



# St. Andrew's Centre May 2023 Newsletter

## A Brief History of St. Andrew's Centre (Part II)

In March 1973, the first setback occurred when Archbishop Jordan felt that he was unable to support the project and recommended abandonment.

A new committee was formed consisting of Mitch Collins Father John Hesse, Julie Kearns, Joe Szaszkiewicz Chief Judge Ed Wachowich and Tony Whelan.

The revised presentation to Alberta Housing Corporation now recommended two 17-story towers with extensive facilities to accommodate 673 people at the cost of \$8,000,000.

Negotiations continued and seemed to be close to conclusion until the next setback occurred when Alberta Housing Corporation demanded full ownership of the land and the project. The committee refused to sell the land and the project was put on hold.

Throughout 1975 and 1976 meetings and negotiations continued between the committee, community representatives, the City of Edmonton and the Alberta Housing Corporation.

In October 1975, after five months review, the city commissioners recommended to City Council that the St. Andrew's project should be scuttled due to the opposition from the local community and some technical objections.

This bombshell generated an editorial in the Edmonton Journal, which call the decision "outrageous" and gave wholehearted support for the project.

The break came with approval from the City and when Alberta Housing announced in December 1976 that due to the introduction of the C.H.I.P. program, they were now in a position to fund the project while St. Andrew's retained ownership of the project.

After much effort and a considerable amount of local community concern, the final approvals were received in August 1977 and the project was finally underway. The plan called for two seven-story towers accommodating 315 units with a considerable amount of other amenities. The projected cost was \$12,000,000; a far cry from the original \$851,000 six year previous.

At this time, the St. Andrew's Centre planning committee was reformed with new members and the designation as a Board. The additions were Lyle Lavender (one of the original committee members of 1971), Margaret Dzenick and Douglas Mallet-Paret. Monsignor William Irwin (Father Bill as he was known at the time) came on the Board as the Archbishop's representative and Father Duncan MacDonnell replaced Father John Hesse as Pastor of St. Andrew's.

On July 9, 1978, the official sod turning ceremony and blessing took place for the new construction. Attended by all who had a hand in the planning and formulation of the Centre, the duties went to Alderman Olivia Butti representing City Council (Olivia's mother-in-law was at one time an active resident of the Centre), MLA Ken Proposki for the Province and Father MacDonnell for the Parish.

Construction continued for eighteen months and the first tenant moved in the end of 1979.  
(to be continued in next month's newsletter)

# IMPORTANT NOTICES

## ★ MAIN OFFICE

**CLOSED** Victoria Day - Monday, May 22nd, 2023

Security Staff are on duty to assist with EMERGENCIES. **Contact Security @ 780-452-4444**

**Staff Fire Presentation Thursday, May 4, 2023 at 2:00 pm - 3:30 pm**

The Main Office will be closed during this time. Calls will be transferred to the Security cellphone in case of emergencies.

## ★ GENERATOR TESTING

**Monday, May 8th starting at 2:00 pm**

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

## ★ PARKADE SAFETY



As you are entering and exiting the parkades in your vehicle, please remember to **STOP** and **WAIT** until the parkade doors have closed before driving away. This will help reduce the risk of intruders entering our facility.

## A MESSAGE FROM THE CHAIRPERSON OF THE BOARD

On behalf of the Board of Directors of St. Andrew's Housing Ltd., I am pleased to inform you that we have hired a new Chief Operating Officer for St. Andrew's Centre.

**Correne Killian** comes to us with broad experience in working with seniors and senior's housing as well as business management and maintenance of facilities.

Correne is a licensed Practical Nurse with ENT training and has worked for Alberta Health Services as a Community Nurse in Continuing Care and as a Provincial Clinical Auditor. Correne's starting day will be Tuesday, May 2, 2023. She looks forward to meeting all of the staff and citizens. Please give her a warm St. Andrews welcome as she walks through the Centre for a chance to meet some of you.

We will have a meet and greet session for her on May 17. Please watch out for posters with more details. Everyone is invited.

Don Delaney

Chairperson, St. Andrew's Housing Ltd.



**Please welcome the newest additions to our Food Service team!**

**Sofiia**, full-time Food Service Worker and

**Alvie**, part-time Food Service Worker

## AMENITIES

### **FARMERS' MARKET**

**BI-WEEKLY on THURSDAYS**  
**in the Atrium**

**May 11th and May 25th**



### **Family Physician**



**Dr. Aditi Dobriyal**, MD, CCFP, is a Family Physician who is available to do home-visits for citizens of St. Andrew's Centre, if desired.

To book an appointment, call Dr. Dobriyal directly @ 587-590-8894.

She will arrange to come and see you in your suite.

Please note that St. Andrew's Centre is not affiliated with the doctor, or medical staff.

### **Special Touch Hair Salon**

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**



*DO YOU HAVE INGROWN TOENAIL PROBLEMS?* We may have the solution to avoid surgery. Come in for a consultation with our esthetician Leah to discuss the best course of treatment.



Happy Spring and Happy Mother's Day to all the moms, grandmas, aunts and wonderful ladies of St Andrew's. It's great to see some more sunny days coming this month.

Starting on May 1st the new hours for the St Andrew's Tuck Shoppe will be:

Monday 8:30am - 4:00 pm

Friday 8:30am - 3:30 pm

The Tuck Shoppe will also be closed for the Victoria Day holiday on Monday May 22nd and also for Friday May 26th and Monday May 29th. Sorry for the long stretch here - be sure to stock up on Friday May 19th. You will be missed! The Tuck Shoppe will reopen on Friday June 2nd. We will look forward to seeing you then!"

### **Sandra's Mobile Footcare**

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.

For more information or to book an appointment **contact her directly.**

**@ 587-926-0422, or e-mail sandradickerson82@gmail.com.**



## CENTRE EVENTS & ACTIVITIES

### HEART TO HOMES PRESENTATION

**When:** Tuesday, May 2nd

**Time:** 10:00 AM

**Where:** Auditorium

Sign up with Patricia if you are interested in attending the Heart to Homes presentation to learn about their frozen meal delivery service.

A free dessert will be provided to all who sign up to attend!

### LEATHERWORKING

**When:** 6 weekly sessions  
starting on Monday, May 8th

**Time:** 3:00 PM - 4:00 PM

**Where:** Games Room

**Cost:** \$20/person

Learn the basic techniques of leatherworking as we make a bracelet/wristband, a key fob and a belt!

Space is limited so please sign-up with Patricia by Thursday, May 4th.

### CITIZEN FIRE PRESENTATION

**When:** Tuesday, May 9th

**Time:** 2:00 pm

**Where:** Auditorium

It's time for our annual Fire Presentation! Bring all of your fire safety questions and concerns.

Refreshments and cookies will be served.

### SEED GIVEAWAY

**When:** Thursday, May 11th

**Time:** 12:30 PM - 2:00 PM

**Where:** Planting Room

Gardeners, it's time to get your seeds and tomato plant.

### FIT FRIDAYS

**When:** Friday, May 12th & 26th

**Time:** 1:00 pm

**Where:** Auditorium

Wherever we are in our lives, there is always the ability to improve. To stand taller, feel stronger.

Join us to increase your strength, balance, posture, circulation See you Fridays!

### EDMONTON PUBLIC LIBRARY - COMPUTER SKILLS: SMARTPHONES & TABLETS

**When:** Wednesday, May 24th

**Time:** 1:00 PM - 3:00 PM

**Where:** Fr. Irwin (Reception) Room

You will learn the basics of navigating your device, modifying your settings, and recognizing common icons and apps.

Bring your own smartphone or tablet and get hands-on lessons to improve your knowledge.

Space is limited to 10 participants - please sign up with Patricia

## CENTRE EVENTS & ACTIVITIES (cont'd)

### CHAIR YOGA WITH ANNEMARIE

**When:** 8 weekly sessions starting on  
Saturday, May 27th

**Time:** 12:30 PM - 1:30 PM

**Where:** Pink Room

**Cost:** \$2 per class

Spaces are limited for this 8 week Chair Yoga session with a new instructor, Annemarie!

Sign up with Patricia by Thursday, May 25th.

### ALBERTA PROVINCIAL GENERAL ELECTION

**When:** Monday, May 29th

**Time:** 9:00 AM - 8:00 PM

**Where:** Auditorium

Remember to bring your Government-issued photo ID or two pieces of ID containing your full name and with one showing your current physical address.

For more information visit [www.elections.ab.ca](http://www.elections.ab.ca) or by phone at 1-877-422-8683

### HEALTH & WELLNESS FAIR 2023

**When:** Monday, June 5th

**Time:** 10:00 AM - 3:00 PM

**Where:** Auditorium

Our Health & Wellness Fair is coming back in June to kick off Seniors Week! We've got some amazing presenters and booths lined up including:

- Avon
- CareRX
- Cornerstone Counselling
- Color Street
- Congdon Aids to Daily Living
- Cheryl Blair - Hearing Aids Presentation
- Drive Happiness
- Edmonton Police Service
- Edmonton Public Library
- Grin Dental Hygiene Centre
- Heart to Home Meals
- Laura Kean Physiotherapist
- Nurse Next Door
- Sageese Massage
- Special Touch Hair Salon

We are still working on bringing in more organizations - please bring any suggestions to Patricia!

### RESIDENTS' ASSOCIATION (R.A.)



➤ **Tuesday, May 16th at 7PM - General Meeting in the Auditorium**

➤ **Tuesday, May 30th at 2PM - Quarterly Birthday Celebration for March, April, and May birthdays!**

### CITIZEN COMMUNITY COMMITTEE (C.C.C.)

- Minutes from the April 2023 Citizen Community Committee are included with this publication.
- The next meeting is scheduled for: **Wednesday, May 17th at 1:30 pm** in the **Reception (Fr. Irwin) Room.**
- The Centre has a bulletin board in the atrium next to the piano for CCC information and notices.

# ACTIVITIES

## CARPET BOWLING

**When:** Wednesdays

**Time:** 9:45 am

**Where:** Auditorium

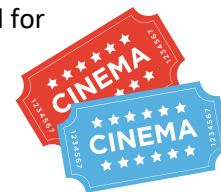
*Sense of humour needed and no other skills*



## FRIDAY MOVIE NIGHTS

TV Room at 7:00 pm every Friday

Check notice board for weekly title



## WALKING GROUP

**When:** Tuesdays and Fridays at 10:00 am

**Where:** Meet in the Atrium for a 20-30 minute INDOOR or OUTDOOR walk, and then coffee-time at the *Garden Café*.

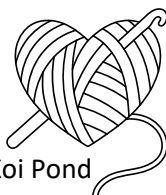
Short distance, or long - you pick. All levels of walkers are welcome!



## HAPPY HOOKERS CLUB

**When:** Returning in the Fall

**Where:** North Atrium near the Koi Pond



**The Happy Hookers will be pausing for the Spring/Summer season and will be returning in the Fall**

## NEWSLETTER READING + BOOK CLUB

**When:** Tuesdays from 11:15 am - 12:00 pm

**Where:** Pink Room (TV Room)

Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.



## \$3.00 BINGO

**When:** Saturdays at 6:00 pm

**Where:** Games Room



## CARD BINGO

**When:** Monday/Wednesday/Friday at 2:00 pm

**Where:** Games Room



**WHIST** When: Wednesdays at 6:00 pm

**BRIDGE** When: Thursdays at 6:00 pm

**CANASTA** When: Tues, Fri, Sun at 5:30 pm

Where: Games Room

## SHUFFLEBOARD

**When:** Mondays & Thursdays at 2:00 pm

**Where:** Games Room

## CRIBBAGE

**When:** Monday at 6:30 pm & Tuesday at 6:00 pm

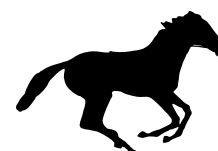
**Where:** Games Room

## OFF TO THE RACES... HORSE RACES

**When:** Every second Tuesday

**Where:** Games Room

*Come cheer on your horse. Watch, cheer, or bring quarters to play!*



# SUSAN'S NEWS



Contact Susan at 587-525-8713 or [susan@standrewscentre.com](mailto:susan@standrewscentre.com)

Reminder: My notices are located both in the planting room (between games & tv rooms) and between the piano and west elevators on the main floor.

## **Garden Boxes**

It was wonderful to see all the gardeners at the meeting earlier this month. In fairness to those on the wait list, if your garden cannot be maintained, or if you are away most of the summer, let me know and we will reassign your garden box. Any unattended/neglected gardens will be reassigned with notice given to the current holder. As mentioned in last month's newsletter, most second boxes assigned last year have been given to others on the wait list.

It was great to see so of you at the April 6th meeting. Seed give away is May 11th. However, if you would like seeds prior to then please come talk to me or write me a list.

## **Other Things Outside**

Thank you to all that attended the spring cleanup meeting and for your ambition that day. It was a good start to the cleanup.

For volunteers ready to get things done, postings start going up May 1st. The lists will outline tasks with dates/times as well as list alternate days in case of rain. These will be in the planting room and on various boards in the atrium.

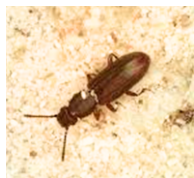
## **Koi Pond**

Thank you to everyone for watching over our sick Koi. There is still some residue of the infection seen in the dorsal fin and left pectoral fin but unless this gets worse the koi is fine.

## **Have you noticed a beetle in your suite?**

The Sawtoothed Grain beetle is very small (5 mm), dark brown, and does not fly. They prefer living in older trees and in rural areas, commonly a pest in grain containers. They can also come into a home to look for food or come in with groceries such as bagged grain. They are referred to as pantry pests.

This spring they were noticed inside and seemed to be coming from the outer wall heating systems. We suspect it is due to the trees coming down last fall causing displacement of this beetle. The insects would have been looking for a warm place as it got cool last fall. If anyone notices them, contact the office so we can ask maintenance staff to put out sticky traps. Currently, they are isolated to one apartment on the east side.



Picture is double the size of the actual beetle



## GARDEN CAFÉ

The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am - 11:00 am
Lunch	11:00 am - 1:30 pm
Dinner	4:30 pm - 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm\*

\*please note the new delivery cut-off time

The Spring/Summer 4-week rotating menu is in effect. Menu copies are available at the Café and online. The *Garden Café* accepts payments by Cash, Debit Card, Punch Card, St. Andrew's Swipe Card or Gift Cards.



### MOTHER'S DAY BRUNCH

**SUNDAY, MAY 14TH 9:00 AM - 1:30PM**

**\$15.00 Residents/Citizens**

**\$20.00 Guests**

**\$1 per age - Children 9 and under**

**Pay at Cash Register - No Punch Cards**

*Carved Honey Mustard Ham • Scrambled Eggs Au Grain • Poached Salmon Loin • Baked Pasta Casserole • and more!*

### BBQ LUNCH!

Enjoy delicious BBQ lunches every 2nd  
Wednesday starting on **May 17th**  
for only **\$7.50!**

## MAINTENANCE DEPARTMENT

<b>MAINTENANCE HOURS:</b>	<b>Monday - Friday</b>	8:00 am - 4:30 pm (except holidays)
	<b>Saturday</b>	9:00 am - 3:00 pm

Please call the main office @ 780-452-4444 to request Work Orders for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident. You will be advised if fees are applicable to your request before the work order is dispatched to staff.



## HOSPITALITY DEPARTMENT



### **Spring Cleaning Special!**

- One Hour of Housekeeping
- Fridge Cleaning
- Stove Cleaning
- Window Washing

**Bachelor            \$130.00**

**One Bedroom    \$150.00**

**Two Bedroom    \$165.00**

*\* all services must be completed on the same day. No substitutions of services will be allowed. Must be booked within 60 days of purchase.*



### **Laundry Detergent Options**

Please **ONLY** use products designed for use in washing machines in our laundry room. Examples include:

- Liquid Laundry Detergent
- Liquid Laundry Detergent Pods
- Liquid Fabric Softener
- Laundry Scent Boosters
- Powder Laundry Detergent

### **Guest Suite Accommodations**

St. Andrew's Centre has 5 fully-furnished suites, each with all necessary items for a comfortable and convenient stay. Our well-appointed Guest Suites each include;

linens, dishes, pots, pans and small appliances.

Fridge, Stove, Microwave, Cable TV, Free WIFI provided.

**Rate is \$85.00 per night.**

*Discounts are available for longer stays.*



***For more information and bookings, please contact the  
Hospitality Department at 587-525-8714***

# FINANCE DEPARTMENT



...to all our Citizens, and their Families, who routinely ensure their monthly invoices are paid upon receipt!

## ACCOUNT BALANCES

Monthly Invoices for Garden Café, Hospitality Services, and incidental charges are due upon receipt.

Accounts with invoices not paid in full by the 15th of the following month may be subject to suspension and/or finance charges.

## FINANCE CHARGES

A fee of \$45.00 will be charged to the resident when their rent payment is returned from the bank uncleared (eg. 'NSF' or Non-Sufficient Funds).

A fee of \$25.00 will be charged for other payments such as monthly Garden Café or Hospitality invoices, and incidental billings that are returned from the bank uncleared.

## ACCOUNT CHANGES

- Parking Rental
- Storage Rental
- Meal Plans
- Banking Information

Please inform the Main Office of changes **before the 20th of the month.** This is important to ensure charges for the following month are correct.



**Resident Community Committee**  
**Minutes - April 19, 2023 - 1:30 pm**  
Chair : Karin V.      Co-Chair: Patricia

1.Call the meeting to order: 1:30 pm

**2. Welcome and introductions.**

**3. Attendance:** Patricia (Community Relations Manager), Kiara (Housing and Quality Coordinator - minute taker), Gail R., and Karin V., Ginger S., Victoria H., Joy M., Patti P., Ellie M., Joan B., Louise F., Rilla L., Alice N., Diana D.

Absent: Shirley B., Helen D., Linda H., Doreen B., Patrick M., Joan B., Gerry C., Sr. Anne., Lauri G., Dolores H., Sharon L., and Dora V.

**4.Reading/Acceptance of minutes from last meeting**

1st Gail R.

2nd Patti P.

**\*\*Please note that meeting minutes are issued in the monthly newsletter\*\***

Changes to minutes: there were no changes made to the minutes.

**5.Additions to the Agenda to add under new business, accept Agenda**

1st Gail R.

2nd Patti P.

**6.Business arising from the last meeting/old business:**

**6.1.** Auditorium Automatic Doors: the installation of an automatic door for the auditorium has been assessed – currently waiting for a quote.

**6.2.** Speaker Systems in Atrium and Auditorium: Portable speakers and microphones have been purchased for use around the Atrium and Auditorium for events. The PA system in the Atrium will be reassessed once the new COO is established.

**7.Standing Agenda Items:**

**7.1 Food Service:**

·Meal Menus: a recommendation was given to have the menu printed and posted on the front entrance of the Garden Café. Adding this menu at the front of the Café would be helpful to those who may need the extra time to decide what they would want.

·Citizens expressed concern for tenants that may have a language barrier/disability or are vision impaired. They would like the staff to be more understanding and patient with those who are experiencing these challenges. This concern will be brought to the acting COO and will be handled appropriately. A reminder to please inform the Main Office of any concerns in a timely manner as soon as it occurs.

## **7.2 Maintenance/Housekeeping:**

·Citizens would like clarification on the type of soap/detergent that is allowed to be used in the laundry mat. The Main Office will be in contact with the Hospitality team to possibly get a list of appropriate items that should be used.

## **7.3 Social/Leisure Activities:**

Upcoming Events:

- April 21 at 1pm – Hat Crafting
- April 24 at 1pm – Hat Fashion Show
- May 8 at 3pm – Leatherworking Workshop (6 week session, limited space, \$13 per person)
- May 24 at 1pm – Edmonton Public Library Mobile Devices Lessons
- May 27 at 12:30 pm – Chair Yoga (ongoing until July, limited space, \$2 per class per person)

## **7.4 Security**

- Citizens were concerned about appliances being left on when there's an emergency health situation inside of a suite. Acting COO Melodie has alerted security to make sure the stove is turned off before locking the door.
- Citizens and staff are reminded to stop before and after leaving the parkade, this way no unwanted guests can enter or exit the parkade.

## **8.New Business (suggestion box/Committee concerns):**

### **Suggestion Box:**

**8.1.** Biweekly fish and chips on the menu – as per Lonnie, for the Spring/Summer menu, crunchy perch and trout have been added to the rotating menu which is why Fish and Chips only occurs once a month.

New Business Arising from the Meeting:

**8.2.** Community Council Member: The Community Council Member list will be created and based off of today's meeting attendance.

## **9.Administration Sharing:**

**9.1.**New Chief Operating Officer – the new COO, Correne, will be starting in May. More information will be provided in the May Newsletter.

**9.2.**Reminder to stay in your suite if you are feeling unwell and wear a mask should you decide to leave your suite.

**9.3.**Citizen Fire Safety Presentation – Tuesday, May 9 at 2:00 pm in the Auditorium.

**9.4.**Main Office Closed – May 22 for Victoria Day

**9.5.**Alberta Provincial General Election – Monday, May 29 in the Auditorium.

**9.6.**Health & Wellness Fair – Monday, June 5th to kick off Seniors Week.

Meeting Adjourned at 1:59 pm.

Next meeting: Wednesday, May 17, 2023 at 1:30pm in the FR Irwin Room.

# FUN ZONE

## Get to Know the Team!

Welcome to our newest segment where we will feature a member of our St. Andrew's Centre team once a month!

### What is your job title and how long have you worked at St. Andrew's Centre?

I am the **Community Relations Manager** which means I am responsible for the marketing, social and leisure activities/programming. I started working at St. Andrew's 5.5 years ago as the Finance Assistant.

### Tell us a little about yourself.

I graduated from NAIT with my BBA in Accounting in 2016 and worked in a car dealership for a year before coming to the Centre. I have been with my fiancé for 7 years and will be getting married this August! I often bring my 14 year old dog, Lucy, with me to work - feel free to stop in and say hello!



**Patricia Flores & Lucy**

### What's your favourite way to spend your days off?

I love a relaxing weekend with little to no plans. In the summer, I like to go kayaking with my fiancé and Lucy!

### What is one thing you've tried that you would never try again?

I went cage diving with sharks in Hawaii. Afterwards, I saw videos of sharks jumping into the cage with the divers. I will never do that again.

### Share a fun fact about you!

My mom, Marilou, was the Main Office receptionist for 25 years so I basically grew up in this building!

Next Month's Staff Feature: Correne Killian, COO

## St. Andrew's Word Search



T X R A R O K A L O F Q T O M  
J B U U R Q H I W A U P S A R  
W Y I D P Y J C E A R A L S S  
W D N I L F L A I G J N K T H  
K B X T T A A V F R J N O A U  
W E B O J L T T I H S E I N F  
H Z E R C X O F R H C X P D F  
A C R I U I L J R I P A O R L  
I D T U S F T E D I U K N E E  
R X F M J Y E I F C R M D W B  
S B H W P F M R Z J L W W S O  
A O I K U W D B N E D U I G A  
L H K Q S L W U V I N N C N R  
O J P V S W C S X F E X T P D  
N G A R D E N C A F E I U E O

1. When were the first Winter Olympic Games held?
2. In the song "Here Comes Peter Cottontail" what did Peter have for Tommy's sister Sue?
3. In what Caribbean country did steel drums originate?
4. What breed is known as the only barkless dog?
5. What animal's fingerprints resembles a human's the closest?

Shuffleboard

Garden Cafe

Auditorium

Hair Salon

Koi Pond

Fr Irwin

St Andrews

Citizen



Ernie

Atrium




Annex

Bert

Answers: 1. 1924, 2. Coloured eggs, 3. Trinidad and Tobago, 4. Basenji, 5. Koala

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>April 23</b>  Canasta 5:30pm  Music Hour 7pm Pink/TV Room	<b>24</b>  Keep Fit 10-11am Auditorium <b>Hat Fashion Show 1pm</b> <b>Atrium</b>  Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	<b>25</b>  Walking Group 10am Atrium Oral Book Club 11:15-12pm Pink/TV Room Happy Hookers 1pm North Atrium Canasta 5:30pm Cribbage 6pm <b>RA Entertainment 7pm</b> <b>Auditorium</b>	<b>26</b>  <b>Shop Easy 9:30am</b> Carpet Bowling 9:45am Auditorium <b>Walking Pole Workshop 1pm</b> <b>Auditorium</b>  Card Bingo 2pm Whist 6pm	<b>27</b>  <b>Farmers' Market 9:30am - 1:30pm</b> <b>Atrium</b>  Keep Fit 10-11am Auditorium Shuffleboard 2pm  Bridge 6pm	<b>28</b>  Walking Group 10am Atrium <b>Fit Friday Fall Prevention 1pm</b> <b>Auditorium</b>  Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	<b>29</b>  Bingo 6pm
<b>30</b>  Canasta 5:30pm  Music Hour 7pm Pink/TV Room	<b>May 1</b>  Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	<b>2</b>  Oral Book Club 11:15-12pm Pink/TV Room <b>Heart to Home Meals Presentation 2pm</b> <b>Auditorium</b>  Horse Racing 2:30pm Canasta 5:30pm Cribbage 6pm	<b>3</b>  Carpet Bowling 9:45am Auditorium Card Bingo 2pm  Whist 6pm	<b>4</b>  Keep Fit 10-11am Auditorium Shuffleboard 2pm  <b>Staff Fire Presentation Main Office Closed 2:00pm - 3:30pm</b>  Bridge 6pm	<b>Cinco de Mayo 5</b>  <b>RA River Cree Trip First Bus: 11am</b>  Walking Group 10am Atrium Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	<b>6</b>  Bingo 6pm
<b>7</b>  Canasta 5:30pm  Music Hour 7pm Pink/TV Room	<b>8</b>  Keep Fit 10-11am Auditorium <b>Generator Test starting at 2pm</b>  Card Bingo 2pm Shuffleboard 2pm <b>Leatherworking 3:00pm - 4:00pm</b> <b>Games Room</b>  Cribbage 6:30pm	<b>9</b>  Walking Group 10am Atrium Oral Book Club 11:15-12pm Pink/TV Room <b>Citizen Fire Presentation 2pm</b> <b>Auditorium</b>  Canasta 5:30pm  Cribbage 6pm	<b>10</b>  Carpet Bowling 9:45am Auditorium Card Bingo 2pm  Whist 6pm	<b>11</b>  <b>Farmers' Market 9:30am - 1:30pm</b> <b>Atrium</b>  Keep Fit 10-11am Auditorium <b>Seed Giveaway 12:30pm - 2:00pm</b> <b>Planting Room</b>  Shuffleboard 2pm Bridge 6pm	<b>12</b>  Walking Group 10am Atrium <b>Fit Friday 1pm</b> <b>Auditorium</b>  Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	<b>13</b>  Bingo 6pm

Games Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Canasta 5:30pm Music Hour 7pm Pink/TV Room	15 Keep Fit 10-11am Auditorium Card Bingo 2pm Shuffleboard 2pm  <b>Leatherworking 3:00pm - 4:00pm Games Room</b> Cribbage 6:30pm	16 <b>Sweet Soles 9am</b> Atrium Walking Group 10am Atrium Oral Book Club 11:15-12pm Pink/TV Room Horse Racing 2:30pm Canasta 5:30pm Cribbage 6pm <b>RA General Meeting 7pm Auditorium</b>	17 Carpet Bowling 9:45am Auditorium <b>New COO Meet &amp; Greet 10am Location: TBD</b> <b>CCC Meeting 1:30pm Reception/Fr. Irwin Room</b> Card Bingo 2pm Whist 6pm	18 Keep Fit 10-11am Auditorium Shuffleboard 2pm  Bridge 6pm	19 Walking Group 10am Atrium Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	20 Bingo 6pm
21 Canasta 5:30pm Music Hour 7pm Pink/TV Room	22 <b>Victoria Day</b>  <b>OFFICE CLOSED</b> Card Bingo 2pm Shuffleboard 2pm <b>Leatherworking 3:00pm - 4:00pm Games Room</b> Cribbage 6:30pm	23 Walking Group 10am Atrium Oral Book Club 11:15-12pm Pink/TV Room Canasta 5:30pm Cribbage 6pm	24 Carpet Bowling 9:45am Auditorium <b>EPL Mobile Device Lesson 1pm - 3pm Reception/ Fr. Irwin Rm</b> Card Bingo 2pm Whist 6pm	25 <b>Farmers' Market 9:30am - 1:30pm Atrium</b> Keep Fit 10-11am Auditorium Shuffleboard 2pm  Bridge 6pm	26 Walking Group 10am Atrium <b>Fit Friday 1pm Auditorium</b> Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	27 <b>Chair Yoga 12:30pm - 1:30pm Auditorium</b> Bingo 6pm 
28 Canasta 5:30pm Music Hour 7pm Pink/TV Room	29 <b>Provincial Election 2023 Auditorium</b> <b>VOTE</b> Keep Fit 10-11am Pink Room Card Bingo 2pm Shuffleboard 2pm <b>Leatherworking 3:00pm - 4:00pm Games Room</b> Cribbage 6:30pm	30 Walking Group 10am Atrium Oral Book Club 11:15-12pm Pink/TV Room <b>Quarterly Birthday Celebration! 2pm Auditorium</b>  Canasta 5:30pm Cribbage 6pm	31 <b>Shop Easy 9:30am</b> Carpet Bowling 9:45am Auditorium Card Bingo 2pm  Whist 6pm	<i>June 1</i> Keep Fit 10-11am Auditorium Shuffleboard 2pm  Bridge 6pm	2 Walking Group 10am Atrium Card Bingo 2pm Canasta 5:30 pm Movie Night 7pm Pink/TV Room	3 <b>Chair Yoga 12:30pm - 1:30pm Auditorium</b> Bingo 6pm

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.