



## March 2023

Family means different things to different people and can often be exquisitely complex. There are families we are born into, the ones we choose, and the ones that choose us. My one wish for this community has been that in collaboration we all do justice to the diverse ways each individual finds connection, support, affection, respect, security, a sense of belonging, and happiness- **because ultimately you have chosen us.**

This community has become a big part of my family. My "work" family is comprised of amazing, dedicated, and skilled individuals who work hard every day to help create an atmosphere that supports the organizations Mission, Vision, and Values. I am so appreciative of all they do to create moments, programs, and opportunities that support the wellness of our citizens and community. Every St. Andrew's employee makes a positive difference no matter what role they hold in our Centre. This does not say that we have not experienced some challenges among us- illness, personal hardships, careers changes, etc., however we get the pleasure of celebrating achievements both professionally and personally which helps to unite this remarkable teams of individuals.

The citizens of this community are a unique set of individuals from diverse backgrounds that offer invaluable insight into what will help to make this living complex more than just a "Centre" but rather an inclusive home. I appreciate the different ways so many people are actively involved in the community- whether through volunteering, programming, being on committees, etc. I value the way you challenge us to improve and are supportive at the same time. In my opinion this is one of the best attributes a family can have- because you too are a part of my "family" and hold a special place in my heart. As citizens I hope that you welcome the opportunity to be a part of the process which makes us all accountable for creating a thriving, successful culture.

When I say that every person at St. Andrew's is a part of my family- the words come straight from my heart. So many of you have welcomed me to be a piece of your life journey. You have shared your past experiences, invited me to laugh with you in joyful times, allowed me to witness the beauty of long-lasting love and partnership, as well as cry with you in your hardest moments. I have truly felt the love, grace, encouragement, and patience from you all as St. Andrew's forged through many different circumstances the last 6 years. This is why this next sentence is difficult for me to write. I have resigned from my position as Chief Operating Officer of St. Andrew's Centre. I did not make this decision lightly. My last day at the Centre will be March 10, 2023.

It has been my honor to walk alongside each one of you, who encompass the beauty of this community. There are multiple cherished moments etched in my mind and I leave knowing that all of you are in caring hands with the exceptional staff employed at St. Andrews Centre.

Till we meet again!

With love and appreciation,

*Wanda*

# IMPORTANT NOTICES

## ★ MAIN OFFICE

Call @ 780-452-4444 to contact Security Staff on duty to assist with EMERGENCIES outside of office hours:

Monday-Friday

4:00pm to 8:00am

Saturday-Sunday

24 hours/day

## ★ GENERATOR TESTING

**Tuesday, March 7<sup>th</sup> starting at 10:30am**

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

## ★ LAUNDRY ROOM CLOSURE

**Tuesday, March 14<sup>th</sup> 10:00am - 1:00pm**

This closure is to facilitate lint removal and perform preventative maintenance. Please ensure that your belongings are removed before 10:00am that day. We apologize for any inconvenience and appreciate your cooperation. Thank You.

## ★ CITIZEN MOBILITY STATUS

Has your personal mobility changed since you arrived at St. Andrew's Centre? Do you use a new mobility aid, such as a walker, scooter, or wheelchair? Please stop by the Main Office to update your records for our reference in case of an emergency requiring evacuation.

*Please welcome the newest additions  
to our St. Andrew's Centre Team!*

**KIARA**, Housing and Quality Coordinator

**MILEN**, Security/Duty Worker (casual)

**KRYSTAL**, re-hired Hospitality Attendant

**RAMONA**, Hospitality Attendant (casual)

Please join St. Andrew's Staff and  
Management for a Farewell Celebration  
in honour of our dear and valued leader,  
Chief Operating Officer

**Wanda Beaudoin**

**Friday, March 10<sup>th</sup> @ 2:00pm  
In the ATRIUM**

**BIVALENT COVID-19 BOOSTER      Friday, March 10<sup>th</sup>      9:30am – 1:30pm      Reception Room (Fr. Irwin)**

**ONLY for St. Andrew's Centre Citizens who have already completed and submitted a consent form to the Main Office.**

This will be a walk-in (no appointments) Bivalent Booster Clinic held by CareRx in the Reception (Fr. Irwin) Room.  
Please be reminded to wear a short-sleeved shirt and bring your Alberta Health card with you.

## AMENITIES

### FARMERS' MARKET

BI-WEEKLY on THURSDAYS  
in the Atrium

March 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup>



### Family Physician

***Dr. Aditi Dobriyal***, MD, CCFP, is a Family Physician who is available to do home-visits for citizens of St. Andrew's Centre, if desired.



To book an appointment, **call Dr. Dobriyal directly @ 587-590-8894.**

She will arrange to come and see you in your suite.

*Please note that St. Andrew's Centre is not affiliated with the doctor, or medical staff.*

### Special Touch Hair Salon

Located on the main floor of the Centre next to the *Garden Café*, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**



*DO YOU HAVE INGROWN TOENAIL PROBLEMS? We may have the solution to avoid surgery. Come in for a consultation with our esthetician Leah to discuss the best course of treatment.*



Spring is coming as we look forward to a sunny and hopefully mild March. We have almost made it through another Edmonton winter - We are Amazing!! Happy St Patrick's Day for March 17<sup>th</sup>.

Samantha our new Clinical Pharmacist will be in the Tuck Shoppe on Friday March 10<sup>th</sup> and Friday March 24<sup>th</sup> so stop by if you have any questions or just to say Hi and introduce yourself.

We have some new items in the Tuck Shoppe so stop by to take a peek. We hope to see you soon. Stay Healthy and Have a Great Month!"

### Sandra's Mobile Footcare

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.

For more information or to book an appointment **contact her directly**

**@ 587-926-0422, or e-mail sandradickerson82@gmail.com.**



### Community Cupboard



Donations of food and household staples, and monetary contributions are always appreciated to keep the cupboard stocked. **Please DO NOT give EXPIRED food products.** As always, if you have any need, please do not hesitate to ask one of the Main Office staff. We are pleased to help.

## CENTRE EVENTS & ACTIVITIES

### **INCOME TAX SERVICES** – Joanne David BA, CFP, FCSI

Joanne will be returning to provide Income Tax Services for citizens of St. Andrew's Centre!

**She will be in the Boardroom every Tuesday from 12:00pm – 2:00pm between February 28 – April 25.**

You may contact her to make an appointment at 780-718-7117 or [info@JoanneDavid.com](mailto:info@JoanneDavid.com). Walk-ins are also available.

*Please note that St. Andrew's Centre is not affiliated with Joanne.*

### **TELECARE PRESENTATION**

**When:** Friday, March 3<sup>rd</sup>

**Time:** 10:00am

**Where:** Father Irwin Room/Reception Room

Telecare will be doing a presentation on their monitored medical alert systems on Friday, March 3<sup>rd</sup> at 10:00 am in the Fr. Irwin (Reception) Room. If at least 5 people sign up for their services, the enrollment fee will be reduced!

### **FALL PREVENTION PRESENTATION**

Laura Kean, a Physiotherapist from the *Edmonton Neurophysio Clinic* will be doing a presentation on balance and fall prevention. Join her on **Thursday, March 9<sup>th</sup> at 1:00pm in the Fr. Irwin (Reception) Room** to learn more!

### **DENTAL CARE and PHARMACARE PRESENTATION**

**When:** Tuesday, March 14<sup>th</sup>

**Time:** 1:00pm

**Where:** Auditorium

Presentation by Blake Desjarlais, MP (Edmonton Griesbach) on the upcoming Dental Care and Pharmacare programs. Find out what this means for you now and in the future. There will be time at the end to ask questions.

### **WESTGLEN ELEMENTARY SCHOOL CHOIR**

There will be 75 students from grades 1-3 who will be performing for us!

**Auditorium -- Monday, March 20<sup>th</sup> at 1:00pm**

### **LEARN TO PLAY CRIBBAGE**

**When:** Wednesday March 22

**Time:** 1:00 PM

**Where:** Games room

For anyone wanting to learn crib or just to review. Volunteers will guide you through the game, the counting and score keeping.

## CENTRE EVENTS & ACTIVITIES (cont'd)

### WESTGLEN ELEMENTARY SCHOOL CHOIR

There will be 75 students from grades 1-3 who will be performing for us!

**Auditorium -- Monday, March 20<sup>th</sup> at 1:00pm**

### FIT FRIDAYS

**When:** Fridays March 3<sup>rd</sup>, 17<sup>th</sup> and 31<sup>st</sup>

**Time:** 1:00 -1:30 pm

**Where:** Auditorium

Exercise for everyone plus fit Friday wellness discussions. If you have topics to discuss, let Susan know.

### NEWSLETTER READING + BOOK CLUB

**When:** Tuesdays

**Time:** 11:15 am – 12:00 pm

**Where:** Pink Room (TV room)

Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Come join us and discuss what is being read.

### OFF TO THE RACES.... HORSE RACES

**When:** Tuesdays March 7<sup>th</sup>, 21<sup>st</sup> and April 4<sup>th</sup>

**Time:** 2:30 PM start time

**Where:** Games Room

Come cheer on your horse on. Come watch, cheer, or bring quarters to play.



### RESIDENTS' ASSOCIATION (R.A.)

- *St. Patrick's Day Celebration* – Tuesday, March 14<sup>th</sup> in Auditorium @ 7pm
- Annual General Meeting – Tuesday, March 28<sup>th</sup> in Auditorium @ 7pm
- **Mark your birthday on the sign-up sheet near the Canada Post Parcel Locker in the Atrium to be celebrated!**

### RESIDENT COMMUNITY COMMITTEE (R.C.C.)

- ❖ Minutes from the January 2023 *Resident Community Committee* meeting are included with this publication.
- ❖ The next meeting is scheduled for: **Wednesday, March 15<sup>th</sup> @ 1:30pm** in the **Reception Room** (Fr. Irwin).
- ❖ The Centre has a bulletin board in the atrium next to the piano for RCC information and notices.

# ACTIVITIES

## CARPET BOWLING

When: Wednesdays @ 9:45am      Where: Auditorium

**Sense of humour needed and no other skills.**



## FRIDAY MOVIE NIGHTS

TV Room @ 7pm  
Check notice board for weekly title.

## WALKING GROUP

When: Tuesdays and Fridays @ 10:00 am  
Where: Meet in the Atrium for a 20-30 minute **INDOOR** or **OUTDOOR** walk, and then coffee-time at the *Garden Café*.  
Short distance, or long – you pick. All levels of walkers are welcome.



## HAPPY HOOKERS CLUB

When: Tuesdays @ 1:00 pm  
Where: North Atrium, near the Koi Pond



**Crafting and donating toques to the Boyle Street Community Services Centre.**

## \$3.00 BINGO

When: Saturdays @ 6:00 pm  
Where: Games Room



## WHIST

When: Wednesdays @ 6:00 pm      Where: Games Room

## BRIDGE

When: Thursdays @ 6:00 pm      Where: Games Room

## CANASTA

When: Tues, Fri, Sun @ 5:30 pm      Where: Games Room

## CARD BINGO

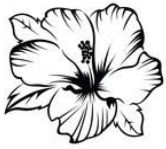
When: Monday/Wednesday/Friday @ 2:00pm  
Where: Games Room

## SHUFFLEBOARD

When: Mondays & Thursdays @ 2:00 pm  
Where: Games Room

## CRIBBAGE

When: Mon @ 6:30 pm & Tues @ 6:00 pm  
Where: Games Room



## SUSAN'S NEWS

Contact Susan at 587-525-8713 or [susan@standrewscentre.com](mailto:susan@standrewscentre.com)

Reminder: My notices are located both in the planting room (between games d tv rooms) and between the piano and west elevators on the main floor.

With the brighter days there has been more talk of the garden boxes, rose beds, and the courtyards.

### Garden Boxes

Gardening here is free to residents and is done on your own accord. The garden boxes are assigned. The garden boxes are each person's responsibility so it is an expectation that your weeds are pulled, watering is maintained and if you are away or ill, make sure someone will look after it for you. We work on being able to provide some seeds, ensure necessary tools are available, and have volunteers that fill the water barrels.

Planting with mindfulness will be our theme this year. Mindfulness includes what we will harvest, the upkeep, various heights of plants and how this affects neighboring garden boxes. With individual garden boxes we still work as a community. However, it is expected that we act respectfully so if there is a garden that needs some attention contact the garden owner and if they are not available contact me. Gardening with mindfulness also extends to how we treat others. Respecting their gardens and how we act as stewards of the garden area is all part of this. Sharing ideas and information, offering help when required and more importantly, asking for help when we need it.

**Sign-up for garden boxes begins Monday, March 6th at the main office.** Whether you already have a garden box, or you would like to start gardening, please add your name to this list. For anyone with a second garden box these will only be available to you again this year if we have enough boxes for everyone that is interested. There are no guarantees on second boxes.

In April we will have a meeting for all gardeners to start the new season. For anyone wanting to plant tomatoes or obtain other seeds, the pots, soil, and seeds will be provided beginning of April. Watch for notices on dates/times for everything gardening related.

### Volunteers

The meeting in February was a great success. Thank you to all that attended and those that filled out the volunteer questionnaire. For anyone wanting to know details of this meeting or to fill out a questionnaire, you can ask me or leave me a message. Over the next two months there will be task specific meetings as follow-up.

**In the Games Room** there are cupboards with **ART SUPPLIES** as well as **GAMES**. These are for your enjoyment and use. For anyone wanting to play pool, please see the office to access the equipment.

**Spring Equinox is March 20<sup>th</sup>**. The first day of Spring is also known as the Vernal Equinox. This marks the day that the sun's path is directly over the equator. The day also contains an equal amount of daytime and nighttime.





# GARDEN CAFÉ



The *Garden Café* Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am – 11:00 am
Lunch	11:00 am – 1:30 pm
Dinner	4:30 pm – 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip.

To order dinner for delivery, please call the Café directly @ 587-525-8718 before 4:00pm.

The Fall & Winter 4-week rotating Menu is in effect. Menu copies are available at the Café and online. The *Garden Café* accepts payment by Cash, Debit Card, Punch Card, St. Andrew’s Swipe Card or Gift Cards.



**St. Patrick’s Day – Friday, March 17<sup>th</sup>  
Visit the Garden Café  
and Enjoy Free Pistachio Ice Cream**



## MAINTENANCE DEPARTMENT

<b>MAINTENANCE HOURS:</b>	<b>Monday – Friday</b>	<b>8:00 am – 4:30 pm</b> (except holidays)
	<b>Saturday</b>	<b>9:00 am – 3:00 pm</b>

Please call the main office @ 780-452-4444 to request Work Orders for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident.

You will be advised if fees are applicable to your request before the work order is dispatched to staff.

### IN CASE of EXTREMELY COLD WEATHER

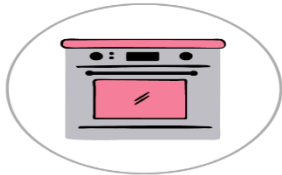
- ✓ Please ensure your windows (and patio doors) are fully closed during very cold temperatures.
- ✓ Pipes are prone to freezing and bursting, which may cause flooding in suites and other areas.
- ✓ You will be responsible for the cost of repairs, cleaning, and damages if flooding occurs.

Citizens may want to turn up the heat in their suites using the thermostat and/or use a personal space heater to help maintain a comfortable indoor temperature. Keeping window coverings closed can also be effective in retaining heat loss through the glass when outdoor temperatures are very low.

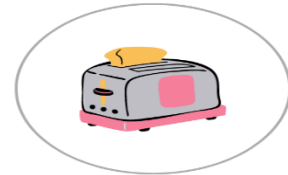


# HOSPITALITY DEPARTMENT

**HOSPITALITY DEPARTMENT**  
**Thinking about cleaning your appliances...**  
**Please call (587)525-8714 to book an appointment.**



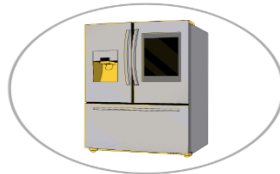
**oven**



**toaster**



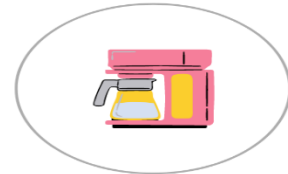
**slow cooker**



**refrigerator**



**blender**



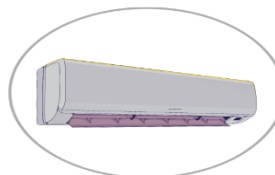
**coffee maker**



**vacuum cleaner**



**microwave**



**air conditioner**



**pressure cooker**

## Guest Suite Accommodations

for the convenience of our  
Citizens' families and loved ones

St. Andrew's Centre has 5 fully-furnished suites, each with all necessary items for a comfortable and convenient stay. Our well-appointed Guest Suites each include; linens, dishes, pots, pans and small appliances.

Fridge, Stove, Microwave, Cable TV, Free WIFI provided.

**Rate is \$85.00 per night.**

Discounts are available for longer stays.

## FINANCE DEPARTMENT



**...to all our Citizens, and their Families, who routinely ensure their monthly invoices are paid upon receipt!**

We endeavor to produce and distribute billings in a timely manner for monthly Garden Café charges, Hospitality Department charges and incidental fees. We always appreciate your prompt payments.

**MARCH 31<sup>st</sup> is the FISCAL YEAR END for accounting purposes at St. Andrew's Centre.**

It is especially important and beneficial to have all outstanding account balances cleared as soon as possible after this date, so that our Financial Statements reflect the most current information.

**Please expect to see the March invoice in your mailbox early in April  
and plan to REMIT payment as quickly as possible once received.**

*Your cooperation is greatly appreciated.*

DEBIT CARD or CREDIT CARD are the preferred methods of payment.

### **Parking and Storage Rental Rate Increases**

**Effective March 1, 2023**

If you rent underground parking or basement storage space, a letter confirming your new monthly payment amount including the \$5.00 per stall and/or storage unit increase was delivered to your mailbox recently.

If you currently pay your monthly rent by Pre-Authorized Payment (Automatic Bank Withdrawal) the new amount will be automatically deducted as of March 1<sup>st</sup>.

Please do not hesitate to call or visit the Main Office if more information is needed.

## Resident Community Committee

### Agenda– February 15, 2023- 1:30pm

Chair: Gail R

Co- Chair: Melodie

1. Call the meeting to order: 1:36 PM
2. Welcome and introductions: No introductions done.
3. Attendance: Melodie (Finance Manager – on behalf of Wanda), Susan (ADMIN- minute taker), Gail R, Shirley D, Lauri G, Doreen B, Anne M, Helen D, Gerry C, Ginger S, Linda H, Louise F, Fran, Karin V, Alice N, Joan B, Rilla L

Absent: Sharon L, Dora V, Delores S, Patti P, Sr Collins, Dolores H, Patrick M, Ellie M

4. Reading/Acceptance of minutes from last meeting- 1<sup>st</sup> Karin V 2<sup>nd</sup> Gail R

**\*\*Please note that meeting minutes are issued in the monthly newsletter\*\***

Changes to minutes: None

5. Additions to the Agenda to add under new business, accept Agenda- 1<sup>st</sup> Linda H  
2<sup>nd</sup> Joan B
6. Business arising from the last meeting/old business:  
There were no outstanding issues.

7. Standing Agenda Items:

7.1- Food Service: no comments or concerns.

7.2- Maintenance/Housekeeping: no comments or concerns.

7.3- Social/Leisure Activities: no comments or concerns

7.4- Security: no comments or concerns

8. New Business (suggestion box/Committee concerns/emails):

Suggestion Box:

8.1- Offering smoking cessation- Letter read and it suggested ways to help people stop smoking with professional help such as addiction counselling. Discussion on this was not in favour. Melodie mentioned that people have been smoking for 30,40, 50 years and are not going to stop now. There are many resources out there and they know one of the best resources is their doctor. It is their personal choice to smoke.

8.2- Automatic door opener in Auditorium- Letter asked if it was expensive. Melodie let the group know that yes, it is expensive.

8.3- Prickly mat at entrance for wheelchairs- Discussion on mats and rags for people to wipe down their walkers or wheelchairs. Suggestion of having these supplies available at the front door then further comment was made that citizens should be responsible for their own supplies as this is independent living. Someone mentioned these supplies can be bought at the dollar store. Comment made regarding those that using scooters and those unable to clean off their wheels should go back and forth on the entrance mats to dry their wheels better.

Mel will ask Tess, Hospitality Manager, to enquire about different mats from their suppliers.

8.4 – Added to Agenda – Lock between parkade and buildings. Someone is concerned with the recent vehicle theft of anyone being able to get into the building. Discussion on ensuring people WAIT until the overhead door is all the way closed before parking or driving away. Melodie said the door from the parkade to the Centre used to be locked but they were removed due to safety.

8.5 – Added to Agenda – Update fire citizens listing regarding those with mobility aids. General discussion on when it is updated. Administration staff updates the listing as they are made aware of citizen's mobility impairment. Discussion regarding the fire cards to put them outside the door when you are unable to leave your suite during a fire alarm.

People who have recently acquired mobility aids should ensure the office is aware to update the list.

Melodie to check with Patricia to confirm the fire card is included in new tenant package. This was confirmed.

Administration Sharing:

9.1- Resident Survey- please complete and return to office by Friday, Feb.17, 2023

9.2- Annex Renovations- will take at minimum 8 weeks to complete

9.3 New Hires – Please welcome the new additions to our team.

Administration – Kiara will be our new Housing & Quality Coordinator and starts next week.



Hospitality – Besy and Krystal (who is a returning employee) and Ramona



Someone asked about hiring another security personnel. Casual position filled by Milen and starts on weekend.

Other: Questions were asked about the terminology of resident's vs citizens and why it was changed.

The RCC members were told that as citizens they have the responsibility to make their own decisions, resolve their own issues and concerns with each other, etc. RCC members were reminded that Wanda had described the meaning of Citizens in our newsletter.

Meeting Adjourned at 2:08 PM. **Next meeting: Wednesday, March 15, 2023 at 1:30pm in the FR Irwin Room.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sunday</b>						
<b>February 26</b>	<b>27</b>	<b>28</b>	<b>March 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Canasta 5:30pm Music Hour 7pm TV Room	Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Atrium Oral Book Club 11:15 – 12noon TV Room Happy Hookers 1pm Koi Pond Canasta 5:30pm Cribbage 6pm	Carpet Bowling 9:45am Auditorium Card Bingo 2pm Whist 6pm	<b>Farmers' Market</b> <b>9:30am – 1:30pm</b> <b>ATRIUM</b> Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	Walking Group 10am <b>TELECARE Info 10am</b> <b>Reception Room</b> Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Canasta 5:30pm Music Hour 7pm TV Room	Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Oral Book Club 11:15 – 12noon TV Room <b>GENERATOR TESTING</b> starting @ 10:30am Happy Hookers 1pm "HORSE RACING" 2:30pm Canasta 5:30pm Cribbage 6pm	Carpet Bowling 9:45am Auditorium Card Bingo 2pm Whist 6pm	Keep Fit 10-11am Auditorium <b>FALL PREVENTION</b> <b>INFO 1:00pm</b> <b>Reception Room</b> Shuffleboard 2pm Bridge 6pm	<b>Farewell to Wanda</b> <b>Atrium 2:00pm</b> Walking Group 10am Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
 Canasta 5:30pm Music Hour 7pm TV Room	Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	Walking Group 10am Oral Book Club 11:15 – 12noon <b>Dental/Pharmacare Info</b> <b>Auditorium 1pm</b> Happy Hookers 1pm Canasta 5:30pm Cribbage 6pm <b>Residents' Association</b> <b>St. Patrick's Day Event</b> <b>Auditorium 7pm</b>	Carpet Bowling 9:45am Auditorium <b>RCC Meeting</b> <b>1:30pm</b> <b>Reception Room</b> Card Bingo 2pm Whist 6pm	<b>Farmers' Market</b> <b>9:30am – 1:30pm</b> <b>ATRIUM</b>  <b>Happy</b> <b>St. Patrick's</b> <b>Day!</b> Keep Fit 10-11am Auditorium Shuffleboard 2pm Bridge 6pm	Walking Group 10am Fit Friday 1-1:30pm Auditorium Card Bingo 2pm Canasta 5:30pm MOVIE NIGHT 7pm TV Room	Bingo 6pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
Canasta 5:30pm  Music Hour 7pm TV Room	  Keep Fit 10-11am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	Walking Group 10am Atrium  Oral Book Club 11:15 – 12noon TV Room  "HORSE RACING" 2:30pm Games Room  Happy Hookers 1pm Koi Pond  Canasta 5:30pm  Cribbage 6pm	Carpet Bowling 9:45am  <div style="border: 2px solid black; padding: 5px; text-align: center;"> <b>Learn to Play Cribbage 1:00pm Games Room</b> </div> Auditorium  Card Bingo 2pm  Whist 6pm	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>St. Vincent de Paul CHARITY SALE</b> </div>  Keep Fit 10-11am Auditorium  Shuffleboard 2pm  Bridge 6pm	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>St. Vincent de Paul CHARITY SALE</b> </div>  Walking Group 10am Atrium  Card Bingo 2pm  Canasta 5:30pm  MOVIE NIGHT 7pm TV Room	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>St. Vincent de Paul CHARITY SALE</b> </div>  Bingo 6pm
26	27	28	29	30	31	April 1
Canasta 5:30pm  Music Hour 7pm TV Room	Keep Fit 10-11am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	Walking Group 10am Atrium  Oral Book Club 11:15 – 12noon TV Room  Happy Hookers 1pm Koi Pond  Canasta 5:30pm  Cribbage 6pm  <div style="border: 2px solid black; padding: 5px; text-align: center;"> <b>Resident Assoc. ANNUAL General Meeting Auditorium 7pm</b> </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Shop Easy Fashions 9:30am – 3:30pm Games Room</b> </div>  Carpet Bowling 9:45am Auditorium  Card Bingo 2pm  Whist 6pm	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Farmers' Market 9:30am – 1:30pm ATRIUM</b> </div>  Keep Fit 10-11am Auditorium  Shuffleboard 2pm  Bridge 6pm	Fit Friday 1-1:30pm Auditorium  Walking Group 10am Atrium  Card Bingo 2pm  Canasta 5:30pm  MOVIE NIGHT 7pm TV Room	  Bingo 6pm

*While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.*