

DECEMBER 2024

# St. Andrew's Centre

## MONTHLY NEWSLETTER

### **Season Greetings from the Chief Operating Officer,**

December is a month to celebrate for many reasons with loved ones and friends. We cherish the gift of time we have with one another while creating new bonds and memories with new friends. If I could go back to a time frame for the holiday season I would choose the Victorian Era. Christmas was not all about gifts and who received what. It was a much simpler of a time where popcorn and berries with candles may have been the decorations on the tree. People playing instruments and singing while the hosts baking was most often presented when hosting. Most gifts were either made by hand such as a wooden rocking horse or a pair of knitted mittens with some fruit if your family could afford it. The main purpose of celebrations was to gather and enjoy one another's company.

There were no cell phones or computers to distract your attention. Going to midnight mass or service was a big deal in a lot of communities. Midnight mass/service is my personal favorite. The last time I was able to attend with my grandparents I knew would probably be my last. I savored every moment into my memory as I knew it would never happen again, sadly I was right. I was grateful to have had that moment with them as it now helps me to carry on the tradition.

One's traditions are important to keep the memory and spirit alive of those who came before us. It is too bad that society has pushed the commercial side of Christmas. To me, I don't want gifts. I just want to spend time and maybe have a nice meal with my loved ones. That to me is what is most important during this holiday season. Celebrating the positive events that happened through the year and reflecting on the ones that may not have been as positive.

♡ *Season's greetings* ♡

Some of the most cherish gifts I have ever received were gifts that were passed down to me. A recipe book from my great great grandma. An old coin collection that came from my grandpa. These are items no one can ever buy me but have the most value and meaning to me.

I wish you all a wonderful holiday season no matter what you are doing or if you are celebrating with loved ones near or far. I hope it brings joy and happiness to your hearts.

On behalf of the staff and myself, we want to say Thank you for being part of our lives. We love our jobs and being here to help you when and if you need it. This is an amazing facility to work and live in. We feel blessed.

Please remember that we have the Community Cupboard. It is well stocked of items that one can use if you find yourself struggling this holiday season. We are very discreet, and I assure you that no one is aware you need to use it. Please come to the office and we are more than happy to help you.

Reminder that the main office will be closed on December 25 and 26 along with January 1, 2025. Security will be on site to assist with emergencies. Maintenance and I are on call.

Correne Killian  
Chief Operating Officer



# ANNOUNCEMENTS

## MAIN OFFICE

Closed  
Closed  
Closed

Wednesday December 25th 2024 - Christmas Day  
Thursday December 26th 2024 - Boxing Day  
Wednesday January 1st 2025 - New Year's Day

Security Staff are on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444

## GENERATOR TESTING

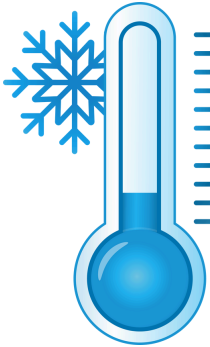
Monday December 9th starting at 2:00 pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

## COURTYARD PATHWAY CLEARING NOTICE

We would like to inform you that the clearing of the courtyard pathway will not take place due to safety concerns. For your own safety, we strongly advise against using this outdoor pathway. Thank you for your understanding.

## COLD WEATHER ADVISORY



This is a friendly reminder to ensure that windows and patio doors remain closed during winter weather and cold temperatures. In such conditions, there is a risk of pipes freezing and bursting, which may result in flooding in your suite and nearby areas. You will be responsible for any costs associated with repairs, cleaning, and damages if flooding occurs due to your actions or negligence. If you notice that your suite's thermostat is not effectively maintaining a comfortable temperature, please contact the Main Office at 780-452-4444 to request a Work Order.

## BULLETIN BOARD POSTINGS

We kindly request that you refrain from removing or altering any posters displayed on the bulletin boards. If you identify an error or notice that a sign has been canceled, please consult Kiara or visit the main office for the appropriate corrections. It has been brought to our attention that posters and calendars are being taken down and marked on, which is strictly prohibited. We appreciate your cooperation in this matter.

## BANK MACHINE NOTICE

Please be advised that this bank machine dispenses only \$20 bills. We encourage you to use it at your own discretion. This service is provided for your convenience, and you are not obligated to utilize this machine.



## **FRAGRANCE-FREE COMMUNITY**

We kindly ask that residents refrain from wearing strong or heavy scents, as some individuals may have allergies. We appreciate your understanding and cooperation in fostering a comfortable and inclusive environment for all. Your attention to this request ensures that everyone can enjoy our community spaces without discomfort.



**Full Time Security/Duty Worker**

*Sheniece*

## **RESIDENTS' ASSOCIATION (R.A)**



If you're a member, we cordially invite you to join the Resident Association for a fun-filled evening on Tuesday, December 10th, at 7 PM.

## **RESIDENT COMMUNITY COMMITTEE (R.C.C.)**

- Minutes from the November Resident Community Committee meeting are included in this publication.
- The next meeting is scheduled for: Wednesday, December 18th at 1:30pm in the Auditorium.
- The Centre has a bulletin board for RCC information and notices. It can be found in the atrium next to the piano.

## **MAINTENANCE DEPARTMENT**

**MAINTENANCE HOURS:** Monday – Friday 8:00 am – 4:30 pm (except holidays)

**Please call the Main Office @ 780-452-4444  
to request Work Orders for Maintenance tasks in your suite.**

Most requests are completed the same day, and at no charge to the resident. You will be advised of applicable fees for your request before the work order is dispatched to staff.

# FINANCE DEPARTMENT

## ACCOUNT CHANGES: TO BE EFFECTIVE JANUARY 1, 2025

- Parking Rental
- Storage Rental
- Meal Plans
- Banking Information



**Due to the December holiday season, for changes to be made effective on January 1, 2025, residents must inform the Main Office...**

**NO LATER THAN DECEMBER 16, 2024**

The regular deadline to inform the Centre of changes will revert to the 20th of the month (to be effective on the 1st of the following month), starting with February changes and going forward.

***Thank You for your cooperation!***

## ACCOUNT BALANCES

**Monthly Invoices** for *Garden Café, Hospitality Services, and incidental charges* are usually distributed in the first week of the following month and are **due upon receipt**. Accounts with invoices not paid in full by the 15th of the following month may be subject to suspension.

**Debit Card is the preferred method of payment at St. Andrew's Centre.** It is quick, and convenient for you and for our staff, and is also less costly for the Centre when compared to cash transactions. **Monthly automatic bank withdrawal is also available** ("PAP" or "Pre-Authorized Payment"). Payments go through the same bank account used to pay your monthly rent. It is secure and very convenient too. Receipts are provided monthly. Inquire at the Main Office if you are interested.

## FINANCE FEES

Payments returned by the bank uncleared due to Non-Sufficient Funds (NSF) or other reasons not within our control, will incur a Finance Fee.

**Rent Finance Fee \$45.00    Other Finance Fee \$25.00**



# Residents & Family



Christmas Buffet Dinner  
Saturday, December 7<sup>th</sup>  
4:00 pm – 6:00 pm



Staff will be setting up seating and banquet tables around the main floor of the Centre beginning **Wednesday, December 4th.**

**Please do not move any tables or chairs during this process or afterward.**

If you wish to add decorations, place mats, serviettes or glass wear to your reserved table, **please wait until after 6:00pm on Friday, December 6th.**

*Thank You for your cooperation!*

50/50  
DRAW

- Tickets \$1.00 each (Cash Only)
- Proceeds go to Resident Activities & Programs
- Sales Cut Off 5:00pm
- Draw for Winner 5:30pm
- Must be Present to Win

Winning Ticket Number will be announced in each area.

## Residents and Guests

*To reduce the buffet line-up wait times and avoid crowding, kindly wait in your seats until your table number is called, and then proceed to the buffet assigned to your dining area.*

*Ask staff for directions if needed.*

## Christmas Celebrations & December 7th Event

Dear Residents,

With Christmas fast approaching, we know that many residents will be having family and friends over to celebrate. For this Christmas season, and for the Christmas dinner that is taking place on December 7, 2024, we kindly remind residents and their guests to only drink in the following designated areas:

- Their individual rooms
- Pink Room
- Game Room
- Atrium
- Alcoves

For the Christmas supper on December 7, 2024, alcohol is accepted in the **auditorium**.

**No alcohol** is allowed in the café as per regulations. The Centre does **not** serve or sell alcohol and hasn't for several years. This policy will continue.

For December 7, 2024, we are asking that only **spirits such as wine, champagne, beer, and coolers** be served. **NO hard alcohol** for that event only, please. We appreciate your understanding on this matter. We will **not** be doing bottle service this year. You are responsible for opening and serving your alcohol as you see fit. Please do not carry open alcohol around in hallways, alcoves, etc. The alcohol needs to be capped to and from the resident's room to its destination.

It is the responsibility of the resident and their guests that if an individual in your party has had too much to drink, alternate arrangements be made. We do have a cab phone by the security desk that can be used. Security is on-site 24/7 and can assist with calling a cab if one is needed. **Please do not let anyone drink and drive.**

Here are a few numbers that can be useful if you need a cab to bring yourself or someone else home safely. Thank you for your cooperation and understanding on this matter.

- **Coop Cab:** 780-425-2525
- **Yellow Cab:** 780-462-3456
- **Barrel Taxi:** 780-489-7777
- **Anytime Taxi:** 780-439-6655

If anyone is over-intoxicated and causing issues, they will be politely asked to leave and/or put in a cab and sent home at their expense. We are all here to celebrate with one another, but my expectation is that people do this in a **respectful and responsible way**.

Thank you for your understanding.



# GARDEN CAFÉ

The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY DAY serving:

Breakfast	9:00 am - 11:00 am
Lunch	11:00 am - 1:30 pm
Dinner	4:30 pm - 6:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm

## Notice for December 7th

If you are unable to join us for the Christmas buffet dinner, please arrange for snacks or meals for that day. **Be sure to place your order by December 6th to ensure delivery to your room on December 7th by 3 PM.**

Dinner options available include:

Chicken or Salmon

Chef's vegetable with mashed potatoes

The price is \$15.00, which includes dessert.

*Please note that the Garden Café will close at 2 PM on this day.*



Dinner service hours will be from 4:00-6:00 pm  
on **Christmas Day (Dec 25th)** and **New Year's Day (Jan 1st)**

If you will be having any Guests for these days, please let the Garden Cafe know at least ONE WEEK in advance.

## Sip Sip Hooray for Hot Chocolate Mondays!

Mark your calendars from December 2nd to December 30th, at 2:00 PM!

***It's only \$3.50 !***

**What does this delicious hot chocolate include?**

**It comes topped with marshmallows, whipped cream, and is accompanied by a small snack.**



## HOSPITALITY DEPARTMENT



# MERRY CHRISTMAS

Gift certificates are now available in the main office. Celebrate this Holiday Season with your loved ones. For details, please call (587) 525-8714.



### GUEST SUITE RATES

***December bookings are non-refundable due to high demand, and full payment is required at the time of booking.***

**\$85.00** per night - Bachelor Guest Suite

**\$100.00** per night - 1-Bedroom Guest Suite

*Discounts are available for longer stays.*

*Cots can be rented for a \$25 flat rate (up to 1 week)*



***For more information and bookings, please contact Juvy at the Main Office at 587-525-8707***

# AMENITIES



## FARMERS' MARKET

**BI-WEEKLY on THURSDAYS**  
in the Atrium

### Family Physicians

**Dr. Hakirat Sidhu** is on-site for Resident appointments in the Centre two evenings each week, starting at 5:00pm. **Pre-booking is required.** Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Please note that St. Andrew's Centre is not affiliated with the doctors, or medical staff.



### Special Touch Hair Salon



Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**

*We are excited to add Gel Polish Manicures and Sculpted Nails to our range of services.*



Wishing everyone a joyous holiday season this December!

The Tuck Shoppe will be open on Monday, December 23rd, and Friday, December 27th. Please note that the shop will be closed on Monday, December 30th, and Friday, January 3rd, and will reopen on Monday, January 6th.

**The Tuck Shoppe hours are:**

Monday 8:30am - 3:30pm

Friday 8:30am - 3:30pm

Our Clinical Pharmacist, Ishmeet, will be available in the Tuck Shoppe on Friday, December 6th, and Friday, December 20th.

For any pharmacy needs outside of Tuck Shoppe hours, please contact the pharmacy directly at 780-444-3257.

We look forward to seeing you, and please feel free to stop by and say hello!

### Sandra's Mobile Footcare

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.

For more information or to book an appointment **contact her directly**

**@ 587-926-0422**, or e-mail sandradickerson82@gmail.com.



# ACTIVITIES

## WALKING GROUP

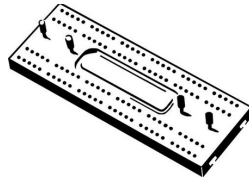
**When:** Tuesday and Fridays at 10:00am  
**Where:** Meet in the Atrium for a 20-30 minute **INDOOR** or **OUTDOOR** walk, and then coffee-time at the *Garden Café*.  
**Short distance, or long - you pick. All levels of walkers are welcome!**

## SHUFFLEBOARD

**When:** Mondays & Thursdays at 2:00pm  
**Where:** Games Room

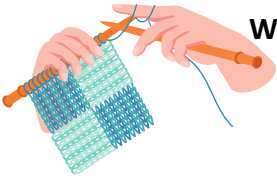
## CRIBBAGE

**When:** Monday at 6:30pm  
**Where:** Games Room

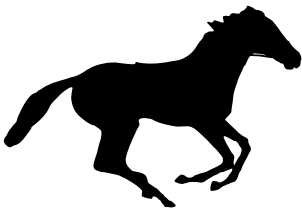


## HAPPY HOOKERS CLUB

**When:** Tuesday at 1:00pm  
**Where:** North Atrium near the Koi Pond



## OFF TO THE RACES... HORSE RACES



**When:** Every other Tuesday at 2:00pm  
**Where:** Games Room



**WHIST** When: Wednesdays at 6:00pm  
**CANASTA** When: Tuesday at 5:30pm and 6pm  
Wednesday at 6 pm  
Thursday at 5:30pm



**Where:** Games Room

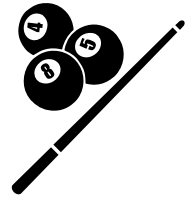
## FRIDAY MOVIE NIGHTS

TV Room at 7:00pm every Friday  
Check notice board for weekly title.



## POOL

**When:** Tuesday at 1:00pm  
**Where:** Games Room



## NEWSLETTER READING + BOOK CLUB

**When:** Tuesdays from 11:15am - 12:00pm  
**Where:** Pink Room (TV Room)

Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.

## \$3.00 BINGO

**When:** Saturdays at 6:00pm  
**Where:** Games Room



## CARD BINGO

**When:** Monday/Wednesday/Friday at 2:00pm  
**Where:** Games Room

# Christmas Events

**NOVEMBER 29TH**

Feast of St. Andrew's  
Free Pancake Breakfast  
(Cash Donations Accepted)

Harpist Concert  
11:30am  
Atrium

Archbishop Smith's  
Visit  
2:45pm  
Auditorium

50/50  
DRAW

**DECEMBER 7TH (4PM - 6PM)**  
RESIDENT & FRIENDS CHRISTMAS BUFFET

**DECEMBER 10TH (7:00PM)**  
RESIDENT ASSOCIATION ENTERTAINMENT

**DECEMBER 11TH (12:45PM)**  
WESTGLEN SCHOOL CHOIR

**DECEMBER 13TH (7:00PM)**  
HARMONIA YEG CONCERT

**DECEMBER 14TH (12:00PM)**  
GATEWAY FIDDLERS

**DECEMBER 18TH**  
WEST WIND QUARTET

**DECEMBER 20TH (1:30PM)**  
CHRISTMAS BAKE OFF

**DECEMBER 23RD**  
DOOR DECORATING CONTEST JUDGING

**DECEMBER 24TH**  
CHRISTMAS SWEATER DAY





## SUSAN'S NEWS

Susan's notices are located in the planting room (between games & tv rooms) and between the piano and west elevators on the main floor.

### HEALTH & WELLNESS

The holidays can be a busy time making it easy to put aside healthy habits. It is important during this time to stick to those healthy habits and stay feeling good. Feeling overwhelmed? Ensure you have strategies/techniques such as breathing, meditation, yoga, talking to a friend or family member, or going for a walk to help feel calm and relaxed. Be kind to yourself, do things you want to do, and say no when necessary.

Note: Fit Friday is every Friday this month **except Dec 6th**. We will discuss aspects of social jetlag plus continue with exercises.

### SHOUT OUT

Volunteers have cleaned up outdoors, given the outdoor trees a final fall water, scrubbed walls of the koi pond, removed burnt out Christmas lights from the tall Atrium tree (that was a big process), cleaned up the woodworking room, restored another bench, and started Christmas decorating. Thank you so much for all your work and time.

Recent donations include new Christmas tree lights for the large atrium tree, miscellaneous decorations, and a new hedge trimmer. Thank you so much.

For monetary donations please talk to the office and tell them what the funds are for. Thank you for your generous support.

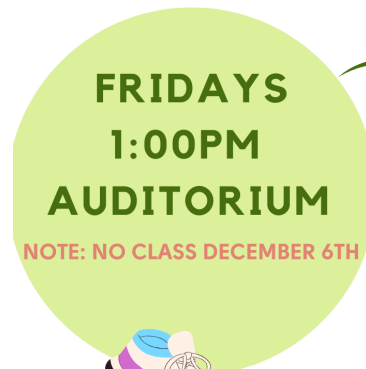
### *DID YOU KNOW?*

- A snowflake can take two hours to fall from a cloud to the ground.
- The North Pole is warmer than the South Pole.
- As of 2023, the town of Bethel (in Maine) holds the Guinness World Record for the world's tallest snowperson at 122 feet and 1inch.

## FIT FRIDAYS

**BOOST ENERGY  
IMPROVE POSTURE & BALANCE**

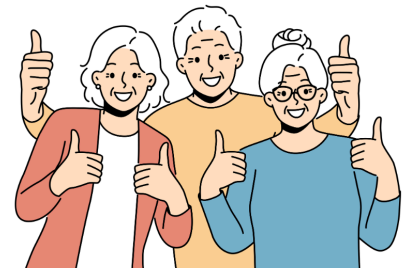
**EVERYONE WELCOME NO MATTER YOUR ABILITY**



NOTE: NO CLASS DECEMBER 6TH



**FEEL BETTER  
REACT FASTER  
BE STRONGER  
STAND TALLER**



# RESIDENT COMMUNITY COMMITTEE

Minutes: November 20th , 2024

Chair: Karin V

Co-Chair: Correne

**1. Call the meeting to order: 1:30pm**

**2. Welcome and Introductions:** Welcomed new members to the committee.

**3. Attendance:** Correne, Tammy (Minute Taker) Kiara, Susan, Tess, Lawrence, Joe

**4 .Reading/ Acceptance of minutes from last meeting**

- **1st** Morris C
- **2nd** Louise F

**\*\* Please note that meeting minutes are issued in the monthly newsletter\*\***

**Changes to Minutes: No Changes**

**5. Additions to the Agenda to add under new business, accept Agenda.**

- **1st** Karin V
- **2nd** Louise F

**5.1 Heating in Hallways**

**5.2 Serving of SPAM**

**5.3 ATM**

**5.4 911**

**5.5 First Aid**

**5.6 Internal Transfers**

**5.7 New Bathroom**

**5.1** - Maintenance was asked if the heating in the Hallways could be turned down as suites are too warm. Joe explained the heat in the hallways does not affect the temperature in suites, It is very difficult to maintain the common area temperatures and AHS Standards are followed. It can take several hours to a day or more for temperatures to adjust when changed. Inside facing suites tend to be on the warm side and the use of fans or air conditioners is recommended. If you find your suite too warm or cold, please put it in a Work Order for maintenance to check it.

**5.2** - A concern was raised regarding the serving of SPAM in the Café. It is perceived as an unhealthy option, and Lawrence was provided with a Health Canada fact sheet on SPAM. While it was discussed that many residents enjoy it and consider it a choice, the menus are approved by a dietitian. A resident who voiced concern requested the name and contact information of the approving dietitian, and Lawrence agreed to provide this information.

**5.3** - The ATM currently only dispenses \$20 bills, and residents would appreciate having other denominations available. There are concerns about the ATM malfunctioning; residents claim these issues have been reported to the front desk. Correne will follow up on this matter.

**5.4** -911: What is the protocol for residents calling 911. There is no protocol, if there is an emergency you call 911 you do not need to call Security to do it for you. When emergency responders arrive Security will ensure they go to the correct suite.

**5.5** -First Aid: Many staff members across all departments, including all Security Officers, are trained in First Aid.

**5.6** -Internal Transfers were reviewed again. They are at a high maintenance cost to the Centre and only done under the following circumstances: You are moving to a smaller or larger suite or from an Inside Facing to an Outside Facing. The following conditions apply: You must top up your current Security Deposit amount to equal that of 1 month rent on the new suite, you must pay the current market value of the new suite, you must pay the suite cleaning fee, and you must live here for a minimum of 1 year unless otherwise specified by management.

**5.7** - The bathroom adjacent to the TV Room has been completed. It is now significantly larger and more accessible for wheelchairs and walkers.

## **6 .Business arising for the last meeting/old business.**

**6.1**

**6.2**

## **7.Standing Agenda Items**

**7.1 Food Services**

**7.2 Maintenance / Housekeeping**

**7.3 Social/ Leisure Activities**

**7.4 Security**

**7.5 Administration**

**7.1** -There was discussion about the fact that a dietitian approves all menus

**7.2** -A Fantastic Job is being done by all.

**7.3** -A resident expressed displeasure about the Karaoke Party was cancelled. Kiara explained that the student who was going to host it was unwell and only one person came so it is postponed.

**7.4** -Our new guard Sheniece is doing well, and we are happy to have her as part of the team.

- It was asked what to do when no one is at the security desk. It was suggested to encourage visitors to wait for the guards to return and for residents not to allow visitors into the Centre with them.

**7.5** -Correne took the opportunity to remind all Residents to be kind to themselves, each other and to staff. She reminded residents that staff work hard and care very much for the well-being of all residents.



## **8. New Business (Suggestions Box / Committee Concerns)**

### **8.1 Holiday Decoration Concern**

### **8.2 Communication between staff & residents**

### **8.3 3rd floor Annex Bathroom Renovations**

### **8.4 Evictions**

**8.1** -There was a concern presented about the “Santa” that is displayed in the Atrium during the holiday season as it is felt that it is offensive. Also, we do not display enough Nativity scenes. Susan confirmed that we do have a Nativity scene. This is a non-denominational centre, and we respect all aspects of the holiday season.

**8.2** -It is felt that communication between staff and residents is not as strong as it could be. Correne took the opportunity to remind everyone that she displays the utmost amount of transparency and has an open-door policy at all times. If residents have a question or concern, they can freely bring it up to her or any staff member it may involve. Correne reminded everyone about respect and positivity as there has been a decrease in both areas and we need to work on doing better. All staff members care, and they are doing their best to help make St. Andrew’s Centre a great place to live. If you hear a rumor or have a complaint, ask or take it right to the source, “third party” information is not reliable or acceptable.

**8.3** -The suite bathroom repairs will begin once Correne is able to schedule it with the contractors. Things have progressed slower than anticipated due to the delay with the Insurance company over the repairs that are needed with the roof. Once Correne has more information and a plan in place she will meet with the residents of those suites to let them know what will happen next.

## **8.4** Evictions were reviewed once again:

- They are not just given out, there must be a substantial lease breach or behaviour that occurred. They can also involve the RTDS and Lawyers and must follow a strict protocol.
- A very in-depth investigation occurs
- Three warning letters are given before the eviction is initiated
- Family and or support systems are contacted to ensure that the individual is receiving the support they require
- An action plan is put in place, no one is ever “thrown out onto the street”
- Evictions cannot be discussed they are a confidential matter and if the individual chooses to share their “version” of the situation, we ask that all keep in mind that there is always “two sides” to a situation.
- There is a difference between an “Breach of Lease” Notice which is issued when a breach occurs which could lead to Eviction. A “Notice of Action Required” is just a reminder that there is an issue which needs attention by the resident; like cleaning up of garbage on a balcony. Residents are reminded to speak to Correne or Tammy if they have any questions or concerns in relation to Notices.

## **9. New Business**

### **9.1 Craft Sale**

### **9.2 Koi**

### **9.3 Morris/ Music**

### **9.4 Being Kind**

**9.1** -Susan wanted to remind everyone about the Craft Sale next week and there will be outside Vendors this year. On Tuesday evening vendors can start to set up and the auditorium doors will be locked after 8pm until the sale begins.

**9.2** -The Koi are not doing well and most of them have required rounds of antibiotics which is hard on their systems. A reminder to be aware of contaminants in the water, please do not put your hands or any foreign substances or objects in there. Residents are asked to remind their visitors of the same.

**9.3** - Morris expressed his dissatisfaction with the current arrangement of his "music time," which is held three times a week in the games room. He requested that a vote be conducted among all residents to demonstrate that a significant number of them support having his music in the Atrium. Correne reassured him that this could be considered, and suggested the possibility of establishing a regular "music time" in the auditorium.




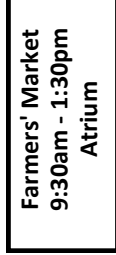

**9.4** - Joe shared a heartfelt reminder to everyone about the importance of kindness. He emphasized that we should cherish one another and make the most out of each day. Additionally, he acknowledged that St. Andrews Centre has become a better place due to Correne's dedication to enhancing the environment and addressing necessary repairs. He urged everyone to practice patience and understanding.

Next Meeting: Wednesday, December 18th, 2024, at 1:30 PM in the Auditorium.

# St. Andrew's Centre

# December 2024

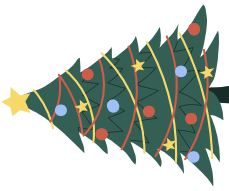


Games Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Music Hour 7pm Pink/TV Room	25 Keep Fit with Bonnie 10am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	26 Walking Group 10am  Oral Book Club 11:15am Pink/TV Room  Happy Hookers Club 1pm  Bible Study 2pm  Canasta 5:30pm & 6 pm	27  Christmas Arts & Crafts Sale 10:00am-7:00pm Atrium  Tech Time with Edmonton Library 2:30pm Reception Room  Canasta 6 pm  Whist 6pm	28 Keep Fit with Bonnie 10am Reception Room   Christmas Arts & Crafts Sale 10:00am-4:00pm Atrium  Shuffleboard 2pm  Canasta 5:30pm	29  Feast of St. Andrew's Free Pancake Breakfast 9am Garden Cafe  Harpist Concert 11:30am Atrium  Visit with Archbishop Smith 2:45pm Auditorium	30 Bingo 6pm
Dec 1 Music Hour 7pm Pink/TV Room	2 Keep Fit with Bonnie 10am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	3 Walking Group 10am  Oral Book Club 11:15am Pink/TV Room  Happy Hookers Club 1pm  Bible Study 2pm  Canasta 5:30pm & 6 pm	4 Bonnie' Travel Presentation 10am Auditorium  Card Bingo 2pm  Canasta 6 pm  Whist 6pm	5  Farmers' Market 9:30am - 1:30pm Atrium  Keep Fit with Bonnie 10am Auditorium  Shuffleboard 2pm  Canasta 5:30pm	6 CHRISTMAS EVENT SET-UP  <b>All Resident Activities are CANCELLED!</b>	7 Christmas Buffet 4:00 pm - 6:00 pm Tickets must be purchased at main office  
8 Music Hour 7pm Pink/TV Room	9 Keep Fit with Bonnie 10am Auditorium  <b>Generator Test starting at 2pm</b>  Shuffleboard 2pm  Cribbage 6:30pm	10 Walking Group 10am  Oral Book Club 11:15am Pink/TV Room  Happy Hookers Club 1pm  <b>Entertainment 7pm Auditorium R-A</b>	11 WestGlen Children's Choir 12:45 PM Auditorium  Card Bingo 2pm  Whist 6pm	12 Keep Fit with Bonnie 10am Auditorium  Movie Group 2pm TV Room  Shuffleboard 2pm  Canasta 5:30pm	13 Walking Group 10am  Fit Friday 1pm Pink Room  Card Bingo 2pm  Harmonia YEG Concert 7pm Auditorium	14 Gateway Fiddlers Concert 12pm Auditorium  Bingo 6pm

# St. Andrew's Centre

# December 2024

Games Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Music Hour 7pm Pink/TV Room	16 Keep Fit with Bonnie 10am Auditorium  Quality Care Presentation 1:30 PM Father Irwin Room  Cribbage 6:30pm	17 Walking Group 10am Oral Book Club 11:15am Pink/TV Room  Happy Hookers Club 1pm Bible Study 2pm  Canasta 5:30pm & 6 pm	18 West Winds Quartet 11:00am Atrium  RCC Meeting 1:30pm Auditorium  Card Bingo 2pm  Whist 6pm	19 Farmers' Market 9:30am - 1:30pm Atrium  Keep Fit with Bonnie 10am Auditorium Movie Group 2pm TV Room Shuffleboard 2pm Canasta 5:30pm	20 Walking Group 10am  Fit Friday 1pm Auditorium  Christmas Bake Off 1:30pm Atrium  Movie Night 7pm Pink/TV Room	21 Bingo 6pm
22 Music Hour 7pm Pink/TV Room	23 Keep Fit with Bonnie 10am Auditorium  Door Decorating Contest Judging  Card Bingo 2pm Shuffleboard 2pm Cribbage 6:30pm	24 Walking Group 10am Oral Book Club 11:15am Pink/TV Room  Christmas Sweater Day Happy Hookers Club 1pm Bible Study 2pm Canasta 5:30pm & 6 pm	25 Christmas Day Office Closed  	26 Boxing Day Office Closed  	27 Walking Group 10am  Fit Friday 1pm Auditorium  Card Bingo 2pm  Movie Night 7pm Pink/TV Room	28 Bingo 6pm
29 Music Hour 7pm Pink/TV Room	30 Keep Fit with Bonnie 10am Auditorium  Card Bingo 2pm  Shuffleboard 2pm  Cribbage 6:30pm	31 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Happy Hookers Club 1pm Bible Study 2pm Canasta 5:30pm & 6 pm	Jan 1st    New Year's Day Office Closed	2 Farmers' Market 9:30am - 1:30pm Atrium  Shuffleboard 2pm  Canasta 5:30pm	3 Walking Group 10am  Fit Friday 1pm Auditorium  Card Bingo 2pm  Movie Night 7pm Pink/TV Room	4 Bingo 6pm

While every effort is made to provide up-to-date calendar event listings, they are subject to change. Please check notice boards also.