetheart" Tea scheduled to take place on Friday, February 24<sup>th</sup>, 2023 at 1:30pm in the Auditorium. This will be a special event to highlight a month focused on love (Valentine's Day- February 14<sup>th</sup>, kindness (Random Act of Kindness Day- February 17<sup>th</sup>), and family (Family Day- February 20<sup>th</sup>)- to which we are so fortunate to have within the walls of St. Andrews Centre. We hope to have everyone join us for a time of fellowship and homemade strawberry shortcake, compliments of our wonderful food services team and served with a warm and welcoming smile by the rest of our fabulous team.

There are so many days to highlight this February, and we know that some of our Catholic and Christian Citizens will embrace the start of the lent period with Ash Wednesday on February 22<sup>nd</sup>, 2023- focusing on prayer and reflection. Our Garden Café will honor Shrove Tuesday on February 21<sup>st</sup>, 2023 with pancakes served all day.

May your smiles get bigger as the days grow lighter longer! Spring will soon be upon us!

Yours,

**Wanda**

# IMPORTANT NOTICES

## ★ MAIN OFFICE

**CLOSED** Monday, February 20<sup>th</sup>, 2023 for the Family Day holiday

Security Staff are on duty to assist with EMERGENCIES. **Contact Security @ 780-452-4444**

## ★ GENERATOR TESTING Tuesday, February 7<sup>th</sup> starting at 2:00pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

## ★ TENANT INSURANCE

A friendly reminder that all citizens are required to have tenant insurance as per your lease. We require \$2 million third party liability. Please provide the Main Office with a copy of your insurance every time it gets renewed so that we may update your file.

## ★ NEXT OF KIN/EMERGENCY CONTACTS

Is your Next of Kin/Emergency Contacts information up to date?  
Please stop by the Main Office to verify this information and make any changes if necessary.

## ★ BIVALENT COVID-19 BOOSTER

At (tentative) date of March 10<sup>th</sup>, 2023 has been set aside for *CareRx* to hold a vaccination clinic for St. Andrew's Centre citizens wishing to receive the Bivalent booster shot, which became available last Fall. **You must sign up in advance at the Main Office (and complete a consent form) so that sufficient supply will be available.**

NO APPOINTMENTS will be given. Instead, it will be done as a "Walk-In" clinic. Specific clinic hours will be determined later and details will be posted on noticeboards. *If you are unsure about being eligible or not, sign up and your record will be checked by clinic staff before the booster shot is given.*

### **St. Andrew's Centre Annual Citizens' Survey**

It's that time of year again! Keep your eyes out for this year's Citizen Survey.

This annual survey is a great way to share your appreciation, complaints, suggestions and/or concerns.

A copy of the survey will be placed in your mailbox when it becomes available.

The survey will also be available online @ <https://standrewscentre.com/>

**Please welcome the newest additions to our team!**

Lilly has joined our team as a full-time Hospitality Attendant.

Cliff has many years of cooking experience as a Journeyman Cook and has worked with other senior housing facilities in Edmonton. He is working with our Food Services crew.

# AMENITIES

## FARMERS' MARKET

Will return to the Centre on Thursday, February 16<sup>th</sup>  
and visit bi-weekly on Thursdays going forward.



## Family Physician



**Dr. Aditi Dobriyal**, MD, CCFP, is a Family Physician who is available to do home-visits for citizens of St. Andrew's Centre, if desired.

To book an appointment, **call Dr. Dobriyal directly @ 587-590-8894.**

She will arrange to come and see you in your suite.

*Please note that St. Andrew's Centre is not affiliated with the doctor, or medical staff.*

## Special Touch Hair Salon

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, foot, and beauty needs. **To book an appointment, call 780- 452-1105**, and let our staff make your day a little more beautiful. **Open Tuesday through Friday.**



*~ How old you are is your business... How young you look is ours!!! ~*



Happy Valentine's Day this month.

We were lucky to have such mild temperatures for January - hopefully February will be just as nice.

The Tuck Shoppe hours are Mondays from 8:30am-4:00pm and Fridays from 8:30am-4:00pm.

Samantha - our new Clinical Pharmacist will be at the Tuck Shoppe on Friday January 27<sup>th</sup> and has appointments available at 11:00am and 1:30pm. You can visit with her about any prescription questions you may have or about transferring your prescriptions over to *CareRx*. She will also be here on Friday Feb 10<sup>th</sup> and 24<sup>th</sup>. There are appointments available at 9:00am, 11:00am and 1:30pm both days. Come into the Tuck Shoppe to sign up for a free personal consultation. We look forward to seeing you- come and stop by for a visit."

## Sole Mates Footcare Ltd.

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.

For more information or to book an appointment

**contact her directly @ 587-926-0422, or e-mail sandradickerson82@gmail.com.**



## Community Cupboard



Donations of food and household staples, and monetary contributions are always appreciated to keep the cupboard stocked. **Please DO NOT give EXPIRED food products.** As always, if you have any need, please do not hesitate to ask one of the Main Office staff. We are pleased to help.

# CENTRE EVENTS & ACTIVITIES

## DENTAL and ORAL HEALTH PRESENTATION

**When:** Friday February 10<sup>th</sup> **Time:** 10:00 AM – 11:00 AM **Where:** Father Irwin Room/Reception Room

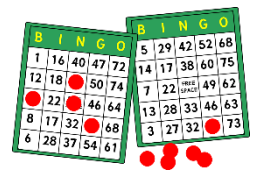


**Motivo Dental** will provide information on oral health. Topics covered will include dry mouth, tooth decay, periodontal disease, maintaining dentures/appliance, and effects on overall health. *Motivo* staff will answer your questions, provide product samples, and offer exclusive promotions.

## VALENTINE'S DAY BINGO

**When:** Monday, February 13<sup>th</sup> **Time:** 12:00 PM– 1:30 PM **Where:** Games Room

Team up with students from Westmount Junior High for a game of BINGO!



## NEWSLETTER READING + BOOK CLUB

**When:** Tuesdays **Time:** 11:15 AM – 12:00 PM **Where:** Pink Room (TV room)

Come listen as volunteers read out loud each Tuesday. Listen to stories plus on the first Tuesday of each month the newsletter will also be read.

This group is not only for those that can no longer see the pages of a book or the newsletter. Come join and discuss what is being read. Tell your friends and neighbours.

## FIT FRIDAYS

**When:** Fridays February 3<sup>rd</sup> and 17<sup>th</sup> **Time:** 1:00 -1:30 pm **Where:** Auditorium

Gentle exercise for all abilities plus general wellness discussions. If you have a subject you want discussed let me know. Whatever your ability today, you can improve. Everyone welcome!

## OFF TO THE RACES.... HORSE RACES

**When:** Tuesdays February 7<sup>th</sup> and 21<sup>st</sup> **Time:** 2:30 PM start time

**Where:** Games Room

Pony Up. Come have fun cheering your horse, albeit plastic, on. Come watch, cheer, or bring quarters to play.



# ACTIVITIES

## CARPET BOWLING

When: Wednesdays @ 9:45am      Where: Auditorium

**Sense of humour needed and no other skills.**



## FRIDAY MOVIE NIGHTS

TV Room @ 7pm  
Check notice board for weekly title.

## WALKING GROUP

When: Tuesdays and Fridays @ 10:00 am  
Where: Meet in the Atrium for a 20-30 minute **INDOOR** or **OUTDOOR** walk, and then coffee-time at the *Garden Café*.  
Short distance, or long – you pick. All levels of walkers are welcome.



## HAPPY HOOKERS CLUB

When: Tuesdays @ 1:00 pm  
Where: North Atrium, near the Koi Pond



**Crafting and donating toques to the Boyle Street Community Services Centre.**

## \$3.00 BINGO

When: Saturdays @ 6:00 pm  
Where: Games Room



## WHIST

When: Wednesdays @ 6:00 pm      Where: Games Room

## BRIDGE

When: Thursdays @ 6:00 pm      Where: Games Room

## CANASTA

When: Tues, Fri, Sun @ 5:30 pm      Where: Games Room

## CARD BINGO

When: Monday/Wednesday/Friday @ 2:00pm  
Where: Games Room

## SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm  
Where: Games Room

## CRIBBAGE

When: Mon @ 6:30 pm & Tues @ 6:00 pm  
Where: Games Room



St. Andrew's Centre is very proud to share recent news from the *Alberta Seniors & Community Housing Association (ASCHA)*.

Citizens **Eleanor H.** and **Edna K.** both had original artwork paintings submitted for an ASCHA project called "*Deck the Halls*" and their wonderful creations were selected for purchase by the Association to be displayed in ASCHA offices!

**Photos of these talented ladies and their winning paintings will be posted for everyone to see!**

### **RESIDENTS' ASSOCIATION (R.A.)**

- **Valentine's Celebration** – Tuesday, February 14<sup>th</sup> in Auditorium.
- **Quarterly Birthday Celebration** – Tuesday, February 21<sup>st</sup> (December, January & February Birthdays) in Auditorium.  
Mark your birthday on the sign-up sheet near the Canada Post Parcel Locker in the Atrium to be celebrated!

### **RESIDENT COMMUNITY COMMITTEE (R.C.C.)**

- ❖ Minutes from the January 2023 *Resident Community Committee* meeting are included with this publication.
- ❖ The next meeting is scheduled for: **Wednesday, February 15<sup>th</sup> @ 1:30pm** in the **Reception Room (Fr. Irwin)**.
- ❖ The Centre has a bulletin board in the atrium next to the piano for RCC information and notices

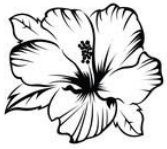


### **SCOOTER CHARGING AREAS**

**The Centre has 4 electrical wall sockets available for Citizens' use to recharge their power-scooters.**

Located in the basement East and West Elevator Lobbies.

- ❖ **Look for signs marking the receptacles.**
- ❖ **Please be considerate of others when using these spaces.**
- ❖ **Be aware that St. Andrew's Centre is not responsible for any of our residents' equipment parked, plugged-in or left unattended in the hallways or any other public areas at any time.**



## SUSAN'S NEWS

Contact Susan at 587-525-8713 or [susan@standrewscentre.com](mailto:susan@standrewscentre.com)

The days are becoming brighter, but spring is still out of arms reach and garden boxes are filled with snow. For anyone wanting a garden box this year, the sign-up sheets and information will be posted in March.

The Tower Gardens are harvested Tuesday mornings at 10 AM. This is done by volunteers to prevent over harvesting and contamination. The quantity harvested varies as new seedlings grow and anything extra will be in the fridge for the taking.

Most volunteers find this part of the year quiet. There will be lots to plan and do as spring approaches. For all volunteers and anyone wishing to volunteer, or just to find out more, please attend our meeting on February 8<sup>th</sup>. See the activities page calendar in this newsletter.

The 'Budgerigar' (nicknamed the Budgie) is a colourful parrot native to Australia. They are found wild in the drier parts of Australia and have survived these harsh conditions for over five million years.

First recorded in 1805 these popular pets do have the ability to mimic human speech. However, I suspect that our friends have too many visitors to be able to learn this skill.



### **CITIZEN VOLUNTEER MEETING**

For Past, Current, and Potential Volunteers

Who help Susan or would like to become involved!



**When:** Wednesday February 8<sup>th</sup>

**Time:** 1:00 PM

**Where:** Pink Room (TV Room)

For anyone wanting to find out more, please join the current volunteers at this meeting.

We will discuss plans for spring, prioritize, and how to organize tasks.



# GARDEN CAFÉ



The *Garden Café* Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip.

**To order dinner for delivery, please call the Café directly @ 587-525-8718 before 4:00pm.**

The Fall & Winter 4-week rotating Menu is in effect. Menu copies are available at the Café and online. The *Garden Café* accepts payment by Cash, Debit Card, Punch Card, St. Andrew’s Swipe Card or Gift Cards.



## Sweetheart Tea



**Friday, February 24<sup>th</sup>**

**1:30 pm in the Auditorium**

February is the month of honouring Love, Family, and Friendship.

**Join us at our first ever Sweetheart Tea!**

All are welcome to enjoy homemade strawberry shortcake, tea, and special entertainment.

### EFFECTIVE FEBRUARY 1<sup>st</sup>, 2023

#### Changes to Food Services Pricing

Meals (Breakfast, Lunch, Dinner)	additional \$0.50 each
Breakfast/Lunch Punch Card	<b>\$ 90</b>
Dinner Punch Card	<b>\$ 115</b>
Coffee Punch Card	<b>\$ 25</b>
(cost for coffee card unchanged)	



# HOSPITALITY DEPARTMENT

*Effective February 1<sup>st</sup>, 2023, some of our pricing is changing.  
Please refer to the new price list. For more info or booking, call 587-525-8714.*

## HOUSEKEEPING SERVICE

**\$30.00 per hour**

\$15.00 (per additional half hour)

### Specialty Services Available:

- STOVE CLEANING
- FRIDGE CLEANING
- SUITE WALL CLEANING
- CARPET CLEANING
- WALKER CLEANING

**MOVE OUT CLEANING      \$275.00**  
(must be paid in advance)

**EMERGENCY CLEANING    \$50.00 flat fee PLUS** services rendered at hourly rate (ie. housekeeping, laundry).

## LAUNDRY SERVICE

**\$30.00 per service (up to 3 loads)**

\$2.00 per washer load

\$2.00 per dryer load

\$1.00 per detergent / per dryer sheet

### Service Plus Available:

Make Bed                      \$8.00  
Pick-Up Garbage            \$8.00

## WINDOW CLEANING

Bachelor                      \$50.00 (45 minutes)  
One Bedroom                \$65.00 (1 hour)  
Two Bedrooms               \$80.00 (1.25 hours)

## Guest Suite Accommodations

for the convenience of our  
Citizens' families and loved ones

There are 5 fully-furnished suites, each with all necessary items for a comfortable and convenient stay.

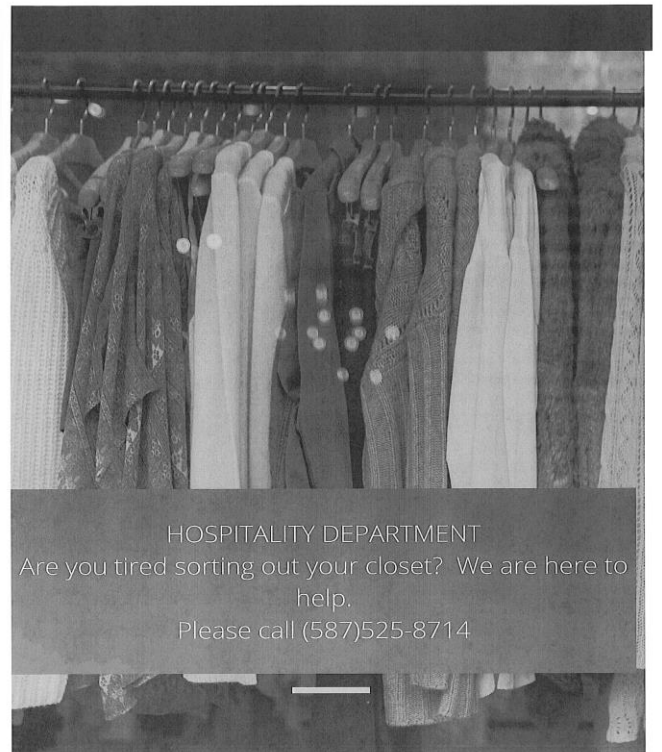
Our well-appointed Guest Suites each include; linens, dishes, pots, pans and small appliances.

Fridge, Stove, Microwave, Cable TV, Free WIFI provided.

**Rate is \$85.00 per night.**

Discounts are available for longer stays.

**Call 587-525-8714**



HOSPITALITY DEPARTMENT  
Are you tired sorting out your closet? We are here to help.  
Please call (587)525-8714

## MAINTENANCE DEPARTMENT

**MAINTENANCE HOURS:**      **Monday – Friday**      **8:00 am – 4:30 pm** (except holidays)  
   **Saturday**                              **9:00 am – 3:00 pm**

Please call the main office @ 780-452-4444 to request Work Orders for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident.  
You will be advised if fees are applicable to your request before the work order is dispatched to staff.

### IN CASE of EXTREMELY COLD WEATHER

- ✓ Please ensure your windows (and patio doors) are fully closed during very cold temperatures.
- ✓ Pipes are prone to freezing and bursting, which may cause flooding in suites and other areas.
- ✓ You will be responsible for the cost of repairs, cleaning, and damages if flooding occurs.

Citizens may want to turn up the heat in their suites using the thermostat and/or use a personal space heater to help maintain a comfortable indoor temperature. Keeping window coverings closed can also be effective in retaining heat loss through the glass when outdoor temperatures are very low.

## FINANCE DEPARTMENT

### Alberta Affordability Payments

**You may be eligible for a payment of \$600 (\$100 per month for 6 months) from the Government of Alberta, if your income and personal situations are within certain eligibility parameters.**

**Applications are open now until June 30<sup>th</sup>, 2023.**

**Full details can be found at:**

**<https://www.alberta.ca/affordability-payments.aspx#apply>**

### **NEW Parking and Storage Fees -- EFFECTIVE MARCH 1, 2023**

Underground Parking Stall	<b>\$ 55 per month</b>
Basement Storage Space (was \$20, \$25 or \$30)	<b>\$ 25, \$30 or \$35 per month</b>

**St. Andrew's Centre  
Citizen Forum  
January 16<sup>th</sup>, 2023 – 10:30 am - Auditorium**

**Present:** Wanda Beaudoin (COO), Don Delaney (Chairman of the St. Andrew's Centre Board of Directors), Melodie Lee (Finance Manger), Violet Vanmaele (HR Manager), Patricia Flores (Community Relations Manager), Tess Dela Cruz (Hospitality Manager), Lonnie Dykeman (Food Service Manager), Susan Sasvari (Community Enrichment Coordinator), all citizens of St. Andrew's Centre were invited to attend.

**Welcome and introductions.**

**Video Presentation** – "2022: A Year in Review" (this video can be viewed on our Facebook page and website).

**1. Update**

**1.1. Centre Vacancies**

There are currently 26 vacant suites (9% vacancy rate). This vacancy rate is normal for the industry. Prior to the COVID-19 pandemic, we had a 2% vacancy rate.

**1.2. Suite Renovations/Progression Plan**

- Move out renovation requirements vary from partial to full renovations. Either touch up painting, complete suite restoration or just a bathroom renovation. The timeline of these projects ranges from 2-4 weeks.
- 223 out of 303 suites have been renovated.
- We are exploring the replacements of suite windows and patio doors. There is currently a shortage of supply.

**1.3. Requests for Internal Moves**

- Internal moves will be prioritized to citizens in older suites.

**2. Price Increases**

**2.1. Rent**

- There will be no rental increase for 2023.
- Citizens can apply for external housing subsidies – St. Andrew's staff cannot get involved with citizen financial affairs.

**2.2. Food Services**

- Effective February 1<sup>st</sup> – there will be an increase of roughly \$0.50 per meal.
- Breakfast/Lunch and Supper punch cards will increase \$5 per card. The price of the coffee punch card will not change.
- The last price change was in 2020.

**2.3. Hospitality**

- Effective February 1<sup>st</sup> – hourly rate will increase to \$30/hour.
- The last price change was in 2018.

**2.4. Parking/Storage**

- Effective March 1<sup>st</sup> - both will increase \$5/month. Parking will now be \$55/month and storage will be \$30/month or \$35/month depending on the size of your storage space. Citizens with either parking or storage will receive a letter notifying them of the changes.

- The last price change was in January 2020.

### **3. Centre Programming**

#### **3.1. AMSA (Art Mentorship Society of Alberta)**

- AMSA has not been able to maintain the contract for citizen programming. As a result, the contract has been ended effective February 6<sup>th</sup>.

#### **3.2. Future Planning**

- The AMSA office will be turned into the “Community Relations Office”. Patricia will be focusing on marketing, recreational activities, and citizen wellness programming in this office.
- Susan will focus on gardening and maintaining the atrium/outdoor spaces. She will continue working in partnership with Patricia, her volunteers, and her wellness/fitness programs.
- A new Housing Coordinator position has been created – recruitment is in progress.

### **4. Citizen Smoking Letter**

- A letter requesting a designated smoking area/shelter was read to the forum attendants. An open discussion followed.
- It was requested by a citizen to do an informal vote on the matter:
  - There were an estimated 130 citizens present.
  - 9 raised their hands to abstain from voting.
  - 13 voted in favor for the smoking shelter.
- Should the Board of Directors go through with the decision to build a shelter, there will be a group discussion regarding the cost of the structure.

### **5. Questions/Comments for Open Discussion**

#### **5.1. Is there a way to test the air quality in the Centre?**

- Air quality tests are performed by an external company. Tests have been done in the past and have come back clean. Connect with Wanda if you would like to request an air quality test.

#### **5.2. The front lobby washroom needs to be more accessible. Can we install a button for the door?**

- This is shared space with the Parish and should be a shared cost as well. This topic will be brought to the next joint meeting between the Parish and the Centre.

#### **5.3. Can a resident of the Centre sit on the Board of Directors?**

- This request has been brought up in the past, however, it is a conflict of interest and cannot be allowed. This policy was created by the Archdiocese. Any questions/concerns may be brought to the RCC (Resident Community Committee) meetings and you may email the board directly.

#### **5.4. Does St. Andrew’s pay city taxes?**

- The Centre applies for a grant every year to cover the city taxes. It is currently assessed at \$400,000.

#### **5.5. Can citizens socialize in the atrium and common spaces in the evening?**

- Citizens may sit and visit anywhere they would like at all hours of the day. We are required to follow city noise bylaws. Security may ask citizens to keep the noise down if noise levels become unreasonable, however, common space is the right of all citizens.

#### **5.6. A suggestion was made to have AEDs installed throughout the building.**

- The AEDs must be maintained and secured. Staff would also need to be trained. It was also brought up that we would not be aware of who has signed a “do not resuscitate”. This may not be suitable for our community.

# Resident Community Committee

## Minutes – January 18, 2023 - 1:30pm

Chair: Gail R.

Co- Chair: Wanda

1. Call the meeting to order: 1:52 pm
2. Welcome and introductions.
3. Attendance: Wanda (COO), Patricia (ADMIN- minute taker), Gail R., and Karin V.  
Absent: Doreen B., Louise F., Patrick M., Ellie M., Ginger S., Joan B., Gerry C., Sr. Anne, Helen D., Lauri G., Linda H., Dolores H., Sharon L., Patti P., Dolores S. and Dora V.

4. Reading/Acceptance of minutes from last meeting

1<sup>st</sup> Gail R.

2<sup>nd</sup> Karin V.

**\*\*Please note that meeting minutes are issued in the monthly newsletter\***

Changes to minutes: there were no changes made to the minutes.

5. Additions to the Agenda to add under new business, accept Agenda

1<sup>st</sup> Karin V.

2<sup>nd</sup> Gail R.

6. Business arising from the last meeting/old business:

There were no outstanding issues.

7. Standing Agenda Items:

There were no comments or concerns in regard to Food Service, Maintenance/Housekeeping, Social/Leisure Activities, or Security.

8. New Business (suggestion box/Committee concerns):

Suggestion Box:

8.1 – Bringing in outside food: Clarification was asked about the rule surrounding bringing outside food into the atrium. The atrium is common space. You may eat outside food wherever you would like but we do ask that you reserve the tables directly outside of the Café for those purchasing food from them. Outside food cannot be brought into the Garden Café's dining room.

8.2 – Regular citizen gathering: a suggestion was left in the suggestion box to have regular gatherings for new citizens who "feel scared" and do not want to leave their suite. The Ambassador Program has been a huge success in regards to welcoming newcomers to the community. We already have regular gatherings such as the Welcome Party, morning coffee in front of the Café, and numerous activities throughout the week.

8.3 – Strong Scents: a complaint was submitted about the use of strong scents and perfumes. This is something that cannot be regulated. We are an independent living community. If you have any concerns with your fellow citizens, we ask that you handle the concern amongst yourselves.

9. Administration Sharing:



9.1 – February 24 Sweetheart Tea: we will be having a Valentine's Party on Friday, February 24<sup>th</sup> at 1:30pm in the Auditorium. This will be a free event for all citizens!


9.2 – Suite Insurance: a reminder that everyone is required to have active tenant insurance of \$2 million, third party liability. A copy of the renewal needs to be submitted to the main office annually.

9.3 – Internal Moves: we have been seeing an increase of internal move requests from newly renovated suites after 3-6 months. A repaint is required on fully renovated suites when a move occurs. Management is currently discussing charging a moving fee for internal moves from renovated suites to cover the painting/maintenance expenses.

Meeting Adjourned at 2:31 pm.

Next meeting: Wednesday, February 15, 2023 at 1:30pm in the FR Irwin Room.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January 29</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm TV Room</p>	<p>30</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>31</p> <p>Walking Group 10am Atrium</p> <p>Oral Book Club 11:15 – 12noon TV Room</p> <p>Happy Hookers 1pm Koi Pond</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>January 1</p> <p>Carpet Bowling 9:45am Auditorium</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>2</p> <p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>3</p> <p>Walking Group 10am</p> <p>Fit Friday 1-1:30pm Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>4</p> <p>Bingo 6pm</p>
<p>5</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm TV Room</p>	<p>6</p> <p>Keep Fit 10-11am Auditorium</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>7</p> <p>Walking Group 10am Atrium</p> <p>Oral Book Club 11:15 – 12noon TV Room</p> <p>Happy Hookers 1pm Koi Pond</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p><b>GENERATOR TESTING</b> starting @ 2pm</p> </div> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>8</p> <p>Carpet Bowling 9:45am Auditorium</p> <div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 10px auto;"> <p><b>VOLUNTEER</b> <b>Meeting 1:00pm</b> <b>Pink/TV Room</b></p> </div> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>9</p> <p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>10</p> <p>Walking Group 10am</p> <div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 10px auto;"> <p><b>Oral Health</b> <b>Presentation</b> <b>10-11am</b> <b>Reception (Fr Irwin) Room</b></p> </div> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>11</p> <p>Bingo 6pm</p>
<p>12</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm TV Room</p>	<p>13</p> <p>Keep Fit 10-11am Auditorium</p> <p> <b>Valentine's Day Bingo</b> <b>12noon Games Room</b></p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>14</p> <p> <b>Happy Valentines Day</b></p> <p>Walking Group 10am Atrium</p> <p>Oral Book Club 11:15 – 12noon TV Room</p> <p>Happy Hookers 1pm Koi Pond</p> <p>Canasta 5:30pm</p> <p>Cribbage 6pm</p>	<p>15</p> <p>Carpet Bowling 9:45am Auditorium</p> <div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 10px auto;"> <p><b>RCC Meeting</b> <b>1:30pm</b> <b>Reception Room</b></p> </div> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>16</p> <p><b>Farmers' Market</b> <b>9:30am – 1:30pm</b> <b>ATRIUM</b></p> <p>Keep Fit 10-11am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>17</p> <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 10px auto;"> <p><i>Random Act of Kindness Day</i></p> </div> <p>Walking Group 10am</p> <p>Fit Friday 1-1:30pm101 Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>MOVIE NIGHT 7pm TV Room</p>	<p>18</p> <p>Bingo 6pm</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Canasta 5:30pm Music Hour 7pm TV Room	20 <b>OFFICE CLOSED</b>  <i><b>Family Day Holiday</b></i>  Keep Fit 10-11am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	21 Walking Group 10am Atrium  Oral Book Club 11:15 – 12noon TV Room  "HORSE RACING" 2:30pm Games Room  Happy Hookers 1pm Koi Pond  Canasta 5:30pm  Cribbage 6pm  <div style="border: 1px solid black; padding: 5px; text-align: center;"><b>Residents' Association Quarterly Birthday Celebration</b></div>	22  <b>Shop Easy Fashions 9:30am – 3:30pm Games Room</b>  Carpet Bowling 9:45am Auditorium  Card Bingo 2pm  Whist 6pm	23  Keep Fit 10-11am Auditorium  Shuffleboard 2pm  Bridge 6pm	24  Walking Group 10am Atrium   <b>Sweetheart Tea 1:30pm Auditorium</b>  Card Bingo 2pm  Canasta 5:30pm  MOVIE NIGHT 7pm TV Room	25  Bingo 6pm
26 Canasta 5:30pm Music Hour 7pm TV Room	27 Keep Fit 10-11am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	28 Walking Group 10am Atrium  Oral Book Club 11:15 – 12noon TV Room  Happy Hookers 1pm Koi Pond  "HORSE RACING" 2:30pm Games Room  Canasta 5:30pm Cribbage 6pm	March 1 Carpet Bowling 9:45am Auditorium  Card Bingo 2pm  Whist 6pm	2 <b>Farmers' Market 9:30am – 1:30pm ATRIUM</b>  Keep Fit 10-11am Auditorium  Shuffleboard 2pm  Bridge 6pm	3 Fit Friday 1-1:30pm Auditorium  Walking Group 10am Atrium  Card Bingo 2pm  Canasta 5:30pm  MOVIE NIGHT 7pm TV Room	4  Bingo 6pm

*While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.*