

St. Andrew's Centre MONTHLY NEWSLETTER

From the Office of the Chief Operating Officer

As we welcome the month of May with open arms, I want to extend my warmest greetings to each resident of our community. This season of renewal brings forth a sense of hope and rejuvenation, and I am proud to reaffirm our unwavering commitment to your well-being and satisfaction. Our dedicated team remains steadfast in our pursuit of excellence, ensuring that every interaction exceeds your expectations. Your safety, health, and happiness continue to be our utmost priorities.

Looking ahead, I am excited to announce some upcoming events that will further enrich our community. On **Wednesday, May 1st at 2:00 pm, we will host a Fire Safety Presentation in the auditorium.** I encourage all residents to attend this important session as we enhance our collective awareness and preparedness. Additionally, for <u>those who have registered for the Covid-19 Vaccination</u>, please note that the vaccination is scheduled for **Thursday, May 2nd, from 10 am to 3 pm in the auditorium**. Please mark your calendars to ensure you don't miss this crucial opportunity.

As we embrace the beauty of spring and all its blossoming wonders, I want to take a moment to recognize the incredible Mothers among us. Your boundless love, nurturing spirit, and unwavering strength are the pillars of our families and our community. May this Mother's Day be a special celebration of your immeasurable contributions and the love you so generously share. Your presence enriches our lives in countless ways, and today, we honor and cherish you.

In closing, I extend my heartfelt wishes for the month of May to be filled with prosperity, good health, and cherished moments. Let us continue to embark on this journey together, supporting one another and building a community filled with warmth and kindness. Lastly, it is with regret to inform you that Lana, our Food Services Manager, is no longer with us at the Center. We wish her the best on all her future endeavors and express our gratitude for her time here.

Warm regards,



Correne Killian

ANNOUNCEMENTS

MAIN OFFICE

CLOSED

Victoria Day- May 20th 2024

Security Staff are on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444

MAIN OFFICE CLOSURE NOTICE

Please note that the main office will be closed every Monday through Friday from 12 pm to 1 pm.

GENERATOR TESTING

Tuesday, May 7th starting at 2:00 pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

UNDERGROUND PARKING CLEAN UP

Please be advised that on **Friday, May 10th**, the East and West underground parkades will undergo cleaning. This process will take all day, resulting in residents/staff being unable to access their assigned parking spots. Please make alternative parking arrangements towards the west side of the building. Cleaning will start at approximately 8 am and is anticipated to conclude by 4:30 pm. We appreciate your cooperation and understanding.

RECYCLING

A gentle reminder to all residents for safety reasons and to facilitate the recycling process, kindly refrain from opening the recycling bins to retrieve bottles. Moreover, please avoid leaving cans and bottles at fellow residents' suite doors. Recycling bins are conveniently located on the main floor for paper and bottles, with a larger bin situated at the West side of the building designated for cardboard recycling. It has been clarified that the housekeeping team is responsible for collecting and storing all bottles recycled in the main floor receptacles. The proceeds generated from this recycling initiative are allocated to pay for some special events at the Centre. Thank you for your cooperation.

COMMON SPACES

Please remember that common areas are not meant for leaving donations, furniture, or clothing for others to take. While sharing is thoughtful, these spaces have limited room and are not designated for these items.

To keep our environment neat and orderly, we recommend using proper channels for donating or discarding unwanted items. This practice helps us preserve the cleanliness and functionality of our shared spaces, benefiting all residents.

FIRE SAFETY PRESENTATION

A fire safety presentation conducted by the Edmonton Fire Department is scheduled for **May 1st at 2pm in the auditorium.** During the presentation, attendees will learn important fire safety tips and procedures to keep themselves and others safe in case of an emergency. This is a valuable opportunity to enhance your knowledge and preparedness for potential fire incidents. Be sure to mark your calendars and join us for this informative presentation.



Jave, Full time Maintenance Worker

Gabi, Human Resources Co-op Student from NorQuest College

Len, Admin Support Student from NorQuest College

AMENITIES



FARMERS' MARKET

BI-WEEKLY on THURSDAYS in the Atrium

Family Physicians

<u>Dr. Aditi Dobriyal,</u> MD, CCFP, is a Family Physician who is available to do home-visits for residents of St. Andrew's Centre, if desired. To book an appointment, call Dr. Dobriyal directly @ 587-590-8894. She will arrange to come and see you in your suite. **Please note: not accepting**

new patients at this time.

Dr. Hakirat Sidhu is on-site for Resident appointments in the Centre two evenings each week, starting at 5:00pm. <u>Pre-booking is required</u>. Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Please note that St. Andrew's Centre is not affiliated with the doctors, or medical staff.

Special Touch Hair Salon

Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105**.

Suffering from Ingrown Toenail Issues?

Worried about undergoing surgery? You're in luck! Schedule a consultation with our skilled esthetician, Leah, to explore alternative treatment options.

5 CareRx

Welcome to May and some lovely weather ahead. Time to get outside and enjoy some fresh air and to do some planting of our flowers and veggies. Happy Mother's Day this month to all you wonderful ladies here at St Andrew's. Spring is a good time to do some household spring cleaning and look through our medications to check for expired dates. You can bring any expired medications and vitamins down to the Tuck Shoppe and drop them off for disposal.

The Tuck Shoppe hours are: Monday 8:30am - 3:30pm Friday 8:30am - 3:30pm

The Tuck Shoppe will be closed for the Victoria Day long weekend on Monday, May 20th. Dillon - our Clinical Pharmacist is scheduled to be at the St Andrew's Tuck Shoppe on:

> Friday May 3rd Friday May 17th Friday May 31st

Sandra's Mobile Footcare

Sandra Dickerson operates a <u>Mobile Foot Care Service</u> for residents of the Centre. For more information or to book an appointment <u>contact her directly</u> @ 587-926-0422, or e-mail sandradickerson82@gmail.com.







Fire Safety Presentation

WEDNESDAY, MAY 1ST AT 2:00 PM AUDITORIUM

REFRESHMENTS WILL BE SERVED

SEED GIVEAWAY

Seed and tomato plant give away. For your garden boxes or balcony planters.

<u>When</u>: Thursday, May 2 12:00 - 2:00pm

<u>Where</u>: Planting room (by TV room)







BOOST ENERGY IMPROVE POSTURE & BALANCE

EVERYONE WELCOME NO MATTER YOUR ABILITY





THURSDAY MAY 2ND 2024

10:00AM - 3:00PM

AUDITORIUM

Dignity®

Family Service Counselor & Estate Lawyer Presentation

Our presentation will discuss estate issues, executorship and future planning.

Our aim is to provide you with valuable insights and guidance on navigating these sensitive topics with care and consideration.

> Tuesday, May 7th, 2024 Time: 10:00am Where: Auditorium

Refreshments provided, please sign up at the Main Office



JOIN US FOR A DELIGHTFUL CONCERT WITH BRITTANY BLOMMAERT



Brittany Blommaert's love for music started at a young age, and since then, she has pursued her passion for singing. At 24 years old, she spends her days sharing her love of music with others. She was even featured on the news for her beautiful singing!

Don't miss out!





Join us as we share how we help amazing people like you.

() Home Instead.

Services

- Personal Care
- Companionship
- Meal Prep
- Transportation
- Hospice Support
- Memory Care
- Arthritis Care
- Nursing Care
- Chronic Conditions
 Support

Date: May 16th 2024 Time: 1:30pm Auditorium

To register, Please sign up at the main office before May 13th 2024 CARD MAKING WORKSHOP

Thursday, May 30th

llam Pink Room

Cost: \$18 per person

Join us to create your very own hand made greeting cards with envelopes. Guided by an instructor.

Sign up at Main Office



SENIORS' WEEK JUNE 3-7, 2024

MONDAY JUNE 3

Petting Zoo 1:30 p.m Please join us in the courtyard next to the Auditorium to view the animals.

TUESDAY JUNE 4

Free Ice Cream Sundaes 1:30 p.m. - 2:30 p.m. outside of the Garden Café

WEDNESDAY JUNE 5

Health and Wellness Fair 10 a.m. – 3 p.m. in the Auditorium

THURSDAY JUNE 6

Lemonade and Game Day 1:30 p.m. - 2:30 p.m. in the Courtyard

FRIDAY JUNE 7

Free BBQ Lunch & Live Music! 11:30 a.m. - 1:30 p.m. in the Garden Café & Atrium

ACTIVITIES

WALKING GROUP

When: Tuesdays and Fridays at 10:00 am

Where: Meet in the Atrium for a 20-30 minute
 <u>INDOOR</u> or <u>OUTDOOR</u> walk,
 and then coffee-time at the *Garden Café*.
 Short distance, or long - you pick. All levels
 of walkers are welcome!

SHUFFLEBOARD

When: Mondays & Thursdays at 2:00pmWhere: Games Room

CRIBBAGE

When: Monday at 6:30pm Where: Games Room

BRIDGE

When: Wednesday at 2:00pm Where: 3rd Floor Alcove



HAPPY HOOKERS CLUB

When: Tuesday at 1:00pm Where: North Atrium near the Koi Pond

Postponed until the FALL

FRIDAY MOVIE NIGHTS

TV Room at 7:00pm every Friday Check notice board for weekly title.



POOL

When: Tuesday at 1:00 pm Where: Games Room



NEWSLETTER READING + BOOK CLUB

When: Tuesdays from 11:15 am - 12:00 pmWhere: Pink Room (TV Room)

Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.

<u>\$3.00 BINGO</u>

When: Saturdays at 6:00pm Where: Games Room



CARD BINGO

When: Monday/Wednesday/Friday at 2:00pmWhere: Games Room



COMEDY SOCIAL CLUB

When: Every Saturday at 10:30am Where: North Atrium near the Koi Pond

OFF TO THE RACES... HORSE RACES



Postponed until the FALL



<u>WHIST</u> CANASTA

When: Wednesdays at 6:00pm

When: Tuesday at 5:30pm and 6pm Wednesday at 6 pm Thursday at 5:30pm Where: Games Room



GARDEN CAFÉ

The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am - 11:00 am
Lunch	11:00 am - 1:30 pm
Dinner	4:30 pm - 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm

The Spring/Summer 4-week rotating menu is in effect. Menu copies are available at the Café and online.

The Garden Café accepts payments by Cash, Debit Card, Punch Card, St. Andrew's Swipe Card or Gift

Cards.

Any changes made to the menu will be posted on the board in the Café.



Sunday May 12th

Sunday Brunch 9:00 am - 1:00 pm



If your group <u>is 4 or</u> <u>more persons</u>, please call the Garden Cafe at 587-525-8718 to make a reservation.

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS:

Monday – Friday Saturday 8:00 am – 4:30 pm (except holidays) 9:00 am – 3:00 pm

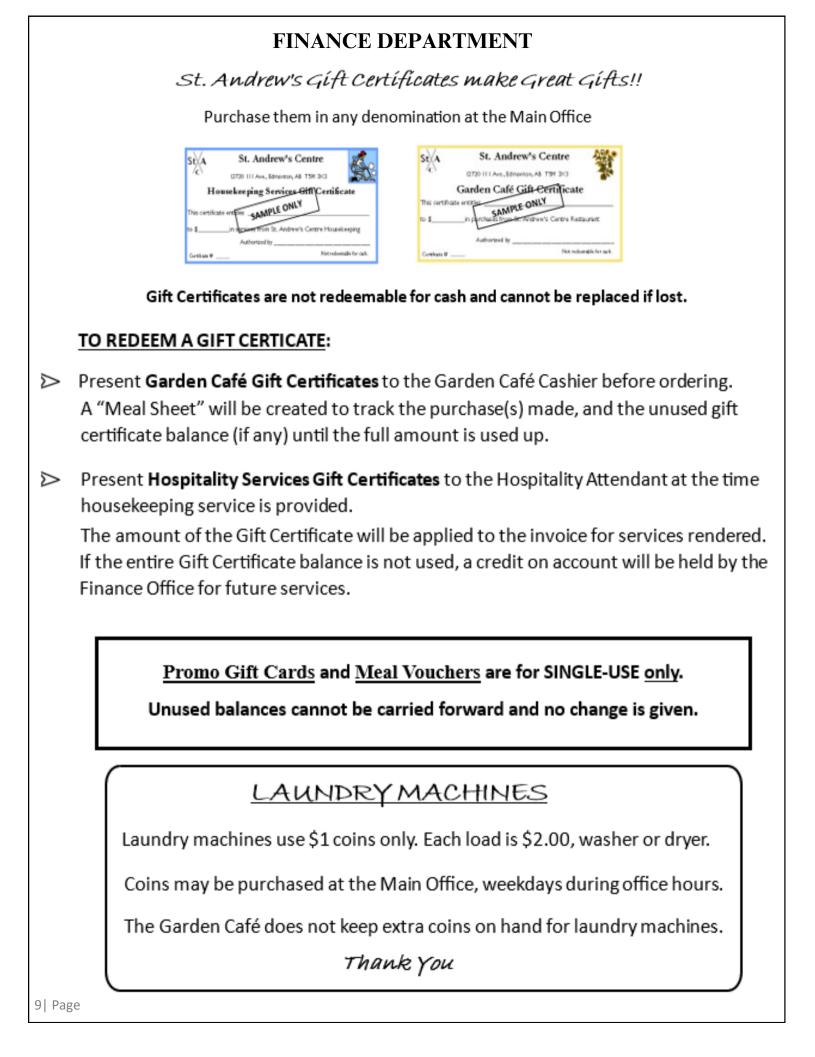
Please call the Main Office @ 780-452-4444 to request Work Orders for Maintenance tasks in your suite.

Most requests are completed the same day, and at no charge to the resident. You will be advised of applicable fees for your request before the work order is dispatched to staff.



WORK ORDERS

In the event of any **water-related leaks**, we kindly request immediate notification to the Main Office. Please refrain from merely placing a receptacle under the sink to collect water, assuming the matter resolved. Our team prioritizes work orders according to their urgency. To expedite the process and optimize the efficiency of our maintenance staff, please provide Juvy at the front desk with comprehensive details regarding the work order.



SUSAN'S NEWS



Susan's notices are located in the planting room (between games & tv rooms) and between the piano and west elevators on the main floor.

Outdoor common areas

As we head into nicer weather and gardening season, I remind everyone we are all stewards of the common areas that make up your home. Mindfulness extends to how we affect each other in our actions or lack thereof. Respecting others and our surroundings ensures your home is a place of enjoyment. There are garbage cans, brooms, and dustpans available in each area.

Gardeners

The gardeners notice board is in the planting room. This is the area between the Games room and TV room. Seed Giveaway is Thursday May 2 from 12-2 PM in the planting room.

NOTE to all gardeners. The individual garden box tops will be sanded and stained by May 10th. When volunteers are working, the garden will be closed off.

Volunteers

Watch the notice boards for new postings of tasks to complete. Most of the outdoor cleanup tasks have been done and we now wait for the arrival of plants to enjoy over the summer.

Tower Gardens

The tower gardens in the planting room will be winding down this month and start up again in the fall.

Exercise Room and Fitness

"We are only limited by what we choose not to do".

Join Fit Fridays at 1:00 PM where everyone, all abilities, are welcome. Change is possible for everyone at any age. Stand taller, be stronger, feel better.

Questions about Fit Friday or the Exercise Room? Contact Susan.

Did you know?

Alberta's provincial flower is the Wild Rose, but did you know Alberta's provincial bird is the Great Horned Owl?

Contact Susan at 587-525-8713 or susan@standrewscentre.com

HOSPITALITY DEPARTMENT

Spring Cleaning Special

- One Hour of Housekeeping
- Fridge Cleaning
- Stove Cleaning
- Window Cleaning

Bachelor	\$130.00
One-bedroom	\$150.00
Two bedroom	\$165.00

- All services must be completed on the same day.
- No substitutions of services allowed.
- Must be booked within 60 days of purchase.

For full details and booking, please contact the **Hospitality Department** @ 587-525-8714



GUEST SUITE RATES

\$85.00 per night - Bachelor Guest Suite

\$100.00 per night - 1-Bedroom Guest Suite

Discounts are available for longer stays.

Cots can be rented for a \$25 flat rate (up to 1 week)

For more information and bookings, please contact Juvy at the Main Office at 587-525-8707

11| Page

FUN ZONE

Get to Know the Team! Welcome to our newest segment where we will feature a member of our St. Andrew's Centre team once a month!



Kiara F Community Relations Coordinator

What is on your bucket list?

One thing on my bucket list that I'm determined to accomplish is jumping out of a plane. The idea of skydiving both terrifies and exhilarates me, and I believe it would be the ultimate test of courage and adrenaline rush.

Who is your role model in your life?

My mother has been my guiding light, showing me the power of love, resilience, and compassion. Her influence has shaped me into who I am today, and I'm forever grateful for her presence in my life. She's not just my role model; she's my hero.

If I could live anywhere in the world, where would I choose to reside?

I envision my perfect spot as a cozy cabin tucked away in the mountains. I love the peace and beauty of nature, with breathtaking views of grand mountains and landscapes. And of course, there should be a serene lake nearby!

S	С	W	J	V	Y	E	Μ	Ζ	K	M	В	Т	V	Μ
R	Ν	J	Ι	F	Ι	U	F	Ν	С	D	L	U	L	J
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Spring Flowers

ZALEA **UEBELLS** JTTERCUP ROCUS AFFODIL ANDELION OGWOOD WARF IRIS ORSYTHIA YACINTH LAC AGNOLIA ANSY HLOX EDBUD VAPDRAGON NOWDROP RILLIUM JLIP OLET

RESIDENT COMMUNITY COMMITTEE

Minutes: April 17th, 2024

Chair: Ellen B

Co-Chair: Susan S

- 1. Call the meeting to order: 1:30pm
- 2. Welcome and Introductions: Welcomed new members to the committee.
- Attendance: Tammy (minute taker), Kiara (Community Relations Coordinator), Susan (Life Enrichment Coordinator) Karin V., Maxine D., Victoria H., Juliette B., Patti P., Linda H., Karen C., Esther R., Edith K., Dolores S., Kamolsri H., Margarhita A., Pat M., Sharon L., Elsie R., John T., Marie M., Peter T., Louise F., Ellen B. Absent: Correne Killian (Chief Operating Officer)

4. Reading/ Acceptance of minutes from last meeting

1st Karin V

2nd Ellen B

** Please not that meeting minutes are issued in the monthly newsletter**

Changes to Minutes: No Changes

5. Additions to the Agenda to add under new business, accept Agenda.

1st Karin V

2nd Elsie R

- 5.1 Chair Pads in Atrium
- 5.2 Recycling

5.1 There is a concern that the Chair Pads on the Atrium chairs are very dirty and not being cleaned on a regular basis. Residents would like to see them cleaned on a regular schedule. This will be brought to Correne.

5.2 Residents are wondering why more is not being done regarding recycling. It was explained that a more in-depth recycling program had occurred a few years ago but was not successful as residents did not follow instructions on how to properly recycle, even after several reminders and it became a health and safety concern for residents and staff alike, so it was discontinued.

Recycling receptacles remain on the main floor for paper and bottles. There is also the larger bin on the back side of the building where cardboard can be recycled. It is up to residents to manage their recycling.

It was clarified that all the bottles that are recycled in the main floor receptacles are collected and stored by the housekeeping team and then the monies collected are put into a fund for the centre. It was suggested that perhaps to the newsletter a note could be added explaining where the funds go.

6. Business arising for the last meeting/old business.

- 6.1 Vending Machines
- 6.2 Bank Machine

6.1 Vending machines are not the most viable option for the centre. They are expensive to maintain and may be redundant as both the Garden Café and the Tuck Shop sell snack items.

6.2 Correne is still exploring options for the possibility of having one of the major banks provide an ATM in the centre rather than the private company that is currently being used.

7. Standing Agenda Items

- 7.1 Food Services
- 7.2 Maintenance / Housekeeping
- 7.3 Social/ Leisure Activities
- 7.4 Security
- 7.5 Administration

7.1 A resident expressed concern that the Mother's Day dinner menu is not traditional enough or appealing to a wide range of people. They are worried that people will not enjoy the meal and maybe there should be a turkey, roast, or ham option.

The wording of the menus should be clearer, for example "Pork Drumsticks" the changes are appreciated but many do not know what some items are.

Some feel that options should be different, for example both dinner options are beef or pork. It is felt that there should always be two different choices.

There was a request for bigger water glasses, it was explained that they are not always available due to supply demands, and it was suggested that perhaps residents could bring their own glasses or water bottles which would also assist with less plastic to recycle.

Compliments were made about the food being good and that the new "cashiers" are doing great and friendly.

7.2 No Items to discuss.

- 7.3 Reminder to always check bulletin boards for activities and updates.
- 7.4 No items to discuss.
- 7.5 No items to discuss.

8. New Business (Suggestions Box / Committee Concerns)

- 8.1 Christmas Age Restriction
- 8.2 Decorations in the Alcoves/ Elevator Lobbies
- 8.3 Music in the Atrium

8.1 Although still a time frame away, it was suggested that we limit our Christmas Dinner Event to individuals 15yrs old and up and no longer allow small children to attend, it was felt that it is a safety concern to have small ones "running" around. All attendees of the meeting except for one did not agree and felt that small children should be allowed to attend as it is the Christmas "get together" for many families. It was felt that parents need reminders to supervise their children.

8.2 Decorations and postings are not permitted in the alcoves or elevator lobbies unless approved by the centre. Any items put up or out will be removed, residents are reminded that we do have a bulletin board for resident postings and that you are always welcome to decorate your suite door, balcony, and personal space.

8.3 The music being played in the atrium area by a resident is enjoyed by many and not by a few. It will continue with time restrictions, and it was suggested that it be moved to the game room or pink room as when it is being played in the main atrium area (by the Garden Café) residents and visitors find it difficult to converse.

9. New Business

9.1 Underground Parking Clean

9.1 A reminder from administration that the Underground parking lots will be swept and cleaned on May 10th from 8am-4:30pm. All residents must remove their vehicles for the duration. Make plans for your vehicle before the morning of, perhaps park in the outside lots the night before to ensure you find a place.

Next Meeting: Wednesday May 15th at 1:30pm in the Father Irwin Room

Meeting Adjourned at 2:03pm.

St. Andrew's Centre	's Centre	Games Activities take	olace in the Games Room	take place in the Games Room unless otherwise noted.		May 2024
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
	Keep Fit with Bonnie	Walking Group 10am		Farmers' Market 9:30am - 1:30pm Atrium	Walking Group 10am	
	Auditorium Card Bingo 2pm	Oral Book Club 11:15am Pink/TV Room	Bingo with Students 3:45pm Games Room	Keep Fit with Bonnie 10am Auditorium	Fit Friday 1pm Auditorium	Comedy Social Club 10:30am
	Shuffleboard 2pm		Card Bingo 2pm	2pm Tv Room	Card Bingo 2pm	
Music Hour 7pm Pink/TV Room	Cribbage 6:30pm	Canasta 5:30pm & 6 pm	Canasta 6 pm Whist 6pm	Shuffleboard 2pm Canasta 5:30pm	Movie Night 7pm Pink/TV Room	Bingo 6pm
28	29	0E	I AW	2 Keep Fit with Bonnie	R	4
	Spring Fling Event for Ticket Holders Auditorium R.A.	Walking Group 10am Oral Book Club 11:15am Pink/TV Room	Fire Safety Presentation 2:00pm	10am Plnk Room Covid19 Vaccination	Walking Group 10am Fit Friday	
	Keep Fit with Bonnie		Auditorium	Clinic 10am-3pm	1pm Auditorium	
	10am Auditorium Card Bingo 2pm	STAFF ONLY Fire Safety Presentation Office Closed 2pm	Card Bingo 2pm Canasta 6 pm	Auditorium Seed Giveaway 12pm- 2:00pm Planting Room	Card Bingo 2pm	Comedy Social Club 10:30am
Music Hour 7pm Pink/TV Room	Shuffleboard 2pm Cribbage 6:30pm	Canasta 5:30pm & 6 pm	Whist 6pm	Shuffleboard 2pm Canasta 5:30pm	Movie Night 7pm Pink/TV Room	Bingo 6pm
5	9		8	6	10 Walking Group 10am	11
	Keep Fit with Bonnie	Walking Group 10am Future Planning Presentation	River Cree Outing 11am-3:30pm	Farmers' Market 9:30am - 1:30pm Atrium	Fit Friday	
	10am Auditorium	10:00am Auditorium		Keep Fit with Bonnie 10am	Pink Room	Comedy Social Club 10:30am
	Card Bingo 2pm	Oral Book Club 11:15am Pink/TV Room	Card Bingo 2pm Canasta 6 nm	Auditorium Movie Group Zpm Tv Room	Music By Brittany 2pm Auditorium	
Music Hour 7pm Pink/TV Room	Shuffleboard 2pm Cribbage 6:30pm	Generator lest starting at 2pm Canasta 5:30pm & 6 pm	Whist 6pm	Shuffleboard 2pm Canasta 5:30pm	Movie Night 7pm Pink/TV Room	Bingo 6pm

St. Andrew's Centre	s Centre	Games Activities take	place in the Games Roc	take place in the Games Room unless otherwise noted.	d.	May 2024
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Mother's Day Brunch and Dinner	13 Keep Fit with Bonnie 10am	14 Walking Group 10am Oral Book Club 11:15am Pink/TV Room	15 RCC Meeting	16 Keep Fit with Bonnie 10am Auditorium	17 Walking Group 10am Fit Friday	18
Mappy **	Auditorium Card Bingo 2pm	Bible Study 2pm Canasta 5:30pm & 6 pm	Reception Room Card Bingo 2pm	Home Instead Presentation 1:30pm Auditorium	1pm Auditorium Card Bingo 2pm	Comedy Social Club 10:30am
Music Hour 7pm Pink/TV Room	Shuffleboard 2pm Cribbage 6:30pm	General Meeting 7pm Auditorium R.A	Canasta 6 pm Whist 6pm	Shuffleboard 2pm Canasta 5:30pm	Movie Night 7pm Pink/TV Room	Bingo 6pm
19	Victoria Day 20	21 Walking Groun 10am	22	23	24	25
	CLOSED			Farmers' Market 9:30am - 1:30pm Atrium	Walking Group 10am	
	Card Bingo 2pm	Oral Book Club 11:15am Pink/TV Room	Card Bingo 2pm	Movie Group 2pm Tv Room	Fit Friday 1pm Auditorium	Comedy Social Club 10:30am
	Shuffleboard 2pm	Bible Study 2pm	Canasta 6 pm	Shuffleboard 2pm	Card Bingo 2pm	
Music Hour 7pm Pink/TV Room	Cribbage 6:30pm	Canasta 5:30pm & 6 pm	Whist 6pm	Canasta 5:30pm	Movie Night 7pm Pink/TV Room	Bingo 6pm
26	27	28 Walking Group 10am	29	30	31	JUNE 1
		Oral Book Club 11:15am Pink/TV Room	Shop Easy 9:30am	Card Making Workshop 11am Pink Room	Walking Group 10am Fit Friday 1pm Auditorium	Comedy Social Club 10:30am
	Card Bingo 2pm	Bible Study 2pm Quarterly Birthday Celebration	Card Bingo 2pm Canasta 6 pm	Movie Group 2pm Tv Room	Card Bingo 2pm	
Music Hour 7pm Pink/TV Room	Shuffleboard 2pm Cribbage 6:30pm	2:30pm Auditorium R.A	Whist 6pm	Shuffleboard 2pm Canasta 5:30pm	Shuffleboard 2pm 2:30pm 2:30pm Auditorium Nuffleboard 2pm Movie Night 7pm Cribbage 6:30pm R.A Whist 6pm Canasta 5:30pm	Bingo 6pm

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.