



SEPTEMBER 2026

St. Andrew's Centre MONTHLY NEWSLETTER

Greetings from the Chief Operating Officer,

The changing of the seasons is always a wonderful reminder of how quickly time passes and how important it is to cherish the moments we share. As we welcome the arrival of fall, St. Andrew's Centre remains a vibrant and caring community where residents, families, and staff come together to create meaningful experiences.

While I understand that many of you were eagerly anticipating our Annual Grandparents Day, I regret to inform you that we must cancel it this year. I sincerely apologize for any disappointment this may cause. In the coming weeks, we will have several important announcements to share.

Residents are invited to attend a **Meeting with Correne and Don on September 2nd at 1:30 pm in the Auditorium.** This meeting will provide residents with important updates and information regarding the community as we head into the fall season. We encourage all residents to attend and stay informed about upcoming initiatives, services, and community matters.

As we prepare for the colder months ahead, I would also like to remind residents that our **Annual Flu Clinic will be held on October 6th in the Father Irwin Room.** Protecting the health and well-being of our community remains a priority, and we encourage all residents to participate. Please remember to complete and return your consent form to the Main Office before September 29 to help ensure the clinic runs smoothly.

We would also like to remind residents that **smoking is strictly prohibited within resident suites or on the balcony.** This policy is in place to protect the safety, health, and comfort of everyone in our community. Any resident found smoking in their suite will be subject to lease enforcement measures, including possible lease termination.

If you plan to leave the Centre for any length of time, please notify the Main Office before your departure. Residents who will be away for more than 24 hours are encouraged to designate a trusted family member or friend to periodically check on their suite. Please note that St. Andrew's Centre is not responsible for monitoring resident suites during extended absences.

Residents are reminded that any renovations, alterations, installations, or changes to their suite must receive prior approval before work begins. This includes painting, flooring changes, fixture replacements, and any other modifications. Approval must be obtained through Correne to ensure all changes meet building standards and safety requirements.

As we embrace the season ahead, I would like to thank each of you for helping make St. Andrew's Centre such a welcoming, supportive, and vibrant place to call home. Together, we continue to build a strong sense of community through kindness, friendship, and shared experiences. I look forward to seeing many of you and wish everyone a wonderful start to the fall season.

Correne Killian
Chief Operating Officer



ANNOUNCEMENTS

GENERATOR TESTING

Tuesday September 8th at 2:00 pm

The Maintenance Department will be performing routine testing of the building's emergency generators. Elevators may be out of service, ONE AT A TIME for short periods of time during the testing.

MAIN OFFICE

Monday - Friday 8:00am - 4:00pm

Closed

Labour Day - September 7th

Security Staff are on duty to assist with EMERGENCIES.

Contact Security @ 780-452-4444



FLU/COVID CLINIC

The Flu/Covid clinic is scheduled for **Tuesday, October 6th at 10:00am in the Father Irwin Room**. Kindly ensure that your consent forms are completed promptly and brought back to the Main Office **before the Deadline of September 29th.**

Should you have any questions or concerns, please do not hesitate to reach out to the Main Office. Your cooperation is greatly appreciated as we work together to ensure the health and well-being of our community.

MAINTENANCE DEPARTMENT

MAINTENANCE HOURS: Monday – Friday 8:00am – 4:30pm (except holidays)

**Please call the Main Office @ 780-452-4444 , Dial 0
to request Work Orders for Maintenance tasks in your suite.**

Most requests are completed the same day, and at no charge to the resident. You will be advised of applicable fees for your request before the work order is dispatched to staff.

RESIDENT COMMUNITY COMMITTEE (R.C.C.)



THE RCC MEETING WILL BE HELD ON SEPTEMBER 15TH IN THE AUDITORIUM AT 1:00PM

ALL RESIDENTS ARE WELCOME TO JOIN

For your convenience, the Centre features a bulletin board dedicated to RCC information and announcements, located in the atrium adjacent to the piano.

FINANCE DEPARTMENT



INFORMATION

POINT-OF-SALE “ POS “ SYSTEM

For Residents using a St. Andrew's Centre Account for Purchases at the Garden Cafe, Hospitality Department Services, or Other Incidental Charges

GARDEN CAFÉ

- Resident Swipe Cards have NOT changed - Keep Yours!
- Renew Swipe Card at Main Office if NOT USED in the LAST 6 MONTHS
- KEEP YOUR RECEIPTS from the cash register

NEW DEBIT MACHINE

- Integrated with POS to speed up payment processing
- Tap located over the top of the machine, not on the screen
- Debit Payment at Suite Door for deliveries is no longer available

HOSPITALITY DEPARTMENT

- Residents will be provided a (yellow) copy of work orders after each service

MONTHLY INVOICES

- Invoices will be in a simplified (one-page) format
- Transaction Details will NOT be shown on new invoices
- If charges are for more than one department (eg. Café, Hospitality, Maintenance), the total charges for each department will be separated.
- Invoices will still be printed and available for pick up and payment at the Main Office within a few business days after the end of each month.



TO VERIFY TOTALS PLEASE KEEP YOUR RECEIPTS AND WORK ORDERS

We appreciate your patience during this transition! Thank You !

GARDEN CAFÉ



The Garden Café Restaurant is open from 9:00 am to 6:30 pm EVERY

DAY serving:

Breakfast 9:00am - 11:00am

Lunch 11:00am - 1:30pm

Dinner 4:30pm - 6:30pm

To order dinner for delivery, please call the Café directly at 587-525-8718 before 3:30 pm

DELIVERY IS AVAILABLE for a \$2.50 charge per trip

PRIME RIB NIGHT

September 17th

5:30pm to 6:30pm

Resident: \$35.00

Guest: \$45.00

Ages 5 and up: \$20.00

Children 4 and under: Free

**Tickets will be sold at the Main Office*





COMMUNITY ENRICHMENT COORDINATOR CORNER

GARDENERS

The gardens were plentiful this year even with the late start and crazy weather. Gardeners, you did a great job. As the end of the season approaches, I encourage you all to join me for a Gardener's Meeting **Thursday, September 10th at 1:00 PM in the TV room (Pink Room).**



Join me for conversation on this crazy year & share thoughts for next year.

GARDENERS MEETING

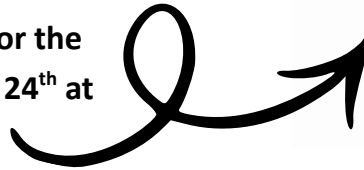
End of the season discussion.



**THURSDAY, SEPTEMBER 10TH
1:00 PM
PINK ROOM (TV ROOM)**

VOLUNTEERS

Thank you everyone for your time and efforts. Now we get ready for fall cleanup and look ahead at what fall and winter brings. **Please join me for the Volunteer Meeting on Thursday, September 24th at 1:00 PM in the Pink/TV Room.**



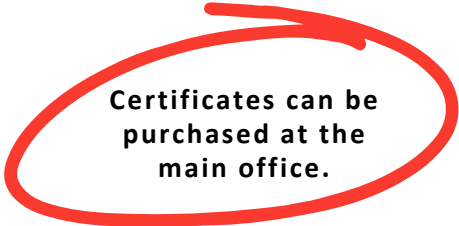
VOLUNTEER MEETING

Lets get ready for fall cleanup & discuss what the next 6 months looks like.

**THURSDAY, SEPTEMBER 24th
1:00 PM
PINK ROOM (TV ROOM)**

Contact Susan at 587-525-8713 or susan@standrewscentre.com

HOSPITALITY DEPARTMENT



Certificates can be purchased at the main office.

ARE YOU LOOKING TO RESERVE ONE OF OUR GUEST SUITES?

RATES:

\$85.00 per night - Bachelor Guest Suite

\$100.00 per night - 1-Bedroom Guest Suite

Cots can be rented for a \$25 flat rate (up to 1 week), book the cots with Juvy.

For additional details and to make bookings, please reach out to Tess at (587) 525-8714.

AMENITIES



FARMERS' MARKET
Every Other Thursday

FAMILY PHYSICIANS

Dr. Hakirat Sidhu is on-site for Resident appointments in the Centre two evenings each week, starting at 5:00pm. **Pre-booking is required.** Mark your name in an open time slot on the whiteboard in the hallway just past the east tower elevator lobby.

Please note that St. Andrew's Centre is not affiliated with the doctors, or medical staff.



SPECIAL TOUCH HAIR SALON



Located on the main floor of the Centre next to the Garden Café, our staff can provide all your hair, hand, and foot care needs for both women and men. We are open Tuesday-Friday at 8:00 am. **To book an appointment call 780-452-1105.**

We offer Gel Polish Manicures and Sculpted Nails among our range of services.

SANDRA'S MOBILE FOOTCARE

Sandra Dickerson operates a **Mobile Foot Care Service** for residents of the Centre.

For more information or to book an appointment **contact her directly**

@ 587-926-0422, or e-mail sandradickerson82@gmail.com.



Our summer has gone so fast! Fall is on its way at the end of this month, so hopefully we can take advantage of some nice summer days left that we have in September.

The Tuck Shoppe will be **closed on Monday, September 7th for the Labour Day holiday.**

Madeleine, our Clinical Pharmacist, will be at St. Andrew's on Thursday, September 17th from 10:00am to 1:00pm. If you have any questions or concerns with your CareRx prescriptions, please come and see her. You can also call the Pharmacy with any questions at 780-444-3257.

The Tuck Shoppe hours are:
Monday 8:30am - 3:30pm
Friday 8:30am - 3:30pm

If you would like to sign up to get your prescriptions from CareRx, please come to the Tuck Shoppe.

Signing up is quick and easy, and the medications will be delivered right to your suite. Have a great month, and don't forget to stop by to say hi!

ACTIVITIES

WALKING GROUP

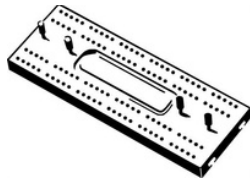
When: Tuesdays and Fridays at 10:00am
Where: Meet in the Atrium for a 20-30 minute INDOOR or OUTDOOR walk, and then coffee-time at the *Garden Café*.
Short distance, or long - you pick. All levels of walkers are welcome!

SHUFFLEBOARD

When: Mondays & Thursdays at 2:00pm
Where: Games Room

CRIBBAGE

When: Monday at 6:00pm
Where: Games Room



HAPPY HOOKERS CLUB

When: Tuesday at 1:00pm
Where: North Atrium near the Koi Pond

OFF TO THE RACES... HORSE RACES

When: Every Tuesday at 1:00pm
Where: Games Room

BRIDGE

When: every 1st and 2nd Thursday at 6:00pm
Where: Games Room

CANASTA **When:** Tuesday at 5:30pm and 6pm
Wednesday at 6 pm
Thursday at 5:30pm
Where: Games Room

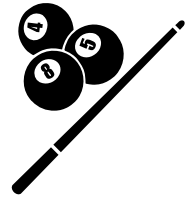
FRIDAY MOVIE NIGHTS

TV Room at 7:00pm every Friday
Check notice board for weekly title.



POOL

When: Tuesday at 1:00pm
Where: Games Room



NEWSLETTER READING + BOOK CLUB

When: Tuesdays from 11:15am - 12:00pm
Where: Pink Room (TV Room)
Come listen as volunteers read either the newsletter or a novel out loud. This group is for everyone. Join in and discuss what is being read.

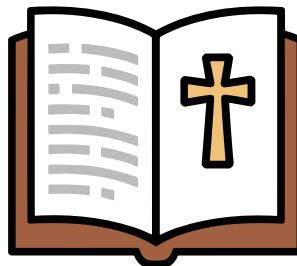
\$3.00 BINGO

When: Saturdays at 6:00pm
Where: Games Room



CARD BINGO

When: Monday/Wednesday/Friday at 1:30pm
Where: Games Room



BIBLE STUDY

When: Monday at 2:00pm
Where: Board Room/Father Irwin Room (subject to availability; may change based on room availability)

PRAYER MEETING

When: Friday at 2:00pm
Where: Pink Room

These activities are initiated by residents and are not managed by the main office. For details on those responsible, consult the resident board.

MEETING

with
Correne & Don

Auditorium

Wednesday, September 2nd at 1:30pm



All residents are strongly encouraged to attend

ART &



CRAFT

MARKET

MEETING

**ARE YOU INTERESTED IN BECOMING A
VENDOR AND SELLING YOUR PRODUCTS?**

**FRIDAY, SEPTEMBER 4TH
11:00AM
PINK ROOM**

Medicine Place
Where passion becomes purpose

HEARING CLINIC



**WEDNESDAY, SEPTEMBER 9TH
10:00AM
FATHER IRWIN ROOM**

Registration is required; please pick up the form
from the main office.

KEEP FIT WITH BONNIE



**EVERY MONDAY & THURSDAY
SEPTEMBER 14TH
10:00AM
AUDITORIUM**

Registration is required.

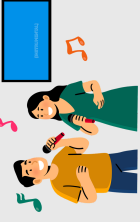
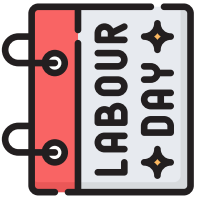
National Day for Truth and Reconciliation



September 30th is National Day for Truth and Reconciliation, honoring children who didn't return home from residential schools and their families. This day is essential for acknowledging the painful history and ongoing effects of these schools as part of the reconciliation process. It aligns with Orange Shirt Day, an initiative to raise awareness about the inter-generational impacts and promote "Every Child Matters."

- All residents and staff are encouraged to wear orange to honour survivors.

Games Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23  Karaoke 7:00pm	24 Card Bingo 1:30pm Bible Study 2pm Shuffleboard 2pm Cribbage 6:00pm	25 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Horse Racing 1pm Happy Hookers Club 1pm Canasta 5:30pm & 6 pm	26 Chair Yoga 10am Auditorium Card Bingo 1:30pm Canasta 6 pm	27 Farmers' Market 9:30am - 1:30pm Atrium Movie Group 2pm Tv room Canasta 5:30pm Bridge 6pm	28 Walking Group 10am Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	29 Cello Concert 1:30pm Atrium  Bingo 6pm
30  Karaoke 7:00pm	31 Card Bingo 1:30pm Bible Study 2pm Shuffleboard 2pm Cribbage 6:00pm	September 1st Walking Group 10am Oral Book Club 11:15am Pink/TV Room Horse Racing 1pm Happy Hookers Club 1pm Canasta 5:30pm & 6 pm	2 Resident Meeting 1:30pm Auditorium Card Bingo 1:30pm Canasta 6 pm	3 Farmers' Market 9:30am - 1:30pm Atrium Movie Group 2pm Tv room Canasta 5:30pm Bridge 6pm	4 Arts & Crafts Vendor Meeting 11am Pink Room Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	5  Bingo 6pm
6  Karaoke 7:00pm	7  LABOUR DAY MAIN OFFICE IS OFFICE CLOSED	8 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Horse Racing 1pm Happy Hookers Club 1pm Canasta 5:30pm & 6 pm	9 Hearing Testing Clinic 10:00am Father Irwin Room Card Bingo 1:30pm Canasta 6 pm	10 Farmers' Market 9:30am - 1:30pm Atrium Gardener's Meeting 1pm Tv room Movie Group 2pm Tv room Generator Test starting at 2pm Bridge 6pm	11 Walking Group 10am Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	12  Bingo 6pm

While we aim to keep our event calendar up to date, changes may occur. Please check notice boards for updates, as not all events can be listed due to space limitations.

Games Activities take place in the Games Room unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13  Karaoke 7:00pm	14 Keep Fit with Bonnie 10am Auditorium Information Session with SOAR Edmonton 1:30pm Father Irwin Room Shuffleboard 2pm Cribbage 6:00pm	15 Walking Group 10am Oral Book Club 11:15am Pink/TV Room  Quarterly Birthday 2:00pm Auditorium Happy Hookers Club 1pm Canasta 5:30pm & 6 pm	16 RCC Meeting 1:00pm Auditorium All residents are welcome Card Bingo 1:30pm Canasta 6 pm	17 Keep Fit with Bonnie 10am Auditorium Movie Group 2pm Tv room Prime Rib Night 5:30pm Auditorium Ticketed event only Auditorium	18 Walking Group 10am Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	19  Bingo 6pm
20  Karaoke 7:00pm	21 Keep Fit with Bonnie 10am Auditorium Card Bingo 1:30pm Bible Study 2pm Shuffleboard 2pm Cribbage 6:00pm	22 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Horse Racing 1pm Happy Hookers Club 1pm Canasta 5:30pm & 6 pm	23 Card Bingo 1:30pm Canasta 6 pm	24 Farmers' Market 9:30am - 1:30pm Atrium Keep Fit with Bonnie 10am Auditorium Volunteer Meeting 1pm Tv room Bridge 6pm	25 Walking Group 10am Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	26  Bingo 6pm
27  Karaoke 7:00pm	28 Keep Fit with Bonnie 10am Auditorium Card Bingo 1:30pm Bible Study 2pm Shuffleboard 2pm Cribbage 6:00pm	29 Walking Group 10am Oral Book Club 11:15am Pink/TV Room Horse Racing 1pm Happy Hookers Club 1pm General Meeting 7:00pm Auditorium	30 National Day for Truth & Reconciliation  Card Bingo 1:30pm Canasta 6 pm	October 1st Keep Fit with Bonnie 10am Auditorium Movie Group 2pm Tv room Canasta 5:30pm Bridge 6pm	2 Walking Group 10am Card Bingo 1:30pm Shuffleboard 2pm Prayer Meeting 2pm Movie Night 7pm Pink/TV Room	3  Bingo 6pm