



NOVEMBER 2025

St. Andrew's Centre MONTHLY NEWSLETTER



REMEMBRANCE DAY *Let's We Forget*

Our Remembrance Day Ceremony is a meaningful tradition that brings the community together each year. It is a time to honour the sacrifices of Canadian veterans, both in our local community and across the country.

This gathering gives us a chance to reflect on the lives of those who fought for our freedoms and those who sought safety from the hardships of war and conflict. It is a heartfelt reminder of our gratitude and a moment to recognize those who continue to serve today.

**You are warmly invited to attend the
Remembrance Day Ceremony
Hosted by the Residents Association**

Tuesday, November 11th, 2025

Doors open at 10:00 a.m.

Please be seated by 10:15 a.m.

Auditorium



Warm Fall Greetings to All,

I would like to start by Thanking everyone for your patience and understanding as we complete the last of our Summer / Fall projects through out the building. We are now going to shift our attention and begin our preparation for Remembrance Day, followed by the magical transformation of changing our Atrium into a winter wonderland for all to enjoy.



Tickets for the **Christmas Dinner on December 6th, 2025**, will be on sale starting at **8am on Monday November 3rd, 2025**. As there is always an overwhelming number of individuals wanting to purchase tickets we have decided to do it a little bit differently this year. There will be 2 tables set up outside the office doors, with chairs for those waiting. You will be asked to wait in line, and you will be called up individually to purchase your tickets and pick the table you want to sit at. Please be patient with us as this is a busy process and could take a little time.



Remember to join us in the **Garden Café on Tuesday November 4th for a free pancake breakfast for all residents**. Please note that we will not be selling tickets for the Christmas Dinner during the pancake breakfast as all staff will be in the Café assisting.

Please honor those who have sacrificed their lives for us. Remembrance Day is a day to remember those who have fallen and those who have made many sacrifices to have the freedom we experience today. Keep in your heart those that have served, continue to serve and will serve in the future, they and their families give us the ultimate gift. **On November 11th join us in the auditorium for a beautiful ceremony of Remembrance and Celebration.**



Let's embrace the beauty of this time and each other as we say goodbye to the fall and welcome the wonders of winter. **Kindness and Patience** are the greatest gift we can give each other.



Lest we Forget,

Correne Killian
Chief Operating Officer

FINANCE DEPARTMENT

If you use your *St. Andrew's Centre* account to charge Garden Café purchases, Hospitality Services or incidental bills for light bulbs, batteries, etc...

... please watch for the monthly **"RESIDENT INVOICES ARE READY"** posters in elevator lobbies and main floor common areas.

Invoices are prepared as soon as possible after the end of each calendar month, which is usually in the first 3-5 business days of the next month.

THANK YOU!

for **PICKING UP and PAYING**
YOUR INVOICES
AT THE MAIN OFFICE

If you pay your invoices by automatic bank withdrawal ("PAP"), a paper copy of your invoice will be available as soon as it is prepared (when posters are up), and the withdrawal will be scheduled for the 15th of the month, or the first business day after.

The Holiday Season is almost here !



St. Andrew's Centre GIFT CERTIFICATES
are a great idea to give and to receive...

Purchase at the Main Office using Debit Card or Cash Only

Available in any denomination for the Garden Cafe or Housekeeping Services

 **St. Andrew's Centre**
12720 111 Ave., Edmonton, AB T5M 2X3

Housekeeping Services Gift Certificate

This certificate entitles _____
to \$_____ in services from St. Andrew's Centre Housekeeping

Authorized by _____

Certificate # _____ Not redeemable for cash.

St. Andrew's Centre 

Garden Café Gift Certificate

This certificate entitles _____
to \$_____ in purchases from St. Andrew's Centre Restaurant

Authorized by _____

Certificate # _____ Not redeemable for cash.

- *For Resident Use Only*
- *Not Refundable or Transferable*
- *Not Redeemable for Cash*
- *Cannot be Replaced if Lost or Stolen*

KEY INFORMATION TO REMEMBER

MAIN OFFICE CLOSED

The main office will be closed on **Tuesday, November 11**
for **Remembrance Day**.

Thank you for taking time to honor and remember.

Security Staff are available for emergencies.
Contact Security at 780-452-4444.

ATTENTION
PLEASE



GENERATOR TESTING

Monday, November 10th at 2:00 pm

The Maintenance Department will be performing
routine testing of the building's emergency
generators. Elevators may be out of service, **ONE**
AT A TIME for short periods of time during the
testing.

Welcome to the Team!

Please join us in welcoming April, our new Casual Food Service Worker.
We're excited to have her on board and look forward to working
together!



RESIDENTS' ASSOCIATION (R.A)



Remembrance Day is approaching—a time to honor and reflect on the sacrifices made by veterans and service members.

A special Remembrance Day Program is planned for Tuesday, November 11. We invite all residents and staff to join us in commemorating this important day. Details will be posted closer to the date.

RESIDENT COMMUNITY COMMITTEE (R.C.C.)

The next meeting is scheduled for November 19th at 1:00 pm in the Auditorium. Minutes are in this publication.

The Centre has a bulletin board specifically for RCC information and announcements, conveniently located in the atrium next to the piano.

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS: Monday – Friday 8:00 am – 4:30 pm (except holidays)

**Please call the Main Office @ 780-452-4444, Dial 0 .
to request Work Orders for Maintenance tasks in your suite.**

Most requests are completed the same day, and at no charge to the resident. You will be advised of applicable fees for your request before the work order is dispatched to staff.



GARDEN CAFÉ

The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY

DAY serving:

Breakfast	9:00 am - 11:00 am
Lunch	11:00 am - 1:30 pm
Dinner	4:30 pm - 6:30 pm

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm.
DELIVERY IS AVAILABLE for a \$2.50 charge per trip

Hot Chocolate Mondays

**STARTING OCTOBER
6TH
2:00PM**

EVERY MONDAY

Celebrate the season with our signature Cup of hot chocolate!!!

\$3.00 Includes Snacks

Choose from:
churro, apple turnover, brownie, donut, or cookie.



Join us to celebrate the

Feast of St. Andrews

with a warm and welcoming morning gathering!

Tuesday, Nov 4th, 9AM-11AM
Location: Garden Café

*FREE
pancakes*



For Residents & Staffs Only

Cash donations are welcome and appreciated

Holiday

TURKEY FEAST TO-GO!

Serves 4-6 | Just \$58.95

Bring home the joy with a full festive spread:

- 🍞 4 Dinner Buns & Butter
- 🍗 Roasted Turkey & Holiday Stuffing
- 🥔 Mashed Potatoes & Turkey Gravy
- 🥕 Sweet Potato, Brussels Sprouts & Mixed Vegetables
- 🍷 Cranberry Sauce
- 🥧 4-6 Slices of Pumpkin Pie

-more details will be posted soon

HOSPITALITY DEPARTMENT



Give the Gift of Clean This Holiday Season

Housekeeping gift cards are now available for
purchase ,
a thoughtful treat for your loved ones.
**For details,
please call 587-525-8714.**

ARE YOU LOOKING TO RESERVE ONE OF OUR GUEST SUITES?

RATES:

\$85.00 per night - Bachelor Guest Suite

\$100.00 per night - 1-Bedroom Guest Suite

Cots can be rented for a \$25 flat rate (up to 1 week)

For additional details and to make bookings, please reach out to Tess at (587) 525-8714.

AMENITIES



FARMERS' MARKET EVERY OTHER THURSDAY

Please note: We will be taking a break starting December 17th and will return on February 12th.

FAMILY PHYSICIANS

Dr. Hakirat Sidhu is on-site for Resident appointments in the Centre two evenings each week, starting at 5:00pm. **Pre-booking is required.** Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Please note that St. Andrew's Centre is not affiliated with the doctors, or medical staff.



SPECIAL TOUCH HAIR SALON



Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**

We offer Gel Polish Manicures and Sculpted Nails among our range of services.

SANDRA'S MOBILE FOOTCARE

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre. For more information or to book an appointment **contact her directly** @ 587-926-0422, or e-mail sandradickerson82@gmail.com.



Welcome to November. It's so nice to see the beautiful Fall colors outside. Make sure to enjoy some outdoor time before the snow is here. Also, Fall is a good time to look through all your medications and dispose of any that are outdated or medications that you are no longer taking. You can drop them off at the Tuck Shoppe for proper disposal.

This month we remember those who have fought for our freedom and those who continue to serve. We so appreciate the sacrifices that have been made and that are being made to keep us, our families and our freedom safe.

The Tuck Shoppe will be closed on Monday Nov 10th this month.

The Tuck Shoppe hours are:
Monday 8:30am - 3:30pm
Friday 8:30am - 3:30pm

Our new Clinical Pharmacist is Madeleine Durrant. She will be at St Andrew's on alternating Thursdays. If you need to contact her please call the Main Pharmacy at CareRx at 780-444-3257 and they can let her know that you need to see her or leave a message at the Tuck Shoppe.

Have a wonderful month and drop by and say hello!

ACTIVITIES

WALKING GROUP

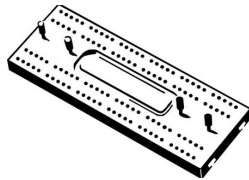
When: Tuesdays and Fridays at 10:00am
Where: Meet in the Atrium for a 20-30 minute INDOOR or OUTDOOR walk, and then coffee-time at the *Garden Café*.
Short distance, or long - you pick. All levels of walkers are welcome!

SHUFFLEBOARD

When: Mondays & Thursdays at 2:00pm
Where: Games Room

CRIBBAGE

When: Monday at 6:00pm
Where: Games Room

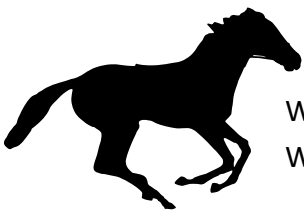


HAPPY HOOKERS CLUB

When: Tuesday at 1:00pm
Where: North Atrium near the Koi Pond

Knitters and those skilled in crochet are warmly welcomed.

OFF TO THE RACES... HORSE RACES



When: Every other Thursday at 1:00pm
Where: Games Room

CALLING ALL BRIDGE PLAYERS

BRIDGE

When: every 1st and 2nd Thursday at 6:00pm
Where: Games Room



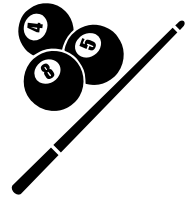
FRIDAY MOVIE NIGHTS

TV Room at 7:00pm every Friday
Check notice board for weekly title.



POOL

When: Tuesday at 1:00pm
Where: Games Room



NEWSLETTER READING + BOOK CLUB

When: Tuesdays from 11:15am - 12:00pm
Where: Pink Room (TV Room)
Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.

\$3.00 BINGO

When: Saturdays at 6:00pm
Where: Games Room



CARD BINGO

When: Monday/Wednesday/Friday at 2:00pm
Where: Games Room



WHIST **When:** Wednesdays at 6:00pm

CANASTA **When:** Tuesday at 5:30pm and 6pm
Wednesday at 6pm
Thursday at 5:30pm
Where: Games Room

Note that these activities are resident-initiated, and arrangements or changes are not linked to the main office. For details about those in charge, refer to the resident board.

ART & CRAFT RESIDENT VENDOR SALE

IN THE ATRIUM

FRIDAY, NOVEMBER 28TH 10:00AM – 6:00PM
SATURDAY, NOVEMBER 29TH 10:00AM – 3:00PM

Support your fellow residents who have spent weeks, or even months, creating items that foster beautiful memories. This encompasses a wide range of creations, from intricate jewelry and unique crafts to heartfelt cards.

