



St. Andrew's Centre October 2023 Newsletter

Greetings from Correne the Chief Operating Office

Happy Fall Greetings Everyone,

I cannot believe that this is the end of September already and we are heading into October. The daylight is becoming shorter, and the nights are cooler. As we head into October, Fall Cleaning has begun in the Centre.

Thank you to those of you who took away extra decorations in areas that Hospitality now needing to clean more often and diligently. There was some confusion. People can put whatever they want out on their doors. It is in areas where hospitality needs to be cleaned that we were asking for those of you who have extra decorations out on tables in hallways etc. to take them back.

I still encourage people to decorate their doors however they feel. If there is one vase with flowers on it okay but we were seeing some areas where there were five or six. We wanted to cut back in those areas to just have one vase with flowers vs five. I appreciate everyone's help with this matter.

Balconies Please start to put away items that cannot be left out in the winter months and ensure items that you are leaving out are secured and or under a tarp. Nothing can be left hanging over the balconies that could fall and or are not secured please.

Flu/Covid Clinic will be happening in October/November, I do not have a set date by CareRx yet. consent forms need to be filled out by October 3rd, 2023. Thank you. As soon as I am notified, we will post it on the boards and elevators.

Total Evacuation of the Building is something I was hoping would take place but due to operational changes and needs this will not be able to happen until early spring. Instead, we will be having a day where we will be getting everyone's weight and picture as required by the fire department. Please look out for that announcement.

**Greetings from Correne the Chief Operating Office
(continued)**

Smoking

This is a reminder to those of you who are smoking outside. Please be mindful to those who live around those doors in the back of the building. If you choose to smoke that is your own choice but you should be going out and smoking closer to the alley-way and away from the doors out of respect for those who live above those doors, please.

Smoking – Change in Operations

In October we will send out a memo/notification to every citizen to explain the change of no longer being able to smoke in their rooms. Citizens who were grandfathered previously to be allowed to smoke in their rooms will no longer be allowed within six months' time frame. This change will start to take place in April Of 2024. It was decided and approved upon that St. Andrew's Centre will be changing the way we view and deal with this matter moving forward.

More to come on this change will be presented. Reminder to those who have moved in the past few years, smoking in your room is a violation against your lease and therefore could result in eviction. I will be dealing with certain individuals who are affected by this change personally.



Thank you to everyone who has come to me about concerns. I am reminding everyone that St. Andrew's Centre has a zero tolerance for harassment and bullying of any kind. I take those matters seriously and I have and will deal with those who violate this.

Be kind to one another. We are all human. We all make mistakes and deserve forgiveness as such.

Sincerely,

Correne Killian

IMPORTANT NOTICES

MAIN OFFICE

CLOSED

Truth and Reconciliation: Monday, October 2nd, 2023

Thanksgiving: Monday, October 9th, 2023

Security Staff are on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444

GENERATOR TESTING

Monday, October 10 starting at 2:00 pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.



As per the Alberta Gaming and Liquor Commission (AGLC),
no one is permitted to have open containers of alcohol or consume alcohol of any kind in the common areas of St. Andrew's Centre.

Effective Immediately

Citizens and their visitors may only consume alcohol in their private suite(s).

The liquor license held by the St. Andrew's Centre is limited to occasions where the Centre is proving alcohol served by employees only, following conditions and rules of service as directed by the AGLC.

Exceptions may be arranged for Centre events only (such as the Annual Christmas Dinner Banquet) with special handling and staff service requirements that will be enforced by the AGLC. Details later.

Citizens, family and external clients booking events or gatherings in our meeting spaces (Auditorium, Reception Room, Boardroom) wishing to bring in alcoholic beverages will be required to purchase a Special Event License directly from the AGLC, at their own expense in advance of the event.

RESIDENTS' ASSOCIATION (R.A.)

On Remembrance Day, we would like to express our deepest gratitude to all the brave individuals who served in the armed forces. Your dedication and sacrifice will never be forgotten.

If you have served in the forces, please leave your name with the main office.

Octoberfest Celebration is planned for Tuesday, October 17th

Annual Hallowe'en Party will take place on Tuesday, October 31st

Reminder to Add your name to the Quarterly Birthday Party List to be included in the celebrations for your birth-month.

The sign-up list is on the bulletin board near the parcel locker across from the mailboxes.

CITIZEN COMMUNITY COMMITTEE (C.C.C.)

- Minutes from the September Resident Community Committee meeting are included with this publication.
- **The next meeting is scheduled for: Wednesday, October 18th @ 1:30pm in the Reception Room (Fr. Irwin).**
- The Centre has a bulletin board for RCC information and notices. It can be found in the atrium next to the piano.

AMENITIES



FARMERS' MARKET

BI-WEEKLY on THURSDAYS
in the Atrium

- October 12th
- October 26th

Family Physicians

Dr. Aditi Dobriyal, MD, CCFP, is a Family Physician who is available to do home-visits for citizens of St. Andrew's Centre, if desired. To book an appointment, call Dr. Dobriyal directly @ 587-590-8894. She will arrange to come and see you in your suite.



Dr. Hakirat Sidhu is on-site for Citizen appointments in the Centre two evenings each week, starting at 5:00pm. Pre-booking is required. Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Please note that St. Andrew's Centre is not affiliated with the doctors, or medical staff.

Special Touch Hair Salon

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**



DO YOU HAVE INGROWN TOENAIL PROBLEMS?

We may have the solution to avoid surgery. Come in for a consultation with our esthetician Leah to discuss the best course of treatment.



Fall is coming. Time to get out and enjoy some nice walks outside before the snow arrives. Happy Thanksgiving to all the wonderful residents and staff here at St Andrew's.

The Tuck Shoppe will be closed for the Thanksgiving holiday on Monday October 9th.

If you are wanting to sign up for your medications here at St Andrew's, please come down to the Tuck Shoppe and see Audrey. She will be happy to help you.

Also, fall is a great time to look through your medications and toss out any old/outdated medications. You can drop these off at the Tuck Shoppe for proper disposal.

The Tuck Shoppe is open Monday 8:30am - 4:00pm and Friday 8:30am - 3:30pm.

Take care and stay healthy!

Sandra's Mobile Footcare

Sandra Dickerson operates a **Mobile Foot Care Service** for citizens of the Centre. For more information or to book an appointment contact her directly.
@ 587-926-0422, or e-mail sandradickerson82@gmail.com.



CENTRE EVENTS & ACTIVITIES

CHARITY SALE - ST. VINCENT DE PAUL

Thursday, October 26th - Saturday October 29th

Sale will be in the Auditorium. Entrance is from the front lobby through the sunroom. Public welcome.

I CAN'T DRAW - DRAWING WORKSHOP

When: Thursday, October 19th

Time: 1:00pm

Where: Games Room

Still drawing stick people or have given up altogether?
Come have some fun transforming sticks or circles into something more.

HALLOWEEN COFFEE PAINTING



When: Tuesday, October 25th

Time: 1:00 PM

Where: TV Room

Coffee is not just for drinking. Create fun Halloween pictures using templates provided or create your own. Don't paint? No problem.

HALLOWEEN PARADE

When: Tuesday, October 31st

Time: 1:30 PM

Where: Atrium

Be sure to wear your costume!!



FIT FRIDAYS

When: Every Friday

Time: 1:00 pm

Where: Auditorium

Wherever we are in our lives, there is always the ability to improve. To stand taller, feel stronger.
Join us to increase your strength, balance, posture, circulation See you Fridays!

Employee News



Welcome to the Team
Erica and Fasika,
Hospitality Attendants!

Our Cook, **Pryantha**, Hospitality Attendant **Ramona**, and Housing Coordinator, **Heather** are no longer working at the Centre.
We wish them well in their future endeavors.

ACTIVITIES

CARPET BOWLING

When: Wednesdays

Time: 10:00am

Where: Auditorium

No experience needed, only a sense of humour.



FRIDAY MOVIE NIGHTS

TV Room at 7:00pm every Friday

Check notice board for weekly title.



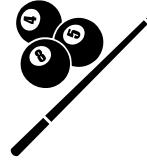
WALKING GROUP

When: Tuesdays and Fridays at 10:00 am



Where: Meet in the Atrium for a 20-30 minute INDOOR or OUTDOOR walk, and then coffee-time at the *Garden Café*.

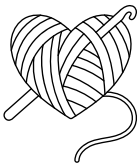
Short distance, or long - you pick. All levels of walkers are welcome!



POOL

When: Tuesday at 1:00 pm

Where: Games Room



Happy Hookers CLUB

When: Tuesday at 1:00pm

Where: North Atrium near the Koi Pond

NEWSLETTER READING + BOOK CLUB

When: Tuesdays from 11:15 am - 12:00 pm

Where: Pink Room (TV Room)

Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.

SHUFFLEBOARD

When: Mondays & Thursdays at 2:00pm

Where: Games Room

CARD BINGO

When: Monday/Wednesday/Friday at 2:00pm

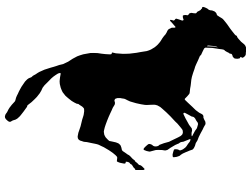
Where: Games Room



\$3.00 BINGO

When: Saturdays at 6:00pm

Where: Games Room



OFF TO THE RACES... HORSE RACES

When: Every second Tuesday at 2:30pm

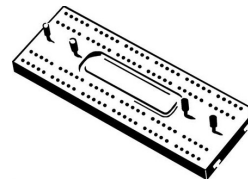
Where: Games Room

Come cheer on your horse. Watch, cheer, or bring quarters to play!

CRIBBAGE

When: Monday & Tuesday at 6:30pm

Where: Games Room



WHIST When: Wednesdays at 6:00pm

CANASTA When: Sunday, Tuesday, Friday at 5:30pm

BRIDGE When: Thursday at 6:00pm

Where: Games Room





GARDEN CAFÉ

The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am - 11:00 am
Lunch	11:00 am - 1:30 pm
Dinner	4:30 pm - 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm

The Spring/Summer 4-week rotating menu is in effect. Menu copies are available at the Café and online. The *Garden Café* accepts payments by Cash, Debit Card, Punch Card, St. Andrew's Swipe Card or Gift Cards.

Any changes made to the menu will be posted on the board in the Café.

REMINDER

**Please check your suite and return any silverware or dishes that belong to the Café.
We kindly ask that dirty trays are placed on the appropriate racks in the dining room.**

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS:	Monday – Friday	8:00 am – 4:30 pm (except holidays)
	Saturday	9:00 am – 3:00 pm

**Please call the Main Office @ 780-452-4444
to request Work Orders for Maintenance tasks in your suite.**

Most requests are completed the same day, and at no charge to the citizen. You will be advised of applicable fees for your request before the work order is dispatched to staff.

AIR CONDITIONERS

OUTSIDE SUITES ONLY (Does NOT apply to Inside Suites)

It's that time of year again when the outdoor temperatures are dropping and Autumn weather is beginning to set in. **Please be reminded:**

- Window air conditioner units must be removed by Centre Maintenance Staff before wintertime.
- This is necessary to prevent baseboard heater pipes from freezing and bursting which causes flooding and damages in the suite, and possibly in surrounding suites.
- Request a (no charge) work order for this by calling the Main Office @ 780-452-4444.

MAINTENANCE DEPARTMENT

The old City of Edmonton bus shelter in front of St. Andrew's Church on 111th Avenue has been boarded up!



In progress...



Completed!



Painting to be done soon.



A job very well done by Joe and Lambros!



SUSAN'S NEWS

Contact Susan at 587-525-8713 or susan@standrewscentre.com

Susan's notices are located in the planting room (between games & tv rooms)
and between the piano and west elevators on the main floor.

KOI POND

The 2 koi that were taken to vet in August are doing well. As is the one from last March. The smallest Koi has now also been treated with antibiotic injections for bacterial infection. **A reminder that nothing is to go into the pond. Hands, keys, kid's toys, etc. Thank you.**

ATRIUM

The plants are doing well as we head into fall. Watering is done regularly, and some plants need to 'dry out' prior to being watered again. If you have a concern about a plant looking dry, please talk to me instead of watering it.

GARDEN

This season was an overall success. Many gardeners had great results. As always there were some seeds that did not produce much. Could be the seeds, weather, under or overwatering, or combination.

Some garden boxes are fully cleared and others have foliage on top. With foliage, tomato cages laid down, screening, or other items on top we are hopeful to keep cats out of the dirt until next season.

TOWER GARDENS

The aeroponic tower gardens will be up and running soon. When ready, the produce will be harvested by volunteers. Watch for notices posted in the planting room (by TV room).

EXERCISE ROOM AND FITNESS

Stand tall, be strong, live longer. No matter our age we can straighten our posture to help our spine and internal organs, strengthen our muscles, increase our balance and flexibility. Not sure where to start? Talk to Susan or come to a Fit Friday.

October's exercise. For shoulders & upper back. Bring hands up to make the letter W with your arms.

Do daily 😊

- 1) Start with the W position then reach arms up to ceiling and back to the W (10 times)
- 2) Keep the letter W position and move arms back (10 times).

DID YOU KNOW?

The words 'autumn' and 'fall' originated in Britain. 'Autumn' was derived in the 1300's from the Latin word 'autumnus' (meaning autumn or fall). It would take 300 years for 'fall' to come about. After many poets began using the phrase 'the fall of leaves' the word itself became associated with the season during the 1600's.

Contact Susan at 587-525-8713 or susan@standrewscentre.com

HOSPITALITY DEPARTMENT



We can clean your walls!
For complete details and to book your
appointment, please call the
Hospitality office @ (587) 525-8714

Guest Suite Accommodations

St. Andrew's Centre has 5 fully-furnished suites, each with all necessary items for a comfortable and convenient stay.

Our well-appointed Guest Suites each include;
Linens, Fridge, Stove, Microwave, Pots, Pans,
Dishes, Cutlery and Small Appliances.

Cable TV, WIFI and Parking is Complimentary

BE OUR
Guest

RATES

\$85.00 per night - **Bachelor** Guest Suite

\$100.00 per night - **1-Bedroom** Guest Suite

Discounts are available for longer stays.

Cots can be rented for a \$25 flat rate (up to 1 week)

***For more information and bookings, please contact
Juvy at the Main Office at 587-525-8707***



FINANCE DEPARTMENT



ST. ANDREW'S CENTRE Friends & Family Christmas Buffet Dinner

Saturday, December 9, 2023

4:00 pm – 6:00 pm

**TICKETS WILL BE ON SALE
ONLY AT THE MAIN OFFICE**

November 1st - November 24th

Menu and Pricing will be posted by November 1st.

St. Andrew's Centre looks forward to hosting the Annual Holiday Banquet for Citizens, their Families, Friends, and our dedicated Staff.

This year there will be some changes to our program.

Please keep reading for details...



- **TICKETS will be sold starting on November 1st exclusively at the Main Office** from 8am to 4pm on business days. The Garden Café will NOT be selling tickets for this event.
- Your preferred table(s) will be selected at the same time as tickets are purchased. Seating will be assigned to match preferences as much as possible.
- **Ticket sales will be limited to 500 and will close at 4:00pm on Friday, November 24th** (or earlier if sold out).
- Friends or family members from outside the Centre wishing to purchase tickets who cannot visit the Centre during office hours, may call the Main Office @ 780-452-4444 to purchase tickets using a credit card to ay.

As in previous years, Citizens and their invited adult guests may bring their own **alcoholic beverages** to enjoy responsibly with their meal. However, due to AGLC legislation all beverages containing alcohol must be factory-sealed and given to an assigned staff member upon arrival.

FULL DETAILS WILL BE PROVIDED AT A LATER DATE

Due to the conditions of AGLC service rules, ONLY WINE and SINGLE-SERVE alcoholic beverages (eg. canned/bottled beer or coolers) will be PERMITTED at this event.

Thank you in advance for your understanding and cooperation.

FUN ZONE

Get to Know the Team!

Welcome to our newest segment where we will feature a member of our St. Andrew's Centre team once a month!

What is your job title and how long have you worked at St. Andrew's Centre?

I have been the Hospitality Services Manager since 2017. Which means I am responsible for scheduling the day to day duties like housekeeping, laundry service, making their bed etc., attending to our citizens concerns and requests, booking room for the events and complete the required set-up.



Tess

Hospitality Services Manager

What's your favourite way to spend your days off?

Besides cleaning my house, I love spending time in the mountains with my husband.

What is the number one thing on your bucket list?

I would love to be able to travel the world more often and also win the Lottery!



What do you fear the most?

I have a fear of spiders!! Please don't ask me to kill one of them for you. I will RUN very fast and won't return.



How do you enjoy your coffee?

I always order a Double Double from Tim Hortons.

Next Month's Staff Feature: Melodie

Fill in the Blank

Halloween is Here

It's time for _____
A day for _____ or treat,
When the kids dress up in _____,
And walk proudly down the street.
They ring a lot of door _____,
And collect a lot of _____ too,
And if they happen to see a ghost,
They will be greeted with a boo.
_____ light up the windows,
And decorations adorn the front yard,
So be careful when you come in,
Because the _____ will be on guard.
So go have a lot of fun,
And don't have any fear,
Because it will soon be over,
And you'll have to wait till next year.

**Citizen Community Committee
Minutes – September 20, 2023 - 1:30pm**

Chair: Correne, Co- Chair: Susan

1. Call the meeting to order: 1:30 PM
2. Welcome and introductions.
3. Attendance: Correne (COO), Susan- note taker, Sharon S., Ellie M., Alice N., Ginger S., Karin V., Joan B., Lauri G., Linda C.H., Victoria H, Maxine D, John T, Sharon B, Margarhita A.

Absent: Kiara, Helen D., Linda.G.H., Patti P., Gail R., Dolores S.,

4. Reading/Acceptance of minutes from last meeting

1st Joan B.

2nd Sharon S.

Please note that meeting minutes are issued in the monthly newsletter

Changes to minutes:

5. Additions to the Agenda to add under new business, accept Agenda.

1st Security Guard- are now – 24/7

2nd Auditorium Doors have been put into place.

3rd Bathroom doors up front will remain off at this time

6. Business arising from the last meeting/old business:

6.1. Security Guards: There are no plans to add a secondary security guard to the Centre. If you have any concerns, please contact Correne to discuss.

6.2. Auditorium Automatic Doors: We are still waiting for the timeline of completion for this project, but the installation of automatic doors in the Auditorium has been approved.

This has been completed.

6.3. Community Council Member List – to be reviewed and accepted. This was done in June 2023.

1st Gerry C.

2nd Louise F.

7. Standing Agenda Items:

7.1. Food Service: Concerns arising about behaviors from kitchen. Has been addressed. Correne informed the group that disciplinary actions have been taken and Sensitivity training will be required as customer service is key. There will be changes to how the Café works in the new year and looking at other POS systems. Discussed hearing loss and how this affects people's volume. Correne will work with the Cafe to increase customer service. General conversation from attendees about attitude and a suggestion to check receipts.

7.2. Maintenance/Housekeeping: Raymona is gone – Erica is new, will be hiring another staff member for this department. General discussion from the front page of the last newsletter. Decorating your doors is ok. Cleaning in common areas is increasing therefore minimize what is there.

7.3. Social/Leisure Activities:

Upcoming Events: Please see newsletter. Susan mentioned a couple upcoming activities in October and has a list of things to go over with Kiara. Discussion of getting a speaker in from SAGE, a lawyer to talk about wills, power of attorney, green sleeve etc.

7.4. Security: Will be put onto a 24/7 schedule starting sometime in October. Security will be in a different rotation to ensure fairness and weekends off. Starts in October. General discussion on falls. Correne relayed that when someone falls, we do not help, and EMS is called. Security does not call family if EMS says they will.

7.5. Increased harassment has been witnessed by asking people where they are going and the name and number of the citizen. It is within our rights to do so, and we will continue to do that. This was installed due to people entering the building. We now ask more questions as the priority is security. It is within our right to ask.

8. New Business (suggestion box/Committee concerns):

Suggestion Box:

- A suggestion to put puzzles along the hallways on some of the floors. Discussed the extra cleaning that and this discussion will be put on hold.
- Removal of the old chairs- not IOPC approved, we will be looking at purchasing new ones. The old chairs were not wipeable as is regulation. Will look at purchasing newer ones like what was there. The 2 in sunroom will also be replaced.
- Article about entertainment – will leave with Kiara. Suggestion to bring back comedy act.

New Business Arising from the Meeting:

8.1. Security guards 0- new schedule in October

8.2. Auditorium doors – fixed and in place

8.3. The front door bathroom doors will be removed until further notice. Original doors 200 lbs. Bathroom will be renovated with help from parish. Likely no doors.

9. Administration Sharing: No access to the mail room. Would need permission and only for billing.



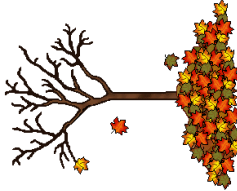
Meeting Adjourned at 2:03 pm.



Next meeting: October 18th, 2023

St. Andrew's Centre

Games Activities take place in the Games Room unless otherwise noted.

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 24 Canasta 5:30pm Music Hour 7pm Pink/TV Room	25 Keep Fit with Bonnie 10am Auditorium Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	26 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Happy Hookers Club 1pm Pool 1pm Horse Racing 2:30pm Canasta 5:30pm Cribbage 6:30pm	27 Shop Easy 9:30am  Carpet Bowling 10am Card Bingo 2pm Whist 6pm	28 <div style="border: 1px solid black; padding: 2px;"> Farmers' Market 9:30am - 1:30pm Atrium </div> Keep Fit with Bonnie 10am Auditorium Shuffleboard 2pm Bridge 6pm	29 Walking Group 10am Fit Friday 1pm Auditorium Card Bingo 2pm Canasta 5:30pm Movie Night 7pm Pink/TV Room	30  Bingo 6pm
October 1 Canasta 5:30pm Music Hour 7pm Pink/TV Room	<div style="border: 1px solid black; padding: 5px; transform: rotate(-5deg); display: inline-block;"> OFFICE CLOSED </div> National Day for Truth & Reconciliation Holiday	3 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Happy Hookers Club 1pm Pool 1pm Horse Racing 2:30pm Canasta 5:30pm Cribbage 6:30pm	4 Carpet Bowling 10am Card Bingo 2pm Whist 6pm	5 Keep Fit with Bonnie 10am Auditorium Shuffleboard 2pm Bridge 6pm	6 Walking Group 10am Fit Friday 1pm Auditorium Card Bingo 2pm Canasta 5:30pm Movie Night 7pm Pink/TV Room	7 Chair Yoga 12:30pm - 1:30pm Auditorium Bingo 6pm
8  Canasta 5:30pm Music Hour 7pm Pink/TV Room	<div style="border: 1px solid black; padding: 5px; transform: rotate(-5deg); display: inline-block;"> OFFICE CLOSED </div> Thanksgiving Holiday Keep Fit with Bonnie CANCELLED Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	10 Walking Group 10am Oral Book Club 11:15 am Pink/TV Room Happy Hookers Club 1pm Pool 1pm Generator Test starting at 2pm Canasta 5:30pm Cribbage 6:30pm	11 Carpet Bowling 10am Card Bingo 2pm Whist 6pm	12 <div style="border: 1px solid black; padding: 2px;"> Farmers' Market 9:30am - 1:30pm Atrium </div> Keep Fit with Bonnie 10am Auditorium Shuffleboard 2pm Bridge 6pm	13 Walking Group 10am Fit Friday 1pm Auditorium Card Bingo 2pm Canasta 5:30pm Movie Night 7pm Pink/TV Room	14 Chair Yoga 12:30pm - 1:30pm Auditorium Bingo 6pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm Pink/TV Room</p>	<p>16</p> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>17</p> <p>Walking Group 10am</p> <p>Oral Book Club 11:15am Pink/TV Room</p> <p>Happy Hookers Club 1pm</p> <p>Pool 1pm</p> <p>Horse Racing 2:30pm</p> <p>Canasta 5:30pm</p> <p>Cribbage 6:30pm</p> <p>R.A. Entertainment Octoberfest @ 7pm</p>	<p>18</p> <p>Carpet Bowling 10am</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>CCC Meeting 1:30pm Father Irwin Room</p> </div> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>19</p> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>20</p> <p>Walking Group 10am</p> <p>Fit Friday 1pm Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>Movie Night 7pm Pink/TV Room</p>	<p>21</p> <p>Chair Yoga 12:30pm - 1:30pm Auditorium</p> <p>Bingo 6pm</p>
<p>22</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm Pink/TV Room</p>  <p>Canasta 5:30pm</p> <p>Music Hour 7pm Pink/TV Room</p>	<p>23</p> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>24</p> <p>Walking Group 10am</p> <p>Oral Book Club 11:15am Pink/TV Room</p> <p>Happy Hookers Club 1pm</p> <p>Pool 1pm</p> <p>Canasta 5:30pm</p> <p>Cribbage 6:30pm</p>	<p>25</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>Shop Easy 9:30am</p>  </div> <p>Carpet Bowling 10am</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>26</p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p>Farmers' Market 9:30am - 1:30pm Atrium</p> </div> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>27</p> <p>Walking Group 10am</p> <p>Fit Friday 1pm Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>Movie Night 7pm Pink/TV Room</p>	<p>28</p> <p>Chair Yoga 12:30pm - 1:30pm Auditorium</p> <p>Bingo 6pm</p>
<p>29</p> <p>Canasta 5:30pm</p> <p>Music Hour 7pm Pink/TV Room</p>	<p>30</p> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Card Bingo 2pm</p> <p>Shuffleboard 2pm</p> <p>Cribbage 6:30pm</p>	<p>Happy Halloween</p> <p>Walking Group 10am</p> <p>Oral Book Club 11:15am Pink/TV Room</p> <p>Halloween Parade 1:30pm in Atrium</p> <p>Canasta 5:30pm</p> <p>Cribbage 6:30pm</p> <p>R.A. Halloween Party 7pm in Auditorium</p>	<p>November</p> <p>1</p> <p>Carpet Bowling 10am</p> <p>Card Bingo 2pm</p> <p>Whist 6pm</p>	<p>2</p> <p>Keep Fit with Bonnie 10am Auditorium</p> <p>Shuffleboard 2pm</p> <p>Bridge 6pm</p>	<p>Walking Group 10am</p> <p>Fit Friday 1pm Auditorium</p> <p>Card Bingo 2pm</p> <p>Canasta 5:30pm</p> <p>Movie Night 7pm Pink/TV Room</p>	<p>4</p> <p>Chair Yoga 12:30pm - 1:30pm Auditorium</p> <p>Bingo 6pm</p>